**TV SCHEDULE from 07/15/2023 to 07/21/2023**

**TV SCHEDULE  SATURDAY  07/15/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Weekend From 6**  

A new program, new routine, with the dedicated hosts of the morning news zone of ERT joining forces.   
  
Dimitris Kottaridis of “From 6” meets Nina Kasimati at the “Weekend”. They both will present ERT's new news show “Weekend from 6" featuring news, stories, people, pictures, and of course a lot of humor.

Host: Dimitris Kottaridis  
Editor-in-chief: Maria Pavlou  
Production Manager: Nandia Kousoula

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News Report - Sports - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Voula Malla  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Documentary | **WEBTV** **ERTflix** |

**13:00**  |  **Routes of the Greek Diaspora  (R)**  

An ERT documentary series about the Greek expats community in the United States.  
The "Traveling" doc series team - journalist Maya Tsoclis and director Chronis Pechlivanidis - go on the road around the world, following the routes of the Greek Diaspora.   
With a tender and objective gaze, they register contemporary Hellenism and meet representatives of the Greek community who recount essential chapters of contemporary Greek history through their personal, family narratives.  
The series "Routes of the Greek Diaspora" and its creators aspire to give viewers a clear picture of both the history and the great currents of mass immigration that led hundreds of thousands of Greeks to America, highlighting the great significance of the Greek Diaspora communities for Hellenism. Several uniquely different people gift their precious stories to the series. Some represent the old world, moving us and making us smile, while others open windows to the future, breaking down timeless stereotypes.  
The historical advisor of the series is the prolific Alexander Kitroeff, a specialist in Greek Diaspora issues.

**«New York» Part 2 (final) [With English subtitles]**   
**Episode**: 10

New York City has a long history closely intertwined with immigration. It is often referred to as the "gateway to America" since millions of immigrants arrived in the United States through its ports.

Host: Maya Tsoclis  
Screenplay, presentation: Maya Tsoclis  
Historical Consultant: Alexandrer Kitroeff  
Head Writing/Research: Ioanna Fotiadou, Maya Tsoclis  
Original Music: Nikos Portokaloglou  
Direction/Cinematography: Chronis Pechlivanidis  
Editing: Stavros Symeonidis, Nathanael Nathanaeloglou, Giannis Daridis, Argyris Konstantinidis  
Production Company: Onos Productions

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| Documentary / History | **WEBTV** |

**14:00**  |  **Headlines of History  (R)**  

The series focuses on topics and figures that dominated the public agenda from the period of the Occupation until the first half of the '50s. Events, personalities, political initiatives, and confrontations that shaped the modern history of the region and positively or negatively impacted public opinion are subject to extensive research and detailed examination. The causes, motivations, intentions, and strategic choices of all the factors involved, which to some extent shaped modern history, constitute the specific theme of each episode.  
  
The goal of the series is to capture the interest of citizens in recent history by presenting events with pluralism and objectivity through different perspectives and opinions.  
  
Each episode features significant historical analysts (history professors, political science experts, sociologists, etc.), researchers, specialists, and individuals who have experienced the events firsthand. Unique audiovisual material from the ERT Archive and other documentary archives (newspapers, photographs, documents) is employed as a resource. Additionally, an overall exploration of Greece is attempted, with filming taking place at the sites of major historical events, relevant buildings, monuments, and museums of modern Greek history.

**«Napoleon Zervas in the mountain and in the parliament»**   
**Episode**: 2

Napoleon Zervas, a restless and daring officer, risk-taking and versatile, during the interwar period, establishes under many difficulties and reactions, EDES/EOEA (National Republican Greek League and National Groups of Greek Guerrillas) during the occupation.

Journalistic Editing: Giannis Tzannetakos  
Editor in Chief - Coordination: Pierros Tzannetakos  
Director of Photography: Dionysis Petroutsopoulos  
Music: Giorgos Magoulas  
Journalistic Research: Stavros Michelis, Kostas Papadopoulos  
Production Execution: Dimitra Bessi  
Direction: Nikos Anagnostopoulos, Dimitris Gouziotis, Thanasis Papakostas

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**

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| Movies | **WEBTV** |

**16:00**  |  **Wake Up You Fool - Greek Movie**     
  
**Production date:** 1969  
**Duration**: 78'

Comedy, produced in 1969.  
  
Tasia, a poor but energetic village girl, arrives in Athens to locate a swindler who stole her fortune. She works as a maid in the house of a businessman surrounded by swindlers. Tasia will help her employer straighten things out around him, while she herself will fall in love with a young guitarist.

Director: Erricos Thalassinos.  
Screenplay: Giorgos Lazaridis.  
Cinematography: Syrakos Danalis.  
Music: Christos Mourambas.  
Cast: Eleni Anousaki, Dionysis Papagiannopoulos, Alekos Tzanetakos, Marika Krevata, Sotiris Moustakas, Maria Bonelou, Takis Miliadis, Ria Deloutsi, Nikos Fermas, Sotiris Tzevelikos, Manolis Destounis, Theodore Katsadramis, Giorgos Tzifos, Giorgos Vrasivanopoulos, Giannis Burnelis, Popi Deligianni, Giorgos Zaifidis, Rena Paschalidou, Filio Koulaxi, Haris Zoidis.

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| Documentary / Culture | **WEBTV** **ERTflix** |

**17:25**  |  **The Great Tomorrow - Portraits of Tomorrow (2023)  (R)**     
  
**Production date:** 2023

After the six successful seasons of the series "The Great Tomorrow", Greek directors once again turn their lens towards the future of Hellenism, filming a different Greece, one of creation and innovation.  
Through the episodes of the series, young scientists, artists, entrepreneurs, and athletes are showcased, who innovate and create with their own abilities. The series highlights the unique characteristics and advantages of the new generation of our compatriots, those who will become tomorrow's champions in Sciences, Arts, Letters, and everywhere in society. All these young people, unknown to many or already known, face difficulties and temporary failures that do not discourage them. They may not have the ideal conditions to achieve their goal yet, but they have faith in themselves and their abilities. They know who they are, where they are going and pursue their vision with all their might. Through the new series of the Public Television, space is given to the expression of the talents and achievements of these young people. Their unique personality, creative ability, and unrelenting willingness to fulfill their dreams are showcased, utilizing their talents to the fullest and gradually gaining recognition from experts and the social community, both in Greece and abroad.

**«Listening to the language...»**   
**Episode**: 13

A reflection on the way our language is transmitted to the new generation, through a conversation and observation of the educator Eleni Oreithyia KouliZaki. Speakers include Konstantinos Niarchos, Margarita Verdou, Giorgos Lathyris, and others.

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| Entertainment / Show | **WEBTV** **ERTflix** |

**18:00**  |  **Greek Acts  (R)**     
  
SEASON 7   
  
**Production date:** 2020

"GREEK ACTS" travels, records and presents timeless cultural expressions of people and places. The journey, the music, the myth, the dance, the world. This is the destination of the show. In this year's journey from Crete to Evros and from the Ionian to the Aegean Sea, it presents a feast of ethnographic, anthropological and musical expression. Authentic creations of people and places. The camera of the show researches and reveals the mosaic of the creative present and the timeless cultural evolution of our country, with a selection of persons-protagonists, events and places, so that a living anthology is highlighted and supplemented. With music, stories and pictures…

**«Manos Achalinotopoulos»**   
**Episode**: 12

In front of the show's camera, Manos Achalinotopoulos unfolds the multiple aspects of his musical creation and takes us vividly through his life journey, illuminating the parallel paths of the interpretive tradition of the clarinet, which are full of and associated with deeply entrenched memories.

Direction, research, screenplay: Antonis Tsavalos Cinematography: Giorgos Chrysafakis, Yiannis Fotou Editing: Alkis Antoniou, Giorgos Paterakis, Michalis Papadakis Sound recording: Yiannis Karamitros, Thanos Petrou Production manager: Maria Tsante

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| Documentary | **WEBTV** |

**18:55**  |  **History Walks  (R)**  

«History Walks» aims to highlight aspects of Greek History unknown to the general public simply and understandably.

**«Cyprus File (Part 1): The legacy of the 1960s and the coup against Makarios»**

A few months after the release of the first volumes of the 'Cyprus File' containing the testimonies of the Greek officers involved in the coup d'état by the Ioannidis junta against Makarios and the subsequent dual Turkish invasion, the TV show 'History Walks' presents in two parts a revealing documentary-journey to martyred Cyprus.

Host: Pierros Tzanetakos

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| Documentary | **WEBTV** |

**19:55**  |  **History Walks  (R)**  

«History Walks» aims to highlight aspects of Greek History unknown to the general public simply and understandably.

**«Cyprus File (Part 2): The Turkish invasion»**

A few months after the release of the first volumes of the 'Cyprus File' containing the testimonies of the Greek officers involved in the coup d'état by the Ioannidis junta against Makarios and the subsequent dual Turkish invasion, the TV show 'History Walks' presents in two parts a revealing documentary-journey to martyred Cyprus.

Host: Pierros Tzanetakos

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: Apostolos Mangiriadis

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Cartes Postales from Greece  (R)**  

The fiction series "Cartes Postales from Greece" by ERT, based on the books of the famous British author Victoria Hislop, "Cartes Postales from Greece" and "The Last Dance," will take us on a journey to Crete and London through 12 captivating standalone stories.  
  
With footage from the British capital, featuring central locations such as Albert Bridge, Battersea Park, Chelsea, and Piccadilly Circus, as well as from Crete, where the majority of the filming takes place, particularly the enchanting Agios Nikolaos, Heraklion Airport, the archaeological site of Lato, Elounda, and Ierapetra, and with exceptional and different actors in each episode, the series chronicles the story of Joseph.  
  
The story...  
  
Joseph (Andreas Konstantinou), the protagonist and connecting link in the 12 standalone stories of the series, is a Greek-British introverted archaeologist who plans to propose to his partner and has scheduled a trip to his homeland, Crete. When she doesn't show up at the airport on the day of departure, Joseph returns to his ancestral land to take up a consulting position on an excavation and embarks on a solitary journey on the island, a dynamic journey into his inner world. Disheartened, he starts sending postcards to his ex-partner's home in London, recounting stories he hears or experiences in Crete. However, he doesn't know that the new tenant of the house, Ellie, develops feelings for the mysterious man... Can the deep thoughts of a stranger on paper make him lovable?  
  
"Cartes Postales from Greece" is directed by the award-winning Giorgos Papavasileiou. The tv-adaptation was undertaken by Nikos Apeiranthitis, Alexandra Katsarou (Alexandra K\*), Dora Masklavanou, and Panagiotis Christopoulos, in collaboration with the author. The composition of the original music and songs is by Minos Matsas. Pinelopi Valti is the set designer, and Marli Aliferi is the costume designer.

**«Never on Tuesday»**   
**Episode**: 3

The seismic activity in the area upsets Joseph (Andreas Konstantinou), who is trying to come to terms with the present by digging into his memories from the distant past. After a low-intensity earthquake, he visits the remains of a beach hotel, which he seems to remember from his childhood. There, next to the ruins of the building, he meets Apostolos (Thanasis Papageorgiou), a strange old man, who, together with his partner (Foteini Papachristopoulou), narrates the story of two brothers, Manos (Aineias Tsamatis) and Stefanos (Thiseas Papapanagiotou) and their rivalry. Together, they will bring back painful family memories, equally revealing for both. Relationships, like buildings, need solid foundations. Otherwise, sooner or later, they shall collapse on top of their occupants.

Author: Victoria Hislop  
Screenplay adaptation: Nikos Apeiranthitis, Alexandra Katsarou (Alexandra K\*), Dora Masklavani, Panagiotis Christopoulos (alongside the author)  
Director: George Papavasileiou  
Original music composition and songs: Minos Matsas  
Cinematography: Giannis Drakoularakos, Pete Rowe (London)  
Production Management: Zoe Sgourou  
Production Coordinator: Sofia Panagiotaki, Elisavet Hatzinikolaou  
Executive Production: NEEDaFIXER

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**23:00**  |  **Sinful Love  (R)**  

Period drama miniseries.  
Set in Corfu in 1906, the period drama miniseries "Sinful Love" produced by ERT1, directed by Nikos Koutelidakis and written by Eleni Zioga, brings to life in an artistic way the eponymous short story by Konstantinos Theotokis.  
  
The six-episode series tells a story of forbidden passion in an oppressive patriarchal society that tests the limits and endurance of its characters. Each of the heroes is confronted with their most dangerous secrets, which they dare not confess even to themselves.  
  
Plot:  
Stathis Therianos (played by Nikos Psaras), one of the most hardworking and responsible inhabitants of the village of Dafnila in Corfu, is married to Diamando (Karyofyllia Karambeti). He secretly and passionately falls in love with the young Chrysavgi (Eugenia Xygkourou), the coveted daughter of wealthy landowner Spyros Aspreas (Yannis Dalianis). Enchanted by her unparalleled beauty, he does everything in his power to arrange her marriage to his son Giorgis (Michail Tambakakis) in order to have her close to him, even in this way.  
  
Diamando tries to prevent the engagement, knowing the dark "shadow" of her husband, although he has been an exemplary husband and father all these years. Diamando's futile attempts to persuade her son to marry his childhood friend Evgenia (Isabella Baltsavia) to prevent the evil from happening are in vain. Giorgis and Chrysavgi get married and settle in her parents' house, as dictated by the social norms of the time. When Giorgis leaves to fulfill his military service, Chrysavgi finds herself at the mercy of Therianos, who is consumed by a mad passion for his daughter-in-law, awakening the "beast" that lies within him. Every day, he struggles with himself and alcohol, desperately trying to tame his darkest demons.  
  
Unaware of the real problem, Chrysavgi's noble and imposing mother, Katerina (Mariandi Sontaki), senses that something is wrong in her daughter's new home. However, no one reveals the truth to her.  
  
The bride and the mother-in-law join forces for a common purpose, engaging in a secret war that has been declared inside Therianos' house. It remains to be seen which of the two will prevail: the criminal passion of the patriarch or the fair alliance of oppressed women.

**«Temptation» [With English subtitles]**   
**Episode**: 3

Christmas is coming and everyone at Therianos' house is preparing for the celebration. The house is filled with happiness and the caring and joyful Chrysavgi has contributed greatly to this. On the other hand, the newly married couple is in an erotic frenzy. While they are in this mood, they make love while they are in the stable. Therianos accidentally sees them, but instead of leaving, he stays and watches the scene to the end. This incident reignites his sick passion and jealousy, which he had managed to stifle for some time. On Christmas day and while everyone else is happily preparing to eat, Therianos, who is drunk, starts mocking his daughter-in-law sadistically forcing her to drink until she gets drunk and loses control. A few days later, at the village cafe, there are a lot of discussions about politics, leading to a fierce argument between frequenters. In a drunken stupor, Therianos attacks a peasant and gets ready to stab him. He is stopped by Evgenia's father, Konstantis, who drags him out of the cafe. After all, torn between his passion and his guilt, Therianos sobs his heart out, inconsolable.

Director: Nikos Koutelidakis  
Screenplay: Eleni Zioga  
Set and Costume Design: Kiki Pitta  
Assistant Costume Designer: Myrto Karekou  
Music: Christos Stylianou  
Director of Photography: Yiannis Fotou  
Editing: Stamis Dimitropoulos  
Sound Recording: Panagiotis Psimmenos  
1st Assistant Director: Angelos Koutelidakis  
2nd Assistant Director: Katerina Karanasou  
Assistant Set Designer: Evangelia Grigoriadou  
Casting Director: Angelika Kapsambeli  
Production Coordinator: Giorgos Linnardakis  
Production Manager: Alexandra Eustratiadi  
Production: Yiannis M. Kostas  
Production Execution: Arcadia Media  
  
Cast: Karyofyllia Karambeti (Diamando Therianou), Nikos Psaras (Stathis Therianos), Michail Tabakakis (Giorgis Therianos), Evgenia Xygkourou (Chrysavgi Asprea), Giannis Dalianis (Spyros Aspreas, Chrysavgi's father), Marianthi Sontaki (Katerina Asprea, Chrysavgi's mother), Giorgos Ziovvas (Konstantis Vlachos, Evgenia's father), Maria Athanasopoulou (Fotini Vlachou, Evgenia's mother), Isabella Baltzavia (Evgenia Vlachou), Dimitris Arianoutsos (Thodoris Aspreas, Chrysavgi's brother), Pantelis Papadopoulos (priest), Eleni Filipa (grandmother), Savina Tsafa (Areti), Tasos Papadopoulos (Manthos, a worker), Michalis Artemisiadis (Andreas Kapis, medical student), Katerina Pantouli (Maria, Therianos' eldest daughter), Elli Daliani (Eirini, Therianos' youngest daughter), Katerina Amygdalia Theofilou (Vdokio, Chrysavgi's sister), Kostas Velentzas (chanter), Argyris Gkaganis (lieutenant), Giorgos Tsagarakis (Eftyhis, the coffee shop owner), Petros Parthenis (major), Stratos Ntalamagkos (Vassilis), and others.

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| Entertainment / Show | **WEBTV** **ERTflix** |

**00:00**  |  **Greek Acts  (R)**     
  
SEASON 7   
  
**Production date:** 2020

"GREEK ACTS" travels, records and presents timeless cultural expressions of people and places. The journey, the music, the myth, the dance, the world. This is the destination of the show. In this year's journey from Crete to Evros and from the Ionian to the Aegean Sea, it presents a feast of ethnographic, anthropological and musical expression. Authentic creations of people and places. The camera of the show researches and reveals the mosaic of the creative present and the timeless cultural evolution of our country, with a selection of persons-protagonists, events and places, so that a living anthology is highlighted and supplemented. With music, stories and pictures…

**«Manos Achalinotopoulos»**   
**Episode**: 12

In front of the show's camera, Manos Achalinotopoulos unfolds the multiple aspects of his musical creation and takes us vividly through his life journey, illuminating the parallel paths of the interpretive tradition of the clarinet, which are full of and associated with deeply entrenched memories.

Direction, research, screenplay: Antonis Tsavalos Cinematography: Giorgos Chrysafakis, Yiannis Fotou Editing: Alkis Antoniou, Giorgos Paterakis, Michalis Papadakis Sound recording: Yiannis Karamitros, Thanos Petrou Production manager: Maria Tsante

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| Movies | **WEBTV** |

**01:00**  |  **Out Of The Blue - Greek Movie**     
  
**Production date:** 1965  
**Duration**: 89'

Comedy, produced in 1965.  
  
The late Periklis gets permission from God and returns to Earth to help his family. Being invisible, he learns about his daughter's revelry, his second daughter's reluctance to get married, his son's deceitful schemes, and his wife's gambling. In the end, everyone recognizes their mistakes and reforms.  
  
The screenplay of the film was based on the theatrical play 'From Heaven to Earth' by Mimis Traiforos and Polyvios Vassiliadis

Cast: Mimis Fotopoulos (Periklis Birbilopoulos), Beata Asimakopoulou, Christos Negkas, Marika Krebbata, Christos Parlas, Cleo Skouloudi, Nitsa Marouda, Vaso Meridiou, Stavros Paravas, Aris Malliagros, Petros Pantazis, Theodore Dimitrief, Panagiotis Karabousanos, Giorgos Velentzas, Kostas Mentis, Nikos Galanos, Giorgos Zampetas.  
Song: Vicky Moscholiou.  
Direction: Orestis Laskos.  
Writer: Mimis Traiforos, Dimitris Vassiliadis.  
Screenplay: Giorgos Lazaridis, Dimitris Vassiliadis.  
Cinematography: Lakis Kalivas.  
Music Composition: Kostas Klavvas.  
Production Company: Afoi Roussopouloi - G. Lazaridis - D. Sarris - K. Psarras G.P

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| Documentary | **WEBTV** |

**02:30**  |  **Νeighborhoods  (R)**  

Series of half-hour documentaries on various neighborhoods of Athens.  
  
Each neighborhood corresponds to an architectural concept-word that characterizes it both physically and socially. This word serves as a guide in the perspective, the selection of characters, and the elements of each neighborhood's portrait.  
  
Exarcheia of challenge, Kolonaki of aristocracy, Omonia of the marginalized, Kypseli of immigrants, Kaisariani of refugees, Kifissia of decentralization, Aspropyrgos of the industrial zone, Paleo Faliro of memory, Akadimia Platonos of glorious past, Ekali of the elite, Ilion of denial, Perama of shipyards, Olympic Village of youthful dominance, Gerakas of anarchic development.  
  
Historical and new neighborhoods of Athens reveal their true nature through a conceptual game with the words that architecturally and sociologically characterize them, the people who inhabit them, and the position they claim in the new cultural map of a city that stubbornly refuses to acquire a specific identity, constantly balancing between its heavy past, transient present, and uncertain future.  
  
Three young directors - each with their own perspective - discover the keyword of each neighborhood, overturn their apparent dynamics, renegotiate the image bestowed upon them by "urban myths," and unlock what lies behind the captivating everyday life of its inhabitants, thus completing the re-mapping of a familiar "unknown" city in the most transparent manner.

**«Kifissia, the living room»**   
**Episode**: 5

Seemingly arbitrary verbal premises shape the acquaintance with different neighborhoods. Thomas Kiaos examines Kifissia as a living room. Agreeing that a living room defines the best - not according to personal but social dictates - room in the house, Kifissia becomes an opportunity to trace these social dictates and their evolution from the beginning of the previous century until today.  
  
The shift of Kifissia from a countryside for a population of aristocrats, from a living room, in other words, a place of casual encounters, to a suburb of permanent residence for the new class of affluent Athenians that emerges in the 1980s, the parallel deforestation of the natural "decoration" of the landscape that goes from a living room of natural beauty to a living room of construction greed, the peak and fall of the local market that goes from a living room of luxury products to gradual abandonment - these are some of the axes of the narrative. Individuals connected to the space shape these abstract parameters into everyday reality. A young musician, privileged as he claims compared to his peers, a woman with a neoclassical house open to friends, the living room of a folk house in the anti-lifestyle Alonia of Kifissia, the public "living room" of the traditional coffee-pastry shop "Varsos" with its regular (mostly elderly) customers, all within half an hour, establish the basic ingredients of the area's "identity" and provide some emblematic interpretations of the living room's "decoration," certain fundamental aspects of Kifissia's image within an approximately century-long time lapse.

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Show | **WEBTV** **ERTflix** |

**04:00**  |  **Folk Songs (2022-2023)  (R)**     
  
**Production date:** 2022

A journey together with the excellent, hospitable hostess, Athina Kampakoglou and the great musician, composer and bouzouki virtuoso, Christos Nikolopoulos.  
  
The show of quality, authentic folk song welcomes old and young popular performers and protagonists of the artistic and cultural scene with unique Tributes to great creators and Themed Evenings.  
  
All of them together unfold old times with immortal, iconic songs that have made history and we have all hummed them and they have accompanied us in our personal, sweet or bitter moments.  
Athina Kampakoglou with her knowledge and experience, and Christos Nikolopoulos with his inexhaustible musical repertoire, accompanied by the excellent 10-piece orchestra, touch our hearts.

**«A tribute on the occasion of the completion of 100 years since the Asia Minor Catastrophe»**   
**Episode**: 6  
Presentation: Christos Nikolopoulos - Athena Kampakoglou  
Directed by: Christos Fasois  
Editor-in-Chief: Athena Kampakoglou  
Production Manager: Thodoris Chatzipanagiotis - Nina Dova  
Associate Producer: Fanis Synadinos  
Artistic Direction  
Column "Short Introduction": Kostas Balahoutis  
Sound Design: Nikitas Kontaratos  
Recording - Sound Mixing - Mastering: Vasilis Nikolopoulos  
Director of Photography: Giannis Lazaridis  
Editing: Dinos Tsiropoulos  
Assistant Editor-in-Chief: Kleio Arvanitidou  
Guest Coordinator: Dimitra Darda  
Archive Research - Visual Material: Kostas Lygdas  
Communication Manager: Sofia Kalantzi  
Journalistic Support: Jenny Ioannidou  
Assistant Director: Soretta Kapsomenou  
Assistant Production Manager: Nikos Triantafyllou  
Caregiver: George Lagadinopoulos  
Title Song: "Mia Yorti"  
Performed by: Giannis Kotsiras  
Music: Christos Nikolopoulos  
Lyrics: Kostas Balahoutis  
Set Design: Eleni Nanopoulou  
Costume Designer: Nikole Orlof  
Photos: Mahi Papageorgiou

**TV SCHEDULE  SUNDAY  07/16/23**

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| Documentary / Travel | **WEBTV** **ERTflix** |

**06:00**  |  **Sunday at the Village Again  (R)**     
  
SEASON 2   
  
**Production date:** 2022

"Sunday at the Village Again": a brand new take on the traditional show.  
The protagonist is still the “village”, the people who inhabit it, their lives, the way they reproduce their customs and traditions in their everyday life, everything they have achieved in time, and everything they dream of. The glorious moments but also the hard times, the manners and customs, the songs and the celebrations, the relationship with the natural environment, and the way that this affects the economy of the place and the souls of the inhabitants.  
The village is not just a romantic view of life, it is a living cell that adapts to new conditions. With imagination, ingenuity, a sense of humor, high aesthetics, emotion, and contemporary television language, we pin down and record the relationship of the old with the new, from yesterday to tomorrow and from one end of Greece to the other.

**«Symi»**   
**Episode**: 9

Sunday at the village again in the beautiful acritic island Symi. Houses like jewels bathed in light, colors that draw emotions, people who know how to take care and love their place. An island that has inspired poets and writers, filled with ancient secrets and an excellent contemporary narrative. We enjoy a traditional feast from Symi by the shore, filled with songs, dancing and of course, all the delicious dishes. Kostis chats with locals about the ancient times, the present and the future. He learns how to make the legendary cheese pies from Symi and the “gaelopita”. He attends the basketball and football training sessions of the beloved A.O.S. team. Finally, he immerses himself in the amazing scenery, going uphill Kali Strata, for about 500 steps, enjoying the panorama of Symi.

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| Documentary | **WEBTV** |

**07:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Arcadia - Mount Menalo»**   
**Episode**: 10

Our destination in this episode is Arcadia and the villages around Mount Menalo.  
In Stemnitsa, Koula Gritzia talks to us about how people who live close to nature, like shepherds, learn many therapeutic uses of herbs by observing animals.  
We visit a shepherd in his sheepfold and discover that the world of animals is indeed a great school for the healing properties of herbs.  
Leonidas Zafeiropoulos shares with us the knowledge he inherited from his mother, who was a practical doctor, and Nikos Smyrnis tells us about the Ecological Path, a family business that produces natural products in Arcadia, which serves as an example of sustainable development in the Greek countryside.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Religious / Church Service | **WEBTV** |

**08:00**  |  **Divine Liturgy**   
  
**Direct broadcast from the Cathedral of Athens**

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| Entertainment / Show | **WEBTV** **ERTflix** |

**10:15**  |  **Within Attica  (R)**  

Come and discover - and rediscover - the first prefecture of the country. The most densely populated, yet perhaps the least mapped.  
  
Attica is Greece in miniature. It has mountains, it has sea, beaches, and islands. It has lakes and waterfalls, important archaeological sites, Byzantine monuments, and unusual museums. It has towns, picturesque villages, and settlements, architectural landmarks, forts, castles, and towers. It has vineyards, impressive caves, wetlands, and marshes, a national forest.  
  
It has everything we seek for a getaway - even for a two-day trip - and travel for hours away from the city to enjoy.  
  
The TV show "Within Attica" suggests getaways - where else? - within Attica.  
  
About 30 minutes from the center of Athens, there are places that create the feeling for the viewer-visitor that they are hours away from the city. Places that may be two steps away from their home or within a relatively short distance and they may not have realized they exist.  
  
Easily accessible and with a minimal economic cost, a decisive factor in times of crisis, for a stroll, to satisfy the need for a change of scenery.  
  
The episodes of the series, like puzzle pieces, form a mosaic through which well-known or hidden natural beauties of Attica are revealed.

**«Aegina» (Part 1)**

This island suburb of Attica is an almost inexhaustible place, rich in natural beauty and history, with plenty of options for exploratory getaways, both developed and untouched coastlines. All of these reasons make Aegina a great choice for a holiday destination.

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| Documentary / Religion | **WEBTV** **ERTflix** |

**10:30**  |  **Lightful Paths (Season 3)  (R)**  

"Lightful Paths" continues its journey for the third year, exploring the sacred pilgrimages of Orthodoxy in Greece and abroad.  
Throughout its course so far, "Lightful Paths" has visited dozens of monasteries and holy pilgrimage sites, highlighting their history, arts, and culture. In these sacred sanctuaries, the journalist and screenwriter of the series, Eleni Biliali, has met and conversed with remarkable personalities, including Ecumenical Patriarch Bartholomew, the Patriarch of Jerusalem, numerous Metropolitans, and a multitude of fathers.  
With great love and humility, through their words, they have allowed all of us to discover the values and spiritual treasure of Orthodoxy.

**"The Monasteries of Zagorochoria"**

Thirty kilometers away from Ioannina are the Zagorochoria. They are a separate residential and historical unit consisting of 46 villages. The region is divided into Central, Western and Eastern Zagori. Zagori is a region of great natural beauty, with impressive geology and two national parks. One includes the river Aoos and the gorge of Vikos and the other, the area around Valia Calda. It features wonderful single-arched or three-arched stone bridges and beautiful traditional villages, such as Megalo and Mikro Papingo.   
In Central Zagori, in the village of Ano Pedina, looms the impressive Monastery of Evangelistria. The Monastery is an excellent example of the traditional architecture of the Zagorochoria. Its Katholikon is dedicated to the Annunciation of the Virgin Mary. It was built in 1793. The interior is decorated with beautiful iconography. The depiction of ancient Greek philosophers is also remarkable.

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| Documentary | **WEBTV** **ERTflix** |

**11:30**  |  **Νeighborhoods  (R)**  

Series of half-hour documentaries on various neighborhoods of Athens.  
  
Each neighborhood corresponds to an architectural concept-word that characterizes it both physically and socially. This word serves as a guide in the perspective, the selection of characters, and the elements of each neighborhood's portrait.  
  
Exarcheia of challenge, Kolonaki of aristocracy, Omonia of the marginalized, Kypseli of immigrants, Kaisariani of refugees, Kifissia of decentralization, Aspropyrgos of the industrial zone, Paleo Faliro of memory, Akadimia Platonos of glorious past, Ekali of the elite, Ilion of denial, Perama of shipyards, Olympic Village of youthful dominance, Gerakas of anarchic development.  
  
Historical and new neighborhoods of Athens reveal their true nature through a conceptual game with the words that architecturally and sociologically characterize them, the people who inhabit them, and the position they claim in the new cultural map of a city that stubbornly refuses to acquire a specific identity, constantly balancing between its heavy past, transient present, and uncertain future.  
  
Three young directors - each with their own perspective - discover the keyword of each neighborhood, overturn their apparent dynamics, renegotiate the image bestowed upon them by "urban myths," and unlock what lies behind the captivating everyday life of its inhabitants, thus completing the re-mapping of a familiar "unknown" city in the most transparent manner.

**«Kolonaki - The staircase»**   
**Episode**: 6

With the structural element of "staircase," as a concept, Persefoni Milio ascends to Kolonaki.  
  
Architect Dimitris Konstantinidis, an immigrant doorkeeper of a Kolonaki apartment building, the choreographer at the State School of Dance, sculptor Nata Mela, and her group of friends gathered for a meal, a young masked performer, elderly Tika with her domestic helpers, and poet Nanos Valaoritis, all take their place on the staircase of Kolonaki.  
  
Starting from the physical demand of ascending a staircase, the documentary uses its physical connection to space to extend it into a social observation.  
  
The aging of the myth of the area is represented by Tika's wheelchair, the discomfort caused by the lifestyle for the young masked performer is the constant motion without stopping.  
  
The need to deconstruct the myth of Kolonaki is depicted through the parkour athletes climbing high vertical walls, the romantic perception of a spiritual elite is embodied in the steps and strict instructions of the choreographer, and the class dimension at the base of each staircase is represented by the bucket and sponge of the doorkeeper in the stairwell.  
  
Thus, read through bodies and steps, Kolonaki is unexpectedly revealed as a landscape of struggle, encompassing ascent and descent, social and existential dimensions.

Director: Persefoni Milio  
Screenplay: Natassa Segkou  
Artistic and scientific advisor: Stavros Stavridis  
Director of Photography: Dionysis Efthymiopoulos  
Editing: Nikos Vavouris  
Sound - Mixing: Orestis Kamberidis  
Music and series titles: Konstantinidis Brothers  
Executive Producer: Eleni Kossyfidou

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Music / Traditional | **WEBTV** **ERTflix** |

**13:00**  |  **Salt of the Earth  (R)**  

Series about the Greek music tradition.   
The aim is to record and promote to the audience the richness, variety, and expressiveness of our musical heritage, through the local musical idioms as well as its modern potential in the urban environment of the big city.

**«With "Amoroza Ensemble" at the Aegean»**

The TV show "The Salt of the Earth" and Lambros Liavas frequently and consciously showcase groups of young musicians who passionately and earnestly explore and interpret Greek traditional music in their own contemporary way, revealing it to their peers.  
In this manner, they invite us to become acquainted with the musical ensemble "Amoroza".

Host: Lambros Liavas

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**

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| Movies | **WEBTV** |

**16:00**  |  **Sucker Groom - Greek Movie**     
  
**Production date:** 1962  
**Duration**: 79'

Diamantis and Sarantis are roommates and friends. The first one is the owner of a winery where the second one works as a waiter. They argue over the slightest thing all day long. Both of them are in love with the beautiful and lively seamstress of the neighborhood, Fani. Loulis is also in love with Fani, but his wealthy and snobbish aunt doesn't want to hear a word about her. One day, the two friends buy a lottery ticket, win the jackpot, and start thinking about how to use their money. When Diamantis' old building, where his tavern is located, is demolished, the two friends are certain that they will soon get married. They buy a larger restaurant, where Loulis also comes to work, in order to get rid of his unbearable aunt. Fani is hired as the cashier, and now everyone is thinking about how to ask her to become their wife...

Comedy, produced in 1962.  
Written by: Nikos Tsiforos.  
Directed by: Kostas Karagiannis.  
Starring: Vasilis Avlonitis, Nikos Stavridis, Giannis Gkionakis, Mirka Kalatzopoulou, Anna Paitatzi, Despoina Stylianopoulou.

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| Documentary | **WEBTV** **ERTflix** |

**17:30**  |  **Chronis Botsoglou: «I Was There Too and I Was Treated with a Plate of Lentil Soup …»**     
  
**Production date:** 2021

A painter, a drawing, a director, a portrait. Almost 40 years have gone by since my first meeting with Chronis. The main section of today's documentary is filmed in his studio, where he makes my sketch and I engage in a conversation with Chronis and his partner Eleni. Eleni, an important person back from the study years, shares her life with the artist and is frequently portrayed in his works. His interaction with his colleague, Theofylaktopoulos, on the other hand, has greatly inspired his work. We are informed about his work through anecdotal audio records found by researchers of his work and through his personal notes. The open discussion about his work on the occasion of his last retrospective exhibition in 2018 at the "Skoufa" Gallery, with guest speakers: G. Psychopedis (painter, professor at the Athens School of Fine Arts), M. Theofylaktopoulos (painter, professor at the Athens School of Fine Arts), G. Chouliaras (sculptor, professor at the Athens School of Fine Arts), Tr. Patraskidis, (visual artist, professor & dean of the Athens School of Fine Arts), Chr. Lazos, (researcher-writer), and Ch. Kambouridis, art historian.

Director: Freddy Vianellis  
Screenplay: Freddy Vianellis  
Cinematography: Dimitris Papadopoulos, Argyris Theos, Filippos Koutsafteis, Paris Papazacharis  
Editing: Panagiotis Gkinis  
Sound: Dimitris Papadopoulos  
Music: Dora Bakopoulou  
Production: Eirini Vianelli Animated Services  
Producers: Eirini Vianelli  
Co-production: EKK, "The Other Arcadia" Foundation - Sotiris Felios  
Format: ProRes  
Color: Color  
Country of Production: Greece

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| Sports / Beach Volleyball | **WEBTV** |

**19:00**  |  **Beach Volley - Athens Golden Cup  (L)**

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: Apostolos Mangiriadis

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| Entertainment | **WEBTV** **ERTflix** |

**22:00**  |  **Music Box  (R)**  

Nikos Portokaloglou and Rena Morfi unite different musical worlds, where everything fits and everything blends harmoniously! Together with the Band of the Box, they create original covers of favorite songs and unite rebetika with traditional music, Maria Farantouri with Eric Burdon, reggae with hip-hop, and Stratos Dionysiou with George Michael.  
MUSIC BOX welcomes established creators and young artists and honors the creators who have given new life to Greek songs with their music and lyrics.

**«Music box of the 1950s» Guests: Lakis Papadopoulos, Doros Dimosthenous and Penny Baltatzi**   
Idea, Artistic Direction: Nikos Portokaloglou  
Presenters: Nikos Portokaloglou, Rena Morfi  
Direction: Periklis Vourthis  
Chief Editor: Theodora Konstantopoulou  
Producer: Stelios Kotiwnis  
Cinematography Director: Vasilis Mourikis  
Set Designer: Rania Gerogianni  
Music Director: Giannis Diskos  
Artistic Consultants: Thomaida Platypodi - Giorgos Anastasiou  
Repertoire Manager: Nikos Makrakis  
Photo Credits: Manolis Manousis / MAEM  
Production Execution: Foss Productions along with the musicians:  
Wind Instruments - Keyboards / Giannis Diskos  
Violin - Vocals / Dimitris Kazanis  
Guitars - Vocals / Lambis Kountouroyiannis  
Drums / Thanasis Tsakirakis  
Bass - Mandolin - Vocals / Vyron Tsourapis  
Piano - Keyboards / Stelios Frangous

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| Documentary | **WEBTV** **ERTflix** |

**00:00**  |  **Chronis Botsoglou: «I Was There Too and I Was Treated with a Plate of Lentil Soup …»**     
  
**Production date:** 2021

A painter, a drawing, a director, a portrait. Almost 40 years have gone by since my first meeting with Chronis. The main section of today's documentary is filmed in his studio, where he makes my sketch and I engage in a conversation with Chronis and his partner Eleni. Eleni, an important person back from the study years, shares her life with the artist and is frequently portrayed in his works. His interaction with his colleague, Theofylaktopoulos, on the other hand, has greatly inspired his work. We are informed about his work through anecdotal audio records found by researchers of his work and through his personal notes. The open discussion about his work on the occasion of his last retrospective exhibition in 2018 at the "Skoufa" Gallery, with guest speakers: G. Psychopedis (painter, professor at the Athens School of Fine Arts), M. Theofylaktopoulos (painter, professor at the Athens School of Fine Arts), G. Chouliaras (sculptor, professor at the Athens School of Fine Arts), Tr. Patraskidis, (visual artist, professor & dean of the Athens School of Fine Arts), Chr. Lazos, (researcher-writer), and Ch. Kambouridis, art historian.

Director: Freddy Vianellis  
Screenplay: Freddy Vianellis  
Cinematography: Dimitris Papadopoulos, Argyris Theos, Filippos Koutsafteis, Paris Papazacharis  
Editing: Panagiotis Gkinis  
Sound: Dimitris Papadopoulos  
Music: Dora Bakopoulou  
Production: Eirini Vianelli Animated Services  
Producers: Eirini Vianelli  
Co-production: EKK, "The Other Arcadia" Foundation - Sotiris Felios  
Format: ProRes  
Color: Color  
Country of Production: Greece

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| Movies | **WEBTV** |

**01:20**  |  **What's 30... What's 40... What's 50... - Greek Movie**     
  
**Production date:** 1972  
**Duration**: 95'

Zachos is a serious 50-year-old businessman with very conservative views on life and love. He flirts with various women in his environment. He hires Teta, the 20-year-old daughter of his former friend Natalia, as his secretary. When Teta confesses that she is in love with a mature gentleman, everyone's thoughts turn to Zachos' advertising executive, Viktor Kallinikos. A series of misunderstandings will occur until it is revealed that Teta is in love with Zachos. However, when Zachos realizes what is happening, he will feel 20 years younger, travel with her to Europe, and upon their return, they will discover that they are not the only couple enjoying happiness.

Starring: Lambros Konstantaras, Rika Dialyna, Giorgos Moschidis, Mitsi Konstantara, Nikos Verlekis, Vassos Andrianos  
Screenplay: Asimakis Gialamas - Kostas Pretenteris  
Directed by: Kostas Karagiannis

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Movies | **WEBTV** **ERTflix** |

**03:40**  |  **Summer Holidays - Short Stories**     
  
**Production date:** 2006  
**Duration**: 18'

Nikos, Christina, Homer, Giorgos, Regina, Dimitris, Jim, Margaret, Elias, Monika, and Haris are returning from their summer vacation.

Starring: Konstantinos Lagkos, Malamatenia Gotsi, Vasilis Margietis, Dimitris Kanellopoulos, Regina Litsi, Dimitris Fantakis, Jim Peppers, Margaret Ioannidou, Monika Rapai, Elias Alexopoulos, Giorgos Manios, Eleni Stefanidou  
Screenplay: Elina Psykou  
Sound: Stefanos Efthymiou  
Cinematography: Dimitris Kasimatis  
Editing: Napoleon Stratogiannakis  
Production: ERT SA, OXYMORON FILMS  
Directed by: Elina Psykou

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| Music / Traditional | **WEBTV** **ERTflix** |

**04:00**  |  **Salt of the Earth  (R)**  

Series about the Greek music tradition.   
The aim is to record and promote to the audience the richness, variety, and expressiveness of our musical heritage, through the local musical idioms as well as its modern potential in the urban environment of the big city.

**«With "Amoroza Ensemble" at the Aegean»**

The TV show "The Salt of the Earth" and Lambros Liavas frequently and consciously showcase groups of young musicians who passionately and earnestly explore and interpret Greek traditional music in their own contemporary way, revealing it to their peers.  
In this manner, they invite us to become acquainted with the musical ensemble "Amoroza".

Host: Lambros Liavas

**TV SCHEDULE  MONDAY  07/17/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Stavroula Christofilea  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Elena Tsavalia, white aubergine from Santorini, lamb from Lemnos, raisins from Vostitsa»**   
**Episode**: 11

The kitchen of “Cooking with PDO Products” is getting ready and talented chef Andreas Lagos has sourced extraordinary PDO and PGI products; let the cooking being! We are joined by actress Elena Tsavalia, who is ready to help and willing to follow all instructions. The process starts creatively and with such a capable assistant, the result comes out amazing! The menu includes: White eggplants from Santorini with garlic and herbs, lamb from Lemnos with grape leaves, fennel and pistachio sauce and cake with Vostitsa raisins from Corinthos and spices. The treasures of Greece in our kitchen!

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 11

Natasha asks Alexandros for an explanation for hugging Katerina; she is persuaded that nothing is going on between them, but she tries to convince Alexandros to have Antonis take over Katerina. Kelly starts working at the clinic and she is happy to see Marios. Tatiana also starts on the same day, to Petros’ delight, and the attraction between them grows stronger and stronger. Dimitris resigns from his job to have more time with Katerina, while Alexandros learns that Katerina has taken out a big loan to buy a car and do everything she has on her list. Consequently, he worries that she will get into debt and be unable to pay off the loan and he decides to tell her the truth about her health.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Andriana Paraskevopoulou

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| Entertainment / Game Show | **WEBTV** **ERTflix** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Aitoliko»**   
**Episode**: 6

"SELFIE Reloaded" visits Aitoliko!

Presentation-Direction: Panagiotis Kountouras

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| Entertainment / Show | **WEBTV** **ERTflix** |

**17:00**  |  **Moms (New Episode)**     
  
SEASON 5   
  
**Production date:** 2023

"Moms" with host Jenny Theona, continue to convey stories through the journey of motherhood that captivate, move, and inspire us..

**«Thaleia Matika, Giannis Aivazis»**   
**Episode**: 13

Jenny Theona meets Thaleia Matika. The beloved actress talks about the beautiful family she has created with Tasos Iordanidis, their encounter, their collaboration in the theater, but also about how much they differ in terms of determination. With the help of psychologist Stella Argyriou, we see how we can help our child during the already stressful period of school exams and how to not pressure them even more. Mamatsita makes sugar-free whole-grain waffles, served with yogurt and fresh fruit. Finally, Giannis Aivazis talks about his encounter with Maria Korinthiou, how much he wooed her, and also about their daughter, Ismini, with whom they enjoy going to the stadium together.

Host: Jenny Theona

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| Movies | **WEBTV** |

**18:00**  |  **The Mischief-Makers (Greek movie)**     
  
**Production date:** 1963  
**Duration**: 93'

Black and White|1963|93'  
  
Two unemployed men (Nikos Stavridis, Giannis Gionakis) fall in love with two girls (Kleo Skouloudi, Popi Lazou), get mixed up with the police, impersonate African chiefs, and find themselves in impossible situations.

Cast: Giannis Gionakis, Nikos Stavridis, Artemis Matsas.  
Screenplay: Theodoros Tempos  
Directed by: Stelios Tatasopoulos  
Song: Dora Giannakopoulou  
Music: Giannis Vellas

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Kali Vrisi, Drama - Mount Pangeon»**   
**Episode**: 13

In Kali Vrysi, Drama, all the residents celebrate the awakening of the fruits every year by performing a procession. This is a tradition that has been carried on for centuries. Antonis Matziaris and his mother, who are villagers, talk about the tradition and inform us that the "gi" is not only the plant associated with Christmas but also a highly therapeutic herb known as the "Herb of the Gods," as described by Jordanis Rousakis.  
Mount Pangeon is a mountain closely connected to Greek history and mythology. Theodoros Lyberakis guides us through it, while Christos Athanasiadis, from Paleochori, provides us with the antidote for acne in the form of a lotion made from four herbs of Mount Pangeon: lavender, thyme, sage, and calendula.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Arts - Literature | **WEBTV** **ERTflix** |

**20:00**  |  **Dance Time  (R)**     
  
**Production date:** 2022

What does it feel like to dance?   
In what way does dancing set you free?   
And what is it that makes someone dedicate one’s life to the Art of Dance?   
  
From street dance and tango to classical and contemporary dance, the documentary series "Dance Time" seeks to portray dancers, teachers and choreographers from different dance genres and to illustrate the passion, teamwork, pain, hard work, discipline and joy that each of them experiences.   
  
The documentary series "Dance Time" is the first documentary series on ERT dedicated exclusively to dance.   
  
A series brimful of music, movement and rhythm.   
  
An idea put forth by Nicole Alexandropoulou, who also writes the script and directs the documentary, which will spur us to get on our feet and dance.

**«John Ashford» [With English subtitles]**   
**Episode**: 12

What is the importance of modern dance today and where does Greece stand on the European dance map? We meet John Ashford CBE, artistic director of the AEROWAVES network, one of the most important personalities in the world of modern dance, on the occasion of Spring Forward, the great celebration of modern dance, for the first time in Greece, in the context of "2023 Eleusis European Capital of Culture".

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: George Kouvaras

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«The Chariots of Fire»**   
**Episode**: 16

Mary, following Jenny's advice, starts taking English lessons, while Vangelis Papathanasiou's Oscar nomination for "Chariots of Fire" brings an international flare to the neighborhood! And while everyone is wondering if there is some reason keeping Myrto away from the neighborhood, a cold keeps Angelos on the bench.

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Brigadier General Moschotas» (Part I)**   
**Episode**: 6

Paris has invited over Brigadier General Moschotas, his commander at the Pentagon, for dinner. In order to thank the Brigadier General and in view of upcoming promotions, Evanthia has prepared an exquisite dinner with dishes from the cuisine of Thrace (the Brigadier General’s homeland). Paris, not wanting to reveal his sexual identity to the Brigadier General in fear of his reaction, introduces a childhood friend of his, Kaiti, as his lover. “Tricking” Brigadier General seems to be going well until Panagiotis shows up the doorstep.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«The Future from the Past» [With English subtitles]**   
**Episode**: 6

Foivos discovers that little Chloe has become a well-known TikToker and has struck up an online friendship with popular new singer Joanne, last year's winner of THE VOICE OF GREECE. He feels that he has no connection with the present, with the new musical reality; and he decides to invite Joanne to Mantra. But she comes as a package deal with an arrogant young manager (Dionysis Atzarakis), who demands more and more absurd things and comes into constant conflict with Jonathan. Danai doesn't see the arrival of the new singer in a good light and fears that Foivos is starting to ignore her. Thanasis buys an ancient Chinese astrological chart from the dark web and claims that he can read the future of all his friends in "Mantra". What he sees about Alex is terrifying-and he tries to prevent it. Finally, Charis goes on a date with a friend of Kirby's, Dorina. But things are not going well at all. It all ends with an explosive live show that gives Foivos the chance to look at the future - and his relationship with his daughter - with more optimism.

Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Documentary | **WEBTV** |

**01:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Eastern Arcadia» (Part 1)**   
**Episode**: 11

In Astros, Kynouria, this time we meet Professor Nikos Polymenakos, who talks to us about the rich flora of Mount Parnon. The pioneering organic farmer Nikos Karras explains how biodynamic agriculture is the latest trend among organic farmers, while in the mountainous village of Sitaina, the residents remember old and forgotten herbal remedies.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Arts - Literature | **WEBTV** **ERTflix** |

**02:00**  |  **Dance Time  (R)**     
  
**Production date:** 2022

What does it feel like to dance?   
In what way does dancing set you free?   
And what is it that makes someone dedicate one’s life to the Art of Dance?   
  
From street dance and tango to classical and contemporary dance, the documentary series "Dance Time" seeks to portray dancers, teachers and choreographers from different dance genres and to illustrate the passion, teamwork, pain, hard work, discipline and joy that each of them experiences.   
  
The documentary series "Dance Time" is the first documentary series on ERT dedicated exclusively to dance.   
  
A series brimful of music, movement and rhythm.   
  
An idea put forth by Nicole Alexandropoulou, who also writes the script and directs the documentary, which will spur us to get on our feet and dance.

**«John Ashford» [With English subtitles]**   
**Episode**: 12

What is the importance of modern dance today and where does Greece stand on the European dance map? We meet John Ashford CBE, artistic director of the AEROWAVES network, one of the most important personalities in the world of modern dance, on the occasion of Spring Forward, the great celebration of modern dance, for the first time in Greece, in the context of "2023 Eleusis European Capital of Culture".

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**Episode**: 6  
The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Brigadier General Moschotas» (Part I)**   
**Episode**: 6

Paris has invited over Brigadier General Moschotas, his commander at the Pentagon, for dinner. In order to thank the Brigadier General and in view of upcoming promotions, Evanthia has prepared an exquisite dinner with dishes from the cuisine of Thrace (the Brigadier General’s homeland). Paris, not wanting to reveal his sexual identity to the Brigadier General in fear of his reaction, introduces a childhood friend of his, Kaiti, as his lover. “Tricking” Brigadier General seems to be going well until Panagiotis shows up the doorstep.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**TV SCHEDULE  TUESDAY  07/18/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Stavroula Christofilea  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Stelios Kritikos, Greek anchovy, Greek giant-elephant beans from Kastoria, Cretan gruyère cheese»**   
**Episode**: 12

The talented chef, Andreas Lagos, discovers extraordinary PDO and PGI products and the cooking begins!   
  
He gives a big welcome to the talented actor Stelios Kritikos in the kitchen of “Pop Cooking”, who is lively and up for any challenge! Of course, with such delicious recipes, an exceptional chef and a willing assistant, success is guaranteed!   
  
The menu includes: Greek anchovy in aromatic crust with sweet lemon sauce, giant-elephant beans of Kastoria, hummus with herbs and a warm salad with Cretan gruyère cheese and honey lemon oil. An aroma of Greece in our kitchen!

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 12

Alexandros tells Katerina a far-fetched theory of how her illness affects her ability to make good decisions and goes with her to the funeral home to pay for the funeral himself, supposedly through a program of the clinic. Loukia, angry at Dimitris for breaking up with her, makes her cousin leave an audio message to Katerina, which reveals the whole truth about her relationship with Dimitris. Katerina is about to hear the message when Alexandros arrives at her house to convince her to cancel the wedding. Katerina makes cocktails and they drink together. Alcohol and their light-hearted mood help them admit that neither of them wants to marry their partner.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Andriana Paraskevopoulou

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| Entertainment / Game Show | **WEBTV** **ERTflix** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Prespes»**   
**Episode**: 7

SELFIE visits the villages of Prespes!

Presentation-Direction: Panagiotis Kountouras

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| Documentary / Travel | **WEBTV** **ERTflix** |

**17:00**  |  **Street Art  (R)**     
  
SEASON 2   
  
**Production date:** 2022

The travel documentary series, "Street Art" is preparing this year for even more exciting journeys, giving a liberating boost to the philosophy of Art that is created in the street and which belongs there. In the new episodes, Stathis Tsavalias, also known as, Insane51, one of the most famous and influential mural artists in the world, invites us to get to know his special art and to follow him to the most beautiful parts of Greece. Insane51 has stood out for its unique, photorealistic technique, which mixes the third dimension with street art, creating unique visual effects, which are revealed through the use of 3D glasses or special lighting. New murals are unveiled in the most urban areas of each city that "Street Art" will visit. The journey of Insane51 will become our journey throughout Greece with the camera recording, in addition to the places and people he gets to know, the creation of a unique mural from beginning to end.

**«Kozani»**   
**Episode**: 8

"STREET ART" wanders in Kozani and in the fields where the gold of the Greek land, the saffron, grows. Stathis -Insane51- Tsavalias, creates a 3D graffiti dedicated to the city based on the myth of Crocus. But, "STREET ART" does not only host graffiti but also exploration. An exploration that begins by walking around the city with local street artist, Giannis Zamkos, discovering the frescoes of Kozani, continues by riding a motorbike in the meadows of Krokos, in Kaisaria, and in the calm waters of the artificial lake of Polyfytos. And, of course, the journey will be complete with the creation of a 3D graffiti, accompanied by the sounds of the Kozani band OVERCUBED, who will set up a small party in front of the Insane51 mural. An episode full of Kozani and "STREET ART" is waiting for you again, to escape with us to the most beautiful corners of the Greek province.

Host: Stathis Tsavalias  
Direction: Alexandros Skouras  
Production coordinator - Manager: Dionisis Zizilas  
Editor-in-chief: Katina Zanni  
Script: George Tsokanos  
Direction of Photography: Mihalis Dimitriou   
Sound Recording: Simos Manos Lazaridis  
Editing: Alexandros Skouras  
Art Direction: George Tsokanos  
Graphics: Christos Ellinas

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| Movies | **WEBTV** |

**18:00**  |  **The Uncle From Canada (Greek Movie)**     
  
**Production date:** 1959  
**Duration**: 81'

Black and white film, produced in 1959.  
  
In order to gain the sympathy and tolerance of their landlady, Kostas, Giorgos, and Panos devise a scheme with their fictitious uncle, who is an immigrant from Canada. They introduce her to a failed actor named Harilaos, and everything goes smoothly until Giorgos gets into an argument with his girlfriend, Kaiti. In the heat of the argument, he accidentally reveals that Harilaos is actually an elderly man from Koropi.

Cast: Thanasis Vengos, Giannis Gionakis, Georgia Vasileiadou, Giorgos Kabanellis  
Direction: Filippos Fylaktos

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Konitsa»**   
**Episode**: 14

Tussilago is known since ancient times for its beneficial effect on respiration.  
Together with Mr. Giorgos, we will gather it in Mount Pangeon, learning useful information about it.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Entertainment / Show | **WEBTV** **ERTflix** |

**20:00**  |  **Tales for Tails (New Episode)**     
  
SEASON 4   
  
**Production date:** 2023

This is the fourth season of episodes of the TV show on (ERT) that highlights the meaningful connection between animal welfare and compassion.   
"Tales for Tails" is a weekly one-hour program curated and presented by journalist Tasoula Eptakoili. The show narrates stories of animals and people, revealing unknown information about the fascinating world of animals through specials, reports, and interviews.  
Cats and dogs, horses and parrots, bears and foxes, donkeys and turtles, migratory birds, and marine mammals pass in front of the camera of director Panagiotis Kountouras and become the protagonists of the show.  
In each episode, people who offer protection and care to animals, from the unknown volunteers of animal welfare organizations to very famous people from various fields (arts, letters, politics, science), talk about their special relationship with the quadrupeds and unfold the emotions that this coexistence provokes.  
Every story is different, but they all have something in common: the search for the essence of animal welfare and compassion.  
In addition, the show's special collaborators provide us with simple but practical and useful tips on how to take care of our animal friends.

**«Samos, Eri Ritsou, 'Save the Strays of Samos'»**   
**Episode**: 13

We travel to Samos once again.  
  
Writer Eri Ritsou, the daughter of the great poet Yiannis Ritsos, introduces us to her dog, Barmbounis, and her wonderful cats.  
  
We discuss with her how animals can make us better people.  
  
Lastly, we meet the volunteers of the association "Save the Strays of Samos" in their new shelter, located just outside Karlovasi.  
  
They talk to us about the touching efforts they make to save the lovable strays of the island, to rescue them from hunger, thirst, diseases, and abuse, and to find them a family for life, through dedicated adoptions.

Presentation - Editor-in-chief: Tasoula Eptakoili  
Director: Panagiotis Kountouras  
Journalistic Research: Tasoula Eptakoili, Sakis Ioannidis, Eleftheria Kyrimi  
Screenplay: Nikos Aktypis  
Cinematography: Sakis Youbasis  
Music: Dimitris Maramis  
Title Design: designpark  
Production Organization: Vaso Patroumba  
Production Design: Eleni Afentaki  
Production Execution: Konstantinos G. Ganotis / Rhodium Productions  
Special Collaborators: Elena Dede, lawyer, founder of Dogs' Voice  
Christos Karagiannis, veterinarian specializing in animal behavior  
Stefanos Batsas, veterinarian

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: George Kouvaras

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«The Falklands»**   
**Episode**: 17

The arrival of the new Antonopoulos family member is a fact and “upgrades” the members of the family by bringing with it new responsibilities! April Fool's Day 1982 brings with it practical jokes and... revelations. Angelos finally learns that some of his secrets are not just his, father Markos confesses a very difficult truth, while Elpida makes a charming new acquaintance through Marilena...

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**Brigadier General Moschotas (Part II)**   
**Episode**: 7

As the dinner with Brigadier General Moschotas goes on and Paris, by enlisting the help of the whole family, tries to convince the Brigadier General of his relationship with Kaiti, Panagiotis, who is pressuring Paris to meet up with him, shows up and things take an unexpected turn.  
A panic-stricken Paris tries to save a lost situation and is, ultimately, forced to reveal the truth to the Brigadier General, just as Marilou shows up. The Brigadier General recognizes Marilou as a fling of his from a long time ago.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«I know where I'm going» [With English subtitles]**   
**Episode**: 7

Jonathan tells Foivos that both he and all Greek artists lack a spirit of cooperation. Foivos looks for a new dynamic duo to prove him wrong - and he turns to the master of great collaborations, the Bacchic Stamatis Kraounakis, for help. He tells him that he has just discovered an amazing new voice. To everyone's surprise, it turns out to be none other than Antigoni Gammatou, Charis' mother. And while the “Mantra” is preparing for the new big duet, things are completely turned upside down. Meanwhile, Thanasis finds a turtle that is much more than what it seems, and Jonathan meets a Greek-American professional team coach (Jeff Marawai) at “Mantra” who has a particular “weakness” for the Gestalt therapy method and... for Charis. Kraounakis' mom (Effi Papatheodorou), Ekeinos ki Ekeinos, Christos Gerontidis and an old episode of "Long Live the Greek Song" all provide the solution to the confusion created during the live show.

Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Documentary | **WEBTV** |

**01:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Eastern Arcadia» (Part 2)**   
**Episode**: 12

Our destination in this episode is Astros, Kynouria in Eastern Arcadia. We meet Professor Nikos Polymenakos, who talks to us about the history of the region and the Tsakonian dialect.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Travel | **WEBTV** **ERTflix** |

**02:00**  |  **Street Art  (R)**     
  
SEASON 2   
  
**Production date:** 2022

The travel documentary series, "Street Art" is preparing this year for even more exciting journeys, giving a liberating boost to the philosophy of Art that is created in the street and which belongs there. In the new episodes, Stathis Tsavalias, also known as, Insane51, one of the most famous and influential mural artists in the world, invites us to get to know his special art and to follow him to the most beautiful parts of Greece. Insane51 has stood out for its unique, photorealistic technique, which mixes the third dimension with street art, creating unique visual effects, which are revealed through the use of 3D glasses or special lighting. New murals are unveiled in the most urban areas of each city that "Street Art" will visit. The journey of Insane51 will become our journey throughout Greece with the camera recording, in addition to the places and people he gets to know, the creation of a unique mural from beginning to end.

**«Kozani»**   
**Episode**: 8

"STREET ART" wanders in Kozani and in the fields where the gold of the Greek land, the saffron, grows. Stathis -Insane51- Tsavalias, creates a 3D graffiti dedicated to the city based on the myth of Crocus. But, "STREET ART" does not only host graffiti but also exploration. An exploration that begins by walking around the city with local street artist, Giannis Zamkos, discovering the frescoes of Kozani, continues by riding a motorbike in the meadows of Krokos, in Kaisaria, and in the calm waters of the artificial lake of Polyfytos. And, of course, the journey will be complete with the creation of a 3D graffiti, accompanied by the sounds of the Kozani band OVERCUBED, who will set up a small party in front of the Insane51 mural. An episode full of Kozani and "STREET ART" is waiting for you again, to escape with us to the most beautiful corners of the Greek province.

Host: Stathis Tsavalias  
Direction: Alexandros Skouras  
Production coordinator - Manager: Dionisis Zizilas  
Editor-in-chief: Katina Zanni  
Script: George Tsokanos  
Direction of Photography: Mihalis Dimitriou   
Sound Recording: Simos Manos Lazaridis  
Editing: Alexandros Skouras  
Art Direction: George Tsokanos  
Graphics: Christos Ellinas

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**Episode**: 7  
The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**Brigadier General Moschotas (Part II)**   
**Episode**: 7

As the dinner with Brigadier General Moschotas goes on and Paris, by enlisting the help of the whole family, tries to convince the Brigadier General of his relationship with Kaiti, Panagiotis, who is pressuring Paris to meet up with him, shows up and things take an unexpected turn.  
A panic-stricken Paris tries to save a lost situation and is, ultimately, forced to reveal the truth to the Brigadier General, just as Marilou shows up. The Brigadier General recognizes Marilou as a fling of his from a long time ago.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**TV SCHEDULE  WEDNESDAY  07/19/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Stavroula Hristofilea  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Lila Baklesi, Kopanisti cheese, kid goat from Elassona, Greek apricots»**   
**Episode**: 13

The excellent chef Andreas Lagos is ready to “rock our world” once again with his unique recipes.   
  
The finest PDO and PGI products are at his disposal, so that he can create special delicacies. He gladly welcomes his guest to cook together; in the kitchen of "Pop Cooking" comes the talented actress Lila Baklesi in a very good mood and the cooking begins!   
  
The menu includes: Hot cherry tomato salad with Kopanisti cream, kapama kid goat from Elassona with avgolemono, and, for the end, chocolate cake with Greek apricots and white chocolate mousse.

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 13

Katerina takes Alexandros home with his car and when they arrive, they find Natasha waiting for them. Loukia finds the opportunity to take provocative selfies with Dimitris’ phone. Katerina listens to Aliki's message but decides not to tell Dimitris anything. But when Aliki calls her back and tells her that the evidence of Dimitris’ infidelity is on his cell phone, Katerina is faced with a dilemma: should she check his phone or not? Alexandros starts a conversation with Kelly about Dimitris and finds out he is cheating on Katerina. Tatiana gives Petros a gift and Petros resists as much as possible. Kelly comes face to face with Marios, but she's too flustered to say a word.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Andriana Paraskevopoulou

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| Entertainment / Game Show | **WEBTV** **ERTflix** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Florina»**   
**Episode**: 8

SELFIE visits Florina.

Presentation-Direction: Panagiotis Kountouras

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| News / Show | **WEBTV** **ERTflix** |

**17:00**  |  **Agroweek (New Episode)**     
  
SEASON 3   
  
**Production date:** 2018

Weekly daily broadcast, produced by ERT3. Topics of agriculture and rural economy. The show offers comprehensive and complete updates of interest to the region. It features interviews on outdoor issues and informs on innovative ideas as well as issues related to the development of agricultural economics.

**«Next to Thessaloniki, for Thessaloniki. Microgreens, small quantity, plenty of vitamins»**   
**Episode**: 4

In this episode, we learn about microgreens, vegetable sprouts that many famous chefs in Greece use as garnishes on dishes. We also visit a greenhouse covered with nanotechnology glass.

Editor-in-chief / Host:Tasos Kotsopoulos   
Direction: Voula Kostaki

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| Movies | **WEBTV** |

**18:00**  |  **The Swift-Footed - Greek Movie**     
  
**Production date:** 1964  
**Duration**: 90'

Greek film, produced in 1964.  
  
An assassin comes from America to kill the industrialist Petros Pelekis, putting an end to a long and bloody vendetta.  
  
Upon hearing the news, the potential victim becomes terrified and creates unlikely situations as he suspects everyone, even his own wife.  
  
However, the assassin is beyond suspicion, as he happens to be his own secretary, who soon realizes that her boss had nothing to do with the vendetta...

Actors: Nikos Stavridis, Giannis Gkionakis, Popi Lazou, Voula Avramidou, Nikos Papanastasiou, Vasilis Avlonitis, Nikos Fermas, Tasos Giannopoulos, Vaso Meridioutou, Andreas Lappas, Xenophon Fileris  
Songs: Panos Gavalas, Ria Kourtis, Trio Dolores  
  
Directed by: Odysseas Kostelatos  
Screenplay: Giorgos Paizis  
Cinematography: Nikos Milas  
Producer: Andreas Haliotis

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Lake Kerkini - Serres»**   
**Episode**: 15

We head towards Lake Kerkini, where Theodore Naziridis, the general coordinator of the Lake Management Authority, talks to us about the rich flora and fauna of the area. In the upper Poroi of Serres, along with Mr. Giannis, we learn about the importance of snake's-head fritillary for animals.  
  
The women from the Agrotouristic Artistic Cooperative gather wild asparagus, riding their majestic horses. Febronia shows us all the ways we can use wild Sambucus, while Mrs. Paschalitsa makes a pie with sorrels, which is not only delicious but also nutritious.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Culture | **WEBTV** **ERTflix** |

**20:00**  |  **Art Week (2022 - 2023) (New Episode)**     
  
**Production date:** 2022

Art Week is the show that presents some of the most successful Greek artists, every week.  
Lena Aroni talks to musicians, directors, writers, actors, performers, visual artists, and people who, through their careers and dedication to their work, have earned the recognition and love of the public. They talk to Art Week about the way they approach their field and describe the joys and difficulties they encounter along the way. The show hopes to highlight the personal mark of Greek artists, who have enriched the thought and everyday life of the audience that follows them.

**«Makis Matsas» (Part 1)**   
**Episode**: 30

An iconic figure of the country's music industry, Makis Matsas, presents his autobiography on the show Monogramma in two sequels. His life is like something out of a novel, one of those that become movies or constitute the American dream. He started from scratch and rose to the top of an empire. He recounts all this word for word, year after year on the show and in his book “Piso ap’ ti markiza”. A personal testimony of Makis Matsas - 40 years as he lived them in Greek music.

Host: Lena Aroni  
Presentation - Editor-in-chief - Program Editing: Lena Aroni  
Direction: Manolis Papanikitas

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: George Kouvaras

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**     
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«Daddies Squared»**   
**Episode**: 18

An unexpected meeting changes radically Antonis' life, once and for all! Catherine's accident brings her closer to Angelos who stands by his new girlfriend’s side, while Elpida's new crush upsets the priest. Meanwhile, at the Ministry, Stelios seems to have won a war...

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**Dimis Tsimiskis Hoffman (Part 1)**   
**Episode**: 8

Marilou has invited the famous, eccentric millionaire Dimis Tsimiskis Hoffman, her old childhood friend, to dinner, since her mother, Julia Sekeri, was close friends with Dimis’ mother, Henrietta Zaimi. There are special preparations at home and Dimis’ arrival with his bodyguard drives everyone crazy, because of his quirky character. Dinner is served with splendour and everyone tries to be polite to their special guest. But no one is aware of Dimis Tsimiskis Hoffman’s true intentions.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«When I dance for you»[With English subtitles]**   
**Episode**: 8  
Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Documentary | **WEBTV** |

**01:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Kali Vrisi, Drama - Mount Pangeon»**   
**Episode**: 13

In Kali Vrysi, Drama, all the residents celebrate the awakening of the fruits every year by performing a procession. This is a tradition that has been carried on for centuries. Antonis Matziaris and his mother, who are villagers, talk about the tradition and inform us that the "gi" is not only the plant associated with Christmas but also a highly therapeutic herb known as the "Herb of the Gods," as described by Jordanis Rousakis.  
Mount Pangeon is a mountain closely connected to Greek history and mythology. Theodoros Lyberakis guides us through it, while Christos Athanasiadis, from Paleochori, provides us with the antidote for acne in the form of a lotion made from four herbs of Mount Pangeon: lavender, thyme, sage, and calendula.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Culture | **WEBTV** **ERTflix** |

**02:00**  |  **Art Week (2022 - 2023)  (R)**     
  
**Production date:** 2022

Art Week is the show that presents some of the most successful Greek artists, every week.  
Lena Aroni talks to musicians, directors, writers, actors, performers, visual artists, and people who, through their careers and dedication to their work, have earned the recognition and love of the public. They talk to Art Week about the way they approach their field and describe the joys and difficulties they encounter along the way. The show hopes to highlight the personal mark of Greek artists, who have enriched the thought and everyday life of the audience that follows them.

**«Makis Matsas» (Part 1)**   
**Episode**: 30

An iconic figure of the country's music industry, Makis Matsas, presents his autobiography on the show Monogramma in two sequels. His life is like something out of a novel, one of those that become movies or constitute the American dream. He started from scratch and rose to the top of an empire. He recounts all this word for word, year after year on the show and in his book “Piso ap’ ti markiza”. A personal testimony of Makis Matsas - 40 years as he lived them in Greek music.

Host: Lena Aroni  
Presentation - Editor-in-chief - Program Editing: Lena Aroni  
Direction: Manolis Papanikitas

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**Episode**: 8  
The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**Dimis Tsimiskis Hoffman (Part 1)**   
**Episode**: 8

Marilou has invited the famous, eccentric millionaire Dimis Tsimiskis Hoffman, her old childhood friend, to dinner, since her mother, Julia Sekeri, was close friends with Dimis’ mother, Henrietta Zaimi. There are special preparations at home and Dimis’ arrival with his bodyguard drives everyone crazy, because of his quirky character. Dinner is served with splendour and everyone tries to be polite to their special guest. But no one is aware of Dimis Tsimiskis Hoffman’s true intentions.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**TV SCHEDULE  THURSDAY  07/20/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Stavroula Hristofilea  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Kostis Kostakis, ladotyri cheese from Mytilene, olive oil rusk from Kythira, honey from Ikaria»**   
**Episode**: 14

Endless love for creating original recipes is what characterizes talented Chef Andreas Lagos; with new, fine PDO and PGI products at his disposal, he has a lot more ingredients to compose excellent dishes and bring tasteful treasures to our kitchen. He welcomes chef, Kostis Kostakis, in the kitchen of "Pop Cooking" and they join forces for a delicious menu that includes: Saganaki (grilled cheese) with Ladotyri cheese from Mytilene with fig jam, olive oil rusk from Kythira with grape leaf pesto and caramelized onions and, for the end, honey pie with anthotyros cheese with grapes and honey from Ikaria. A delicious journey is just beginning!

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 14

Katerina finds Loukia’s photos on Dimitris’ phone, picks a fight with him, cancels the wedding, and runs off. Petros tries to keep himself away from Tatiana, while Markella prepares a surprise for his birthday. Alexandros decides to tell Katerina that she needs to be hospitalized and to have the tests repeated, so as to be able to tell her that she has recovered, but she is nowhere to be found. She is at Antonis' house since she wants to talk to him about Dimitris. When Natasha and her mother appear there, Antonis persuades Katerina to stay and have dinner with them. At dinner, Zoi notices that Katerina is just like her mother and describes her in unflattering terms.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Andriana Paraskevopoulou

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| Entertainment / Game Show | **WEBTV** **ERTflix** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Megali & Mikri Prespa »**   
**Episode**: 9

SELFIE εvisits Prespes again!

Presentation-Direction: Panagiotis Kountouras

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| News / Biography | **WEBTV** |

**17:00**  |  **Monogramma  (R)**  

"Monogramma" has uniquely recorded the individuals who have marked the intellectual, cultural, and artistic trajectory of our country with their presence and work. It has been characterized as a "National Archive" by the press, and for the first time in 2012, the Academy of Athens recognized and awarded audiovisual work, awarding producers and directors George and Ero Sgourakis the Academy of Athens Award for their entire body of work, particularly for "Monogramma." The reasoning behind this was that "…their biographical programs constitute a valuable portrait of Greeks who acted in the past but also in our era and created, as it was characterized, a work "for the next generations".  
The idea of ​​creating this series came from producer-director George Sgourakis, to present the life, work, and worldview of individuals who act in the intellectual, cultural, artistic, social, and public spheres, in an autobiographical format so that there is no interference and the cinematic document is preserved in its purest form.  
The format of each episode aims at presenting the autobiographical (visual and audio recording) of an individual who operates in the intellectual, artistic, cultural, political, social, and public life, in a way that engages the interest of contemporary viewers.

**«Giorigos Konstantinou»**

Great artist. An actor of achievements and great performances in theater, cinema, and television is George Konstantinou.

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| Documentary / Culture | **WEBTV** **ERTflix** |

**17:30**  |  **The Great Tomorrow - Portraits of Tomorrow (2023) (New Episode)**     
  
**Production date:** 2023

After the six successful seasons of the series "The Great Tomorrow", Greek directors once again turn their lens towards the future of Hellenism, filming a different Greece, one of creation and innovation.  
Through the episodes of the series, young scientists, artists, entrepreneurs, and athletes are showcased, who innovate and create with their own abilities. The series highlights the unique characteristics and advantages of the new generation of our compatriots, those who will become tomorrow's champions in Sciences, Arts, Letters, and everywhere in society. All these young people, unknown to many or already known, face difficulties and temporary failures that do not discourage them. They may not have the ideal conditions to achieve their goal yet, but they have faith in themselves and their abilities. They know who they are, where they are going and pursue their vision with all their might. Through the new series of the Public Television, space is given to the expression of the talents and achievements of these young people. Their unique personality, creative ability, and unrelenting willingness to fulfill their dreams are showcased, utilizing their talents to the fullest and gradually gaining recognition from experts and the social community, both in Greece and abroad.

**«Underdog»**   
**Episode**: 14

Yannis Aposkitis, a new playwright, meets people who passed through his life in search of a definition of happiness and success approaching 30. Is it ever too late to chase our dreams?

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| Movies | **WEBTV** |

**18:00**  |  **Aristotle The Frivolous - Greek Movie**     
  
**Production date:** 1970  
**Duration**: 93'

A pasta factory owner with two failed marriages, Aristotlis Kolokythas, is now crazy and infatuated with a popular singer, Mirabella. For her sake, he recklessly squanders the money of his business.

Cast: Nikos Stavridis, Mimis Fotopoulos, Katerina Gioulaki, Sofi Zanninou, Marina Pavlidou, Vana Lekarakou, Vasilis Malouchos, Rena Paschalidou, Erricos Kontarinos, Makis Demiris, Babis Anthopoulos, Depi Georgiou, Dimitra Nomikou, Manolis Destounis, Stathis Hatzipavlakis, Giannis Bournelis, Panos Nikolakopoulos  
Screenplay: Napoleon Eleftheriou  
Director of Photography: Pavlos Philippou  
Music: Vangelis Pitsiladis  
Director: Giorgos Petridis

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| Documentary / History | **WEBTV** |

**19:50**  |  **True Scenarios | Archive  (R)**     
  
**«Heroic Cyprus» (Part 1)**

The show presents a tribute to the Turkish invasion of Cyprus.

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: George Kouvaras

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**Episode**: 19

Antonis wants to find out as much as possible about his son and tries to approach him, while Angelos, being sympathetic, is unable to come to terms with the new situation. Dimitris, who is on tenterhooks, tries to find out more about Nana's relationship with Lefteris. Martha once again makes an appearance in the neighborhood...

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Dimis Tsimiskis Hoffman» (Part 2)**   
**Episode**: 9

Dimis Tsimiskis Hoffman announces to everyone at the table his intention of purchasing the house whatever the price may be, as he wants to turn it into a boutique-museum in the memory of his mother, Henrietta Zaimi. Dimis’ proposal divides the family, since one half rejoices at the prospect of a sale, while the other half refuses to even consider it. In this polarising atmosphere, Major Diamantis Karapoulias shows up to the house and adds to an already flammable situation, since he pursues Paris romantically. Something that Paris wants to hide from the family at all costs.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«With a skirt as my banner»[With English subtitles]**   
**Episode**: 9  
Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Movies | **WEBTV** **ERTflix** |

**01:15**  |  **Fading Light - Greek Cinema**     
  
**Production date:** 2000  
**Duration**: 96'

Greek fiction film, social drama.  
  
The movie takes place in Halki, where a twelve-year-old boy lives with his divorced mother. Due to a rare illness, the young boy gradually loses his vision, developing a special auditory sensitivity.

Cast: Alekos Alexandrakis, Vicky Volioti, Elisavet Nazlidou, Vladimiros Golosinski, Dimitris Mavropoulos, Babis Hatzidakis, and more.  
  
Director: Vasilis Douras.  
Screenplay: Despoina Tomazani.  
Script development and dialogue: Giannis Tsiros.  
Music: Dimitris Papadimitriou.  
Director of Photography: Giannis Drakoularakos.  
Editing: Giannis Tsitsopoulos.  
Production: Kostas Lampropoulos.

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Movies | **WEBTV** **ERTflix** |

**03:35**  |  **Postcards from the End of the World - Short Stories**     
  
**Production date:** 2020  
**Duration**: 23'

Greek fiction film, produced in 2020.  
  
A comedy of relationships, exploring the difficulty of communication between people who are already close.  
  
Summary: During their family vacation, Dimitra and Dimitris are forced to communicate effectively after a long time. As they endure their stay on a remote Greek island along with their two daughters, the unexpected interruption of telecommunications forces them to seek a way out...  
  
Awards - Film festivals  
  
BEST COMEDY at 29th Aspen Shortsfest (USA)  
JURY PRIZE at 24th REGARD Saguenay International Short Film Festival (Canada)  
AUDIENCE AWARD at 23rd Winterthur Short Film Festival (Switzerland)  
BEST SHORT at 33rd Castellinaria - Festival del Cinema Giovane (Switzerland) SPECIAL JURY AWARD at 24th Brussels Short Film Festival (Belgium)  
BEST DIRECTING AWARD at 25th Athens International Film Festival (Greece) BEST EDITING AWARD at 42th Drama National Short Film Festival (Greece)  
BEST SOUNDTRACK at 15th ZubrOFFka Short Film Festival (Poland)  
BEST CONCEPT at Winter Apricots - Prilep International Film Festival (North Macedonia)  
HONORABLE MENTION at 32nd Minimalen Short Film Festival (Norway)  
JURY SPECIAL MENTION at 34th Namur IFFF (Belgium)  
HONORABLE MENTION at Digital Gate International Film Festival (Algeria) COMEDY RUNNER UP AWARD at 4th Salute Your Shorts Film Festival (USA) 2  
5th Sarajevo Film Festival (Bosnia and Herzegovina)  
50th Tampere Film Festival (Finland)  
41st CINEMED Montpellier Mediterranean Film Festival (France)  
29th Flickerfest International Film Festival (Australia)  
46th Ghent Film Festival (Belgium)  
15th Prague Short Film Festival (Czech Republic)  
17th Bogota Short FF (Colombia),  
23rd Brussels Short Film Festival (Belgium)  
46th OFF - Odense International Film Festival (Denmark)  
12th San Jose International Film Festival (USA)  
21st Calgary International Film Festival (Canada)  
35th Brest European Short Film Festival (France)  
7th Bosphorus FF (Turkey)  
25th Gezici Festival On Wheels (Turkey)  
22nd Mecal Ιnternational Short Film Festival (Spain)  
17th Tangiers Mediterranean Short Film Festival (Morocco)  
16th Bucharest International Film Festival (Romania)  
8th Syros International Film Festival (Greece)  
33rd Helsinki International Film Festival (Finland)  
19th Concorto Film Festival (Italy)  
12th Psarokokalo Film Festival (Greece)  
9th Kyiv International Short Film Festival (Ukraine)  
13th FICBUEU - International Short Film Festival of Bueu (Spain)  
17th FEST - New Directors New Films Festival (Portugal) Indy Shorts Film Festival (USA)  
18th Asiana International Short Film Festival (South Korea)  
13th Lviv International Short Film Festival - Wiz Art (Ukraine)  
16th San Francisco Greek Film Festival (USA)  
14th Los Angeles Greek Film Festival (USA)  
12th Naples International Film Festival (USA)  
8th IndieCork Film Festival (Ireland)  
18th shnit Worldwide Shortfilmfestival (Switzerland)  
29th St. Louis International Film Festival (USA) Film Pittsburgh Fall Festival (USA) 22nd Certamen Internacional de Cortos Ciudad de Soria (Spain)  
14th Cologne Short Film Festival KFFK (Germany)  
20th CINEMAMED - Festival Cinéma Méditerranéen de Bruxelles (Belgium)  
27th İFSAK Kısa Film Festivali (Turkey)  
45th Atlanta Film Festival (USA)

Actors: Yiorgos Gallos, Aggeliki Dimitrakopoulou, Isabella Anagnostopoulou, Magda Varda, Iasonas Miter, Io Latousaki, Kostas Papakonstantinou, Tatiana Pita, Yiorgos Lygnos, Yiorgos Vasilenas  
  
Narrator: Dimitris Bitos  
  
Screenplay - Direction: Konstantinos Antonopoulos  
  
Producer: Fani Skartouli  
  
Director of Photography: Thodoris Michopoulos | Editing: Livia Neroutsopoulou | Music: Larry Gus | Set Design: Chrysa Kourtoumi | Costumes: Sandra Sotiropoulou | Sound: Kostas Dokos | Sound Design & Mixing: Giannis Giannakopoulos | Makeup: Dora Nasiou | Hairstyling: Chronis Tzimos | 1st Assistant Director: Nikos Avgoustidis | 2nd Assistant Director: Araseli Laimou | Production Manager: Maria Repousi | Assistant Production Manager: Michalis Vrachliotis | Production Fixer: Justin Arvaniti | 1st Assistant Camera: Thomas Tsiftelis | 2nd Assistant Camera: Vangelis Kasapakis | DIT: Michalis Gkatzogias | Electrician: Lefteris Karpodinis | Grip: Fotis Frazetis | Production Assistant: Michalis Mathioudakis | Online & Color Grading: Angelos Mantzios | VFX: Giannis Ageladopoulos | Titles & Poster Design: Nikos Pastras | Subtitles: Alexandra Dyrani-Maouni  
Production: Either/Or Productions  
  
Co-producers: Greek Film Centre, Cosmote TV, Onassis Foundation, Department of Culture of Cyclades Region, ARTCUT Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**Episode**: 9  
The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Dimis Tsimiskis Hoffman» (Part 2)**   
**Episode**: 9

Dimis Tsimiskis Hoffman announces to everyone at the table his intention of purchasing the house whatever the price may be, as he wants to turn it into a boutique-museum in the memory of his mother, Henrietta Zaimi. Dimis’ proposal divides the family, since one half rejoices at the prospect of a sale, while the other half refuses to even consider it. In this polarising atmosphere, Major Diamantis Karapoulias shows up to the house and adds to an already flammable situation, since he pursues Paris romantically. Something that Paris wants to hide from the family at all costs.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**TV SCHEDULE  FRIDAY  07/21/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Voula Malla  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Dorotea Mercuri, kasseri cheese, shrimps from the Amvrakikos Gulf, raisins from Zakynthos»**   
**Episode**: 15

The finest PDO and PGI products have arrived fresh on the set of "Pop Cooking" and the talented chef Andreas Lagos creates unique recipes. Bringing an Italian aura to the show, the talented actress Dorotea Mercuri is ready to join him for a culinary feast! The kitchen is filled with original recipes, expertly executed by our Chef and his capable “sous-chef”. The result? Out of this world! The menu includes: savoury galaktoboureko with kasseri cheese, lemon saganaki (grilled cheese) with shrimps from the Amvrakikos Gulf, and, finally, cake stuffed with tahini, raisins from Zakynthos, and chocolate. Greece's taste in our kitchen.

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 15

Katerina asks Antonis if he knows who her father is and Antonis avoids answering. Natasha is angry that Alexandros snapped at her mother and that everyone is so protective of Katerina. Katerina, to save herself from continuous phone calls from Dimitris, decides to proceed with the medical tests and be hospitalized in the clinic. Froso is upset because she hasn't heard from Vlassis; Vlassis is waiting to get Katerina's jeep back before calling Froso. Petros is trying to get close to Tatiana. Finally, Alexandros reads Katerina's list and arranges a surprise for her on the rooftop of the clinic.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Chryssa Papastavrou

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| Entertainment / Game Show | **WEBTV** **ERTflix** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Agios Lavrentios»**   
**Episode**: 10

Selfie visits Agios Lavrentios!

Presentation-Direction: Panagiotis Kountouras

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| Documentary / Traditions | **WEBTV** **ERTflix** |

**17:00**  |  **Meet the Craftsmen  (R)**     
  
**Production date:** 2022

A series of 12 original half-hour documentaries, presenting traditional arts and techniques in the 21st century, filmed in various parts of Greece. The young protagonist Christos Zacharof travels from Corfu and Paramythia to Lesvos and Patmos, Geraki, Laconia and Lagkadia, Arcadia, to Alexandroupoli and the villages in the Rhodope mountains, places where economically viable traditional professions are still practiced, most of which are included in the UNESCO list of intangible cultural heritage.  
Christos attempts to learn the secrets of marble craftsmanship, wooden shipbuilding, silversmithing, or knitting in the places where they are practiced, working alongside the craftsmen. Along with Christos, the viewer of the documentary also experiences the struggle, difficulties, and peculiarities of each art!

**«The art of stone in Lagadia of Arcadia»**   
**Episode**: 10

The stone craftsmen of Lagadia are known throughout the Peloponnese, as they have never stopped building or repairing houses, churches and bridges. In the new episode of Meet the Craftsmen, Christos participates in the 4th Workshop of Traditional Art of Stone, organized by the association of friends of traditional architecture "Blossoming Stones" in Lagadia, Arcadia. His purpose is to learn the path of the stone from the quarry where it is mined to the construction site where it is used to build. In between, he will learn from the craftsmen how to cut and process it, so that it arrives almost ready to the construction site, while he will also discover old building techniques that are no longer used. Together with Christos, the viewer will get to know ways of traditional processing of the stone, but also the special relationship of the people of Lagadia with it, which still produces unique works but also highly skilled young craftsmen!

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| News / Show | **WEBTV** **ERTflix** |

**17:30**  |  **In Frame  (R)**     
  
**Production date:** 2023

Personal testimonies, expert opinions, statistical data and historical information.  
Journalistic research goes into depth, analyses and illuminates important aspects of social issues, placing them "IN FRAME".  
ERT's new weekly program comes to elaborate on and dedicate time and attention to issues that concern Greek society but do not have the visibility they deserve. Through the stories of people who unfold their personal experiences in front of the TV camera, the questions that the experts are then asked to answer are raised. Data mining and analysis, the presentation of information and comparisons with international reality enhance the journalistic research aimed at providing well-founded information.

**«Work accidents»**   
**Episode**: 1

Every year our country mourns a large number of our fellow human citizens who lose their lives at work. A grim record was recorded in 2022.  
  
What are the causes? What is happening in the rest of Europe and what are the best practices to reduce fatal accidents at work? Why is the award of justice delayed?  
Relatives and friends of victims talk to the camera about their loved ones who they lost, while workers' representatives, employers, lawyers, and relevant state authorities answer the crucial questions that arise.  
Accidents at work IN FRAME

Host: Christina Kalimeri  
Chief editor: Vasilis Katsaras  
Research - Editing: Ch. Kalmeri - V. Katsaras  
Production director: Aris Panagiotidis  
Editing: Anastasia Daskalaki  
Direction: Nikos Goulios

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| Movies | **WEBTV** |

**18:00**  |  **Heartbroken Youth - Greek Movie**     
  
**Production date:** 1969  
**Duration**: 91'

A girl from the countryside, Marina, comes to Athens to work at the establishment of a family friend of her father. She rents an apartment with a naive girl who is going to marry a lazy womanizer.

Director: Pavlos Tassios  
Screenplay: Giorgos Vrasivanopoulos, Pavlos Tassios  
Cinematography: Stelios Ramakis  
Music Composition: Markianos Koutroulis  
Producer: Pavlos Tassios  
Actors: Jenny Roussea, Katerina Helmi, Christos Negkas, Lefteris Vournas, Katerina Gogou, Anna Paitatzi, Giorgos Vrasivanopoulos, and others

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Polygyros, Chalkidiki»**   
**Episode**: 16

Our destination in this episode is Polygyros, Halkidiki.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Nature | **WEBTV** **ERTflix** |

**20:00**  |  **Wild Greece  (R)**     
  
SEASON 3   
  
**Production date:** 2022

A series of hourly broadcasts produced by ERT3 for 2021-22. "There is a Greece, high and far from the gray of the city. A Greece where every step leads you to a new, captivating scenery. This is Wild Greece. And this year, for the third season, the ERT audience will take (also) to the mountains. Elias and Gregoris, combining science, passion for exploration and adventure, and a thirst for the unknown, load their backpacks and set off. From the peaks of Pindos to the islands of the Aegean, a journey of kilometers in length and height, with one purpose: to become the untamed side of our homeland, a part of everyone's images..

**"Chania"**   
**Episode**: 9

In this episode, Ilias and Grigoris visit the wider region of Chania. They hike under the White Mountains to explore the cave of Cyclops Polyphemus. In Lake Kournas, they meet the endemic Cretan lizard, the endemic river crab and some little grebes, while on an evening visit to Lake Agia they see the alien oversized American buffalo frog. They enter the impressive gorge of Aradena, while searching for and finding the Cretan Tarantula, a recently discovered species.   
Because, again this year... you’re watching Wild Greece!

Host: Ilias Strachinis, Grigoris Toulias  
Director/Production Manager/Director of Photography/Photographer/Camera Operator/Drone Operator: Georgios Skandalaris  
Host A/Scientific Collaborator: Ilias Strachinis  
Host B: Gregorios Toulias  
Screenwriter: ScreenwriterGeorgios Mantzouranidis  
Composers of Original Music: Anna Trimis & Dimitrios Serafidis - Unknown Echoes  
Editor: Charalampos Papadakis   
Camera Operator: Ilias Koutrotsios  
Sound Recordist: Eleftherios Paraskevas  
Assistant Sound Recordist: Evangelia Koutsoukou  
Assistant Production Manager: Anastasia Papadopoulou

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: Apostolos Mangiriadis

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«The Athens Race»**   
**Episode**: 20

Jenny's influence on Mary is now obvious. Mary's resolution to exercise coincides with the organization of the first Athens race. Kontoulas tries to boost participations in every way possible and eventually gets the neighborhood into an intense exercise regime! But Elpida and Marilena also see the Athens race as an opportunity to get closer to their players, while Dimitris finds other ways to learn about Nana...

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Rbnb»**   
**Episode**: 10

Tasos, after a proposal from Haris, decides to rent out the caravan for two days to a young British couple in exchange for a significant fee. Of course, he hides it from Evanthia, simply saying that he is hosting two of Haris’ friends from London. At the mention of guests arriving, needless to say that Evanthia prepares a feast of traditional world-famous Greek dishes. A feast that Tasos tries to avoid at all costs, so that the truth does not come to light. For some reason, however, the couple of young Britons is also trying to avoid this feast, but they eventually succumb to Evanthia’s pressure and turn up carrying two large black suitcases. What will happen when Paris, out of professional perversion, opens the suitcases and sees their contents?

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«Your guardian your angel» [With English subtitles]**   
**Episode**: 10

Foivos invites Yiannis Kotsiras to Mantra. But the singer is facing problems: he is being stalked everywhere by a crazy fan, whose behavior becomes more and more threatening. Foivos makes everyone in "Mantra" check who comes in and who goes out, and Pantelis increases the security measures. Meanwhile, Danai invites Foivos and Jonathan to dinner and confesses her secret to them. Kirby finds a new roommate, while Thanasis becomes obsessed with painting, following the teachings of tv painter Bob Ross. The security measures unfortunately do not prevent Kotsiras' fan from entering the bar - and it’s not only the evening show that is threatened, but also his life.

Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Documentary / Culture | **WEBTV** **ERTflix** |

**01:30**  |  **The Great Tomorrow - Portraits of Tomorrow (2023)  (R)**     
  
**Production date:** 2023

After the six successful seasons of the series "The Great Tomorrow", Greek directors once again turn their lens towards the future of Hellenism, filming a different Greece, one of creation and innovation.  
Through the episodes of the series, young scientists, artists, entrepreneurs, and athletes are showcased, who innovate and create with their own abilities. The series highlights the unique characteristics and advantages of the new generation of our compatriots, those who will become tomorrow's champions in Sciences, Arts, Letters, and everywhere in society. All these young people, unknown to many or already known, face difficulties and temporary failures that do not discourage them. They may not have the ideal conditions to achieve their goal yet, but they have faith in themselves and their abilities. They know who they are, where they are going and pursue their vision with all their might. Through the new series of the Public Television, space is given to the expression of the talents and achievements of these young people. Their unique personality, creative ability, and unrelenting willingness to fulfill their dreams are showcased, utilizing their talents to the fullest and gradually gaining recognition from experts and the social community, both in Greece and abroad.

**«Underdog»**   
**Episode**: 14

Yannis Aposkitis, a new playwright, meets people who passed through his life in search of a definition of happiness and success approaching 30. Is it ever too late to chase our dreams?

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| Entertainment / Show | **WEBTV** **ERTflix** |

**02:00**  |  **Tales for Tails  (R)**     
  
SEASON 4   
  
**Production date:** 2023

This is the fourth season of episodes of the TV show on (ERT) that highlights the meaningful connection between animal welfare and compassion.   
"Tales for Tails" is a weekly one-hour program curated and presented by journalist Tasoula Eptakoili. The show narrates stories of animals and people, revealing unknown information about the fascinating world of animals through specials, reports, and interviews.  
Cats and dogs, horses and parrots, bears and foxes, donkeys and turtles, migratory birds, and marine mammals pass in front of the camera of director Panagiotis Kountouras and become the protagonists of the show.  
In each episode, people who offer protection and care to animals, from the unknown volunteers of animal welfare organizations to very famous people from various fields (arts, letters, politics, science), talk about their special relationship with the quadrupeds and unfold the emotions that this coexistence provokes.  
Every story is different, but they all have something in common: the search for the essence of animal welfare and compassion.  
In addition, the show's special collaborators provide us with simple but practical and useful tips on how to take care of our animal friends.

**«Samos, Manolis Pyrgiotis, Samos Animal Welfare Association»**   
**Episode**: 12

We travel to the eastern Aegean. We go to Samos, honoring the memory of Alki Zei, since the year 2023 has been declared the Literary Year of Alki Zei, on the occasion of the 100th anniversary of her birth. Manolis Pyrgiotis, director of the Public Central Historic Library of Samos, speaks on the show about the invaluable legacy of Alki Zei, who has made many generations get to know and maybe even come to love Samos, through the "Kaplani of the Showcase". We visit the primary school of Kokkari, together with the volunteers of the Samos Animal Welfare Association and learn a valuable lesson of love for animals. We talk to children about animals, we get to hear their own stories and their own questions. We talk with teachers about how important it is for animal welfare to finally become part of educational practice. Lastly, Argyro Sarantou and Natalia Kalomiri talk about everything concerning the busy association that, since 2017, has offered a second chance and a happy life to hundreds of strays.

Presentation - Editor-in-chief: Tasoula Eptakoili  
Director: Panagiotis Kountouras  
Journalistic Research: Tasoula Eptakoili, Sakis Ioannidis, Eleftheria Kyrimi  
Screenplay: Nikos Aktypis  
Cinematography: Sakis Youbasis  
Music: Dimitris Maramis  
Title Design: designpark  
Production Organization: Vaso Patroumba  
Production Design: Eleni Afentaki  
Production Execution: Konstantinos G. Ganotis / Rhodium Productions  
Special Collaborators: Elena Dede, lawyer, founder of Dogs' Voice  
Christos Karagiannis, veterinarian specializing in animal behavior  
Stefanos Batsas, veterinarian

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**Episode**: 10  
The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Rbnb»**   
**Episode**: 10

Tasos, after a proposal from Haris, decides to rent out the caravan for two days to a young British couple in exchange for a significant fee. Of course, he hides it from Evanthia, simply saying that he is hosting two of Haris’ friends from London. At the mention of guests arriving, needless to say that Evanthia prepares a feast of traditional world-famous Greek dishes. A feast that Tasos tries to avoid at all costs, so that the truth does not come to light. For some reason, however, the couple of young Britons is also trying to avoid this feast, but they eventually succumb to Evanthia’s pressure and turn up carrying two large black suitcases. What will happen when Paris, out of professional perversion, opens the suitcases and sees their contents?

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**Mεσογείων 432, Αγ. Παρασκευή, Τηλέφωνο: 210 6066000, www.ert.gr, e-mail: info@ert.gr**