**TV SCHEDULE from 07/08/2023 to 07/14/2023**

**TV SCHEDULE  SATURDAY  07/08/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Weekend From 6**  

A new program, new routine, with the dedicated hosts of the morning news zone of ERT joining forces.   
  
Dimitris Kottaridis of “From 6” meets Nina Kasimati at the “Weekend”. They both will present ERT's new news show “Weekend from 6" featuring news, stories, people, pictures, and of course a lot of humor.

Host: Dimitris Kottaridis, Nina Kasimati  
Editor-in-chief: Maria Pavlou  
Production Manager: Nandia Kousoula

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News Report - Sports - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Voula Malla  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Documentary | **WEBTV** **ERTflix** |

**13:00**  |  **Routes of the Greek Diaspora  (R)**  

An ERT documentary series about the Greek expats community in the United States.  
The "Traveling" doc series team - journalist Maya Tsoclis and director Chronis Pechlivanidis - go on the road around the world, following the routes of the Greek Diaspora.   
With a tender and objective gaze, they register contemporary Hellenism and meet representatives of the Greek community who recount essential chapters of contemporary Greek history through their personal, family narratives.  
The series "Routes of the Greek Diaspora" and its creators aspire to give viewers a clear picture of both the history and the great currents of mass immigration that led hundreds of thousands of Greeks to America, highlighting the great significance of the Greek Diaspora communities for Hellenism. Several uniquely different people gift their precious stories to the series. Some represent the old world, moving us and making us smile, while others open windows to the future, breaking down timeless stereotypes.  
The historical advisor of the series is the prolific Alexander Kitroeff, a specialist in Greek Diaspora issues.

**«Boston of the Greeks» [With English subtitles]**   
**Episode**: 9

Maya Tsoklis takes us on a journey to the Boston of the Philhellenes and Greeks, the city of democratic traditions and high educational standards, thanks to its renowned educational institutions and love for ancient Greece.

Host: Maya Tsoclis  
Screenplay, presentation: Maya Tsoclis  
Historical Consultant: Alexandrer Kitroeff  
Head Writing/Research: Ioanna Fotiadou, Maya Tsoclis  
Original Music: Nikos Portokaloglou  
Direction/Cinematography: Chronis Pechlivanidis  
Editing: Stavros Symeonidis, Nathanael Nathanaeloglou, Giannis Daridis, Argyris Konstantinidis  
Production Company: Onos Productions

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| Documentary / History | **WEBTV** |

**14:00**  |  **Headlines of History  (R)**  

The series focuses on topics and figures that dominated the public agenda from the period of the Occupation until the first half of the '50s. Events, personalities, political initiatives, and confrontations that shaped the modern history of the region and positively or negatively impacted public opinion are subject to extensive research and detailed examination. The causes, motivations, intentions, and strategic choices of all the factors involved, which to some extent shaped modern history, constitute the specific theme of each episode.  
  
The goal of the series is to capture the interest of citizens in recent history by presenting events with pluralism and objectivity through different perspectives and opinions.  
  
Each episode features significant historical analysts (history professors, political science experts, sociologists, etc.), researchers, specialists, and individuals who have experienced the events firsthand. Unique audiovisual material from the ERT Archive and other documentary archives (newspapers, photographs, documents) is employed as a resource. Additionally, an overall exploration of Greece is attempted, with filming taking place at the sites of major historical events, relevant buildings, monuments, and museums of modern Greek history.

**«Treaty of Varkiza: An opportunity lost...»**   
**Episode**: 1

The Treaty of Varkiza, which was signed on February 12, 1945, after persistent efforts by the British, between the government of Nikolaos Plastiras and EAM/ELAS, gave rise to several expectations for the beginning of a smooth political life. However, these expectations were not fulfilled. The bloody December events had preceded it, overshadowing or even erasing the positive aspects of liberation. Following this agreement, there was a systematic violation of it by both sides.  
The subsequent consequence was the Civil War.  
All the relevant events, background, tactical movements, and strategic goals of the involved parties are highlighted on "Headlines of History".  
Participating and discussing are professors Nikos Alivizatos and Elias Nikolakopoulos from the University of Athens, as well as Panteion University lecturers Michalis Liberatos and Theodore Sambatakakis.  
Providing their insights in the conclusion of the program are professors Evanthi Hatzivassiliou and Polymeris Voglis, along with Tasos Sakellaropoulos, Director of the Historical Archives at the Benaki Museum.

Journalistic Editing: Giannis Tzannetakos  
Editor in Chief - Coordination: Pierros Tzannetakos  
Director of Photography: Dionysis Petroutsopoulos  
Music: Giorgos Magoulas  
Journalistic Research: Stavros Michelis, Kostas Papadopoulos  
Production Execution: Dimitra Bessi  
Direction: Nikos Anagnostopoulos, Dimitris Gouziotis, Thanasis Papakostas

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**

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| Movies | **WEBTV** |

**16:00**  |  **That Something... Else - Greek Movie**     
  
**Production date:** 1963  
**Duration**: 102'

A carefree and spoiled character, Telis Spartalis, who cares only about his own entertainment, squanders his entire paternal fortune on revelry and gambling. His sister, Elli, a beautiful and serious lawyer, as well as his wealthy aunt, Julie, do everything they can to prevent this situation, but Telis is completely oblivious to his degradation. His aunt pressures him to become engaged to the rich Nana, who, in turn, is a party enthusiast and has the ability to bail him out of debt.  
At some point, they realize that Telis has fallen into the clutches of schemers, led by the swindler Stelios, who want to take even the factory he has inherited. Then, everyone rallies together, including his sister and Nana, and they defeat the villains. The factory is saved, the hero's mind somehow "clears up," and the love that blossoms between Telis and Nana seals the happy ending.

Starring: Anna Fonsou, Giorgos Konstantinou, Giorgos Pantzas, Viveta Chiouni, Lambros Konstantaras, Vangelis Seilinos, Martha Karagianni, Katerina Youlaki, Joly Garbi, Kostas Papachristos, Theodore Katsadramis  
Screenplay: Giorgos Lazaridis  
Cinematography: Nikos Gardelis  
Music: Kostas Klavas  
Directed by: Gregory Gregoriou

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| Documentary / History | **WEBTV** **ERTflix** |

**17:50**  |  **Istorima (New Episode)**  

Istorima is the largest project recording and preserving oral histories of Greece. More than 1,000 young researchers find narrators, listen, collect and preserve stories of people from all over Greece: Stories of their hometowns, stories of love, stories that changed Greece or defined it, modern or old stories. Stories that are not recorded in the history books and that could be lost in time.   
It was created by journalist Sofia Papaioannou and historian Katherine Fleming and is implemented with a founding grant from the Stavros Niarchos Foundation (SNF), as part of its initiative to Restart and Empower Youth.

**«The carpenter who brought life back to the windmills of Patmos»**   
**Episode**: 14

Giorgos Kamitsis, one of the last millwrights of the Aegean, narrates the story of the restoration of the three stone windmills of Patmos, which came back to life after decades.

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| Entertainment / Show | **WEBTV** **ERTflix** |

**18:00**  |  **Greek Acts  (R)**     
  
SEASON 7   
  
**Production date:** 2020

"GREEK ACTS" travels, records and presents timeless cultural expressions of people and places. The journey, the music, the myth, the dance, the world. This is the destination of the show. In this year's journey from Crete to Evros and from the Ionian to the Aegean Sea, it presents a feast of ethnographic, anthropological and musical expression. Authentic creations of people and places. The camera of the show researches and reveals the mosaic of the creative present and the timeless cultural evolution of our country, with a selection of persons-protagonists, events and places, so that a living anthology is highlighted and supplemented. With music, stories and pictures…

**«New Ancient Music»**   
**Episode**: 11

What is the origin of music? How was it born, how did it evolve, how did it come to live among us? How did man make his first musical instruments and what is their lifespan? Do ancient instruments exist in modern musical reality and what music do they play? What was the role and the use of music in ancient Greece and what is the role and use of music in the "pop" music scene, today?

Direction, research, screenplay: Antonis Tsavalos Cinematography: Giorgos Chrysafakis, Yiannis Fotou Editing: Alkis Antoniou, Giorgos Paterakis, Michalis Papadakis Sound recording: Yiannis Karamitros, Thanos Petrou Production manager: Maria Tsante

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| Sports / Track and Field | **WEBTV** |

**19:00**  |  **Panhellenic Athletics Championship - Volos 2023**   
  
**Production date:** 2023   
**«Day 1»**

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: Apostolos Mangiriadis

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Cartes Postales from Greece  (R)**  

The fiction series "Cartes Postales from Greece" by ERT, based on the books of the famous British author Victoria Hislop, "Cartes Postales from Greece" and "The Last Dance," will take us on a journey to Crete and London through 12 captivating standalone stories.  
  
With footage from the British capital, featuring central locations such as Albert Bridge, Battersea Park, Chelsea, and Piccadilly Circus, as well as from Crete, where the majority of the filming takes place, particularly the enchanting Agios Nikolaos, Heraklion Airport, the archaeological site of Lato, Elounda, and Ierapetra, and with exceptional and different actors in each episode, the series chronicles the story of Joseph.  
  
The story...  
  
Joseph (Andreas Konstantinou), the protagonist and connecting link in the 12 standalone stories of the series, is a Greek-British introverted archaeologist who plans to propose to his partner and has scheduled a trip to his homeland, Crete. When she doesn't show up at the airport on the day of departure, Joseph returns to his ancestral land to take up a consulting position on an excavation and embarks on a solitary journey on the island, a dynamic journey into his inner world. Disheartened, he starts sending postcards to his ex-partner's home in London, recounting stories he hears or experiences in Crete. However, he doesn't know that the new tenant of the house, Ellie, develops feelings for the mysterious man... Can the deep thoughts of a stranger on paper make him lovable?  
  
"Cartes Postales from Greece" is directed by the award-winning Giorgos Papavasileiou. The tv-adaptation was undertaken by Nikos Apeiranthitis, Alexandra Katsarou (Alexandra K\*), Dora Masklavanou, and Panagiotis Christopoulos, in collaboration with the author. The composition of the original music and songs is by Minos Matsas. Pinelopi Valti is the set designer, and Marli Aliferi is the costume designer.

**«Out of Love»**   
**Episode**: 2

Joseph (Andreas Konstantinou) tries to get back on his feet by putting his thoughts on paper. He feels nostalgic for a love that no longer exists. His relationship with Sarah belongs to the past. But what he doesn't know is that his letters never reach their destination. In one of his excursions to the island he meets Stella (Anna Mascha). Although she was a woman of great beauty once, she is now nothing but a shadow of herself. Kostas (Gerasimos Skiadaresis), her partner, misses the Stella (Maria Voskopoulou) he fell in love with and married. When he accidentally discovers an ancient statue of the goddess Aphrodite on his estate, he remembers again, in a paradoxical, almost religious way, what love truly means. Through his relationship with Stella, Joseph is reminded to appreciate love, the intrinsic nascence of all things.

Author: Victoria Hislop  
Screenplay adaptation: Nikos Apeiranthitis, Alexandra Katsarou (Alexandra K\*), Dora Masklavani, Panagiotis Christopoulos (alongside the author)  
Director: George Papavasileiou  
Original music composition and songs: Minos Matsas  
Cinematography: Giannis Drakoularakos, Pete Rowe (London)  
Production Management: Zoe Sgourou  
Production Coordinator: Sofia Panagiotaki, Elisavet Hatzinikolaou  
Executive Production: NEEDaFIXER

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**23:00**  |  **Sinful Love  (R)**  

Period drama miniseries.  
Set in Corfu in 1906, the period drama miniseries "Sinful Love" produced by ERT1, directed by Nikos Koutelidakis and written by Eleni Zioga, brings to life in an artistic way the eponymous short story by Konstantinos Theotokis.  
  
The six-episode series tells a story of forbidden passion in an oppressive patriarchal society that tests the limits and endurance of its characters. Each of the heroes is confronted with their most dangerous secrets, which they dare not confess even to themselves.  
  
Plot:  
Stathis Therianos (played by Nikos Psaras), one of the most hardworking and responsible inhabitants of the village of Dafnila in Corfu, is married to Diamando (Karyofyllia Karambeti). He secretly and passionately falls in love with the young Chrysavgi (Eugenia Xygkourou), the coveted daughter of wealthy landowner Spyros Aspreas (Yannis Dalianis). Enchanted by her unparalleled beauty, he does everything in his power to arrange her marriage to his son Giorgis (Michail Tambakakis) in order to have her close to him, even in this way.  
  
Diamando tries to prevent the engagement, knowing the dark "shadow" of her husband, although he has been an exemplary husband and father all these years. Diamando's futile attempts to persuade her son to marry his childhood friend Evgenia (Isabella Baltsavia) to prevent the evil from happening are in vain. Giorgis and Chrysavgi get married and settle in her parents' house, as dictated by the social norms of the time. When Giorgis leaves to fulfill his military service, Chrysavgi finds herself at the mercy of Therianos, who is consumed by a mad passion for his daughter-in-law, awakening the "beast" that lies within him. Every day, he struggles with himself and alcohol, desperately trying to tame his darkest demons.  
  
Unaware of the real problem, Chrysavgi's noble and imposing mother, Katerina (Mariandi Sontaki), senses that something is wrong in her daughter's new home. However, no one reveals the truth to her.  
  
The bride and the mother-in-law join forces for a common purpose, engaging in a secret war that has been declared inside Therianos' house. It remains to be seen which of the two will prevail: the criminal passion of the patriarch or the fair alliance of oppressed women.

**«The Wedding» [With English subtitles]**   
**Episode**: 2

Between Giorgis’ and Chrysavgi’s engagement and their wedding, Therianos fights his instincts and manages to curb his passion for his future daughter-in-law. At the wedding reception, however, he gets drunk and his unlawful desire returns. Diamando notices, in despair, but confesses it to no one, fearing public outcry. As is customary, the newly-weds settle in the groom's family home. Later that same night, while Giorgis and Chrysavgi are making love in their bedroom, Therianos, overwhelmed by a sick passion for his daughter-in-law and jealousy for his own son, hopelessly wanders in the olive groves. He returns in the morning, however, filled with regret and swears to his wife that he will not break his marriage vows. Over time, Chrysavgi becomes part of her in-laws’ family and, thanks to her agreeable personality, she becomes very dear to everyone, especially to Diamando, who appreciates her more and more each day.

Director: Nikos Koutelidakis  
Screenplay: Eleni Zioga  
Set and Costume Design: Kiki Pitta  
Assistant Costume Designer: Myrto Karekou  
Music: Christos Stylianou  
Director of Photography: Yiannis Fotou  
Editing: Stamis Dimitropoulos  
Sound Recording: Panagiotis Psimmenos  
1st Assistant Director: Angelos Koutelidakis  
2nd Assistant Director: Katerina Karanasou  
Assistant Set Designer: Evangelia Grigoriadou  
Casting Director: Angelika Kapsambeli  
Production Coordinator: Giorgos Linnardakis  
Production Manager: Alexandra Eustratiadi  
Production: Yiannis M. Kostas  
Production Execution: Arcadia Media  
  
Cast: Karyofyllia Karambeti (Diamando Therianou), Nikos Psaras (Stathis Therianos), Michail Tabakakis (Giorgis Therianos), Evgenia Xygkourou (Chrysavgi Asprea), Giannis Dalianis (Spyros Aspreas, Chrysavgi's father), Marianthi Sontaki (Katerina Asprea, Chrysavgi's mother), Giorgos Ziovvas (Konstantis Vlachos, Evgenia's father), Maria Athanasopoulou (Fotini Vlachou, Evgenia's mother), Isabella Baltzavia (Evgenia Vlachou), Dimitris Arianoutsos (Thodoris Aspreas, Chrysavgi's brother), Pantelis Papadopoulos (priest), Eleni Filipa (grandmother), Savina Tsafa (Areti), Tasos Papadopoulos (Manthos, a worker), Michalis Artemisiadis (Andreas Kapis, medical student), Katerina Pantouli (Maria, Therianos' eldest daughter), Elli Daliani (Eirini, Therianos' youngest daughter), Katerina Amygdalia Theofilou (Vdokio, Chrysavgi's sister), Kostas Velentzas (chanter), Argyris Gkaganis (lieutenant), Giorgos Tsagarakis (Eftyhis, the coffee shop owner), Petros Parthenis (major), Stratos Ntalamagkos (Vassilis), and others.

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| Entertainment / Show | **WEBTV** **ERTflix** |

**00:00**  |  **Greek Acts  (R)**     
  
SEASON 7   
  
**Production date:** 2020

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**«New Ancient Music»**   
**Episode**: 11

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| Movies | **WEBTV** |

**01:00**  |  **Laughter is a Gift from Heaven - Greek Movie**     
  
**Production date:** 1963  
**Duration**: 84'

The businessman Xenophon Karydis strives to marry off his daughter Liza, who has just returned from abroad, to his well-meaning business partner Prokopis. However, Prokopis messes up, allowing Liza to flirt with a man who has also recently returned to Greece. Liza's father, with the help of Prokopis, spreads the rumor that the "infamous" cinema star Gisela Dali was Prokopis' lover, which makes him highly desirable among women. Even the conceited Liza believes the tale. The whole plan seems to be progressing well until Gisela Dali herself arrives, having heard the peculiar rumors. Meanwhile, her jealous fiancé Vrasidas confronts Prokopis, seeking an explanation.

Directed and written by: Giorgos Papakostas.  
Director of Photography: Nikos Milas.  
Starring: Giorgos Kontantinou, Dionysis Papagiannopoulos, Marika Nezer, Nikos Rizos, Voula Avramidou, Rena Galani, Gisela Dali, Giorgos Tsitsopoulos.

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| Documentary / Lifestyle | **WEBTV** **ERTflix** |

**02:30**  |  **Νeighborhoods  (R)**  

A documentary series consisting of 14 episodes.  
  
Three young directors, Giannis Gaitanidis, Thomas Kias, and Persefoni Milios, conceive and present a personal mapping of urban life in Athens, showcasing its diversity and variations across different neighborhoods. Through the lens of spatial structures, anthropological compositions, social identities, and their own directorial perspective, they delve into a 14-episode documentary series.  
  
From the heart of traditional Athens to vibrant, established neighborhoods, the episodes, apart from their standalone nature, collectively capture the complexity of the city's forms, its fluidity, and the constant transformation of its inhabitants.

**«Ekali - The Wall»**   
**Episode**: 14

With the key word, the concept, the structural construction of "wall" Yiannis Gaitanidis infiltrates Ekali. Starting from the fortified enclosures surrounding the mansions of Ekali, the documentary explores the unseen lives of the residents behind their intentional isolation. A series of confessions gradually reveals the connection between these external walls, the outskirts removed from the city center, and the internal walls imposed by the loneliness and isolation of each individual in their own home.  
  
The director chooses individuals as his subjects, men, women, or children, accompanied by their pets, which play a dominant role in their narratives. The protagonists confront their homes, their gardens, and the wide yet deserted streets of their neighborhood. Automatic rolling shutters, garage doors that open and close, references to locking and unlocking bedrooms before bedtime, sow fear within the storytelling. The fear of the "others," the invaders, and even those who lack the right connections to enter the tennis club.  
  
The direct correlation between the height of the Walls and the height of fear constantly resurfaces, illuminated each time by a new perspective.

Directed and written by: Yiannis Gaitanidis  
Artistic and scientific advisor: Stavros Stavridis  
Director of Photography: Dionysis Efthymiopoulos  
Editing: Nikos Vavouris  
Sound: Vasilis Gerodimos  
Mixing: Yiannis Skandamis / DNAlab  
Music and series titles: Konstantinidis Brothers  
Executive Producer: Eleni Kossyfidou

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Show | **WEBTV** **ERTflix** |

**04:00**  |  **Folk Songs (2022-2023)  (R)**     
  
**Production date:** 2022

A journey together with the excellent, hospitable hostess, Athina Kampakoglou and the great musician, composer and bouzouki virtuoso, Christos Nikolopoulos.  
  
The show of quality, authentic folk song welcomes old and young popular performers and protagonists of the artistic and cultural scene with unique Tributes to great creators and Themed Evenings.  
  
All of them together unfold old times with immortal, iconic songs that have made history and we have all hummed them and they have accompanied us in our personal, sweet or bitter moments.  
Athina Kampakoglou with her knowledge and experience, and Christos Nikolopoulos with his inexhaustible musical repertoire, accompanied by the excellent 10-piece orchestra, touch our hearts.

**«Tribute to Giannis Poulopoulos»**   
**Episode**: 3

Today's 'Folk Songs' is dedicated to an unsurpassed, great performer, composer and lyricist who, with his deep melodic voice and his amazing performances, left an indelible mark on the world of song and cinema. Giannis Poulopoulos.   
Journalist Athina Kampakoglou and composer Christos Nikolopoulos go on a musical journey... to the 'sensitive', romantic world of the unforgettable bard.

Presentation: Christos Nikolopoulos - Athena Kampakoglou  
Directed by: Christos Fasois  
Editor-in-Chief: Athena Kampakoglou  
Production Manager: Thodoris Chatzipanagiotis - Nina Dova  
Associate Producer: Fanis Synadinos  
Artistic Direction  
Column "Short Introduction": Kostas Balahoutis  
Sound Design: Nikitas Kontaratos  
Recording - Sound Mixing - Mastering: Vasilis Nikolopoulos  
Director of Photography: Giannis Lazaridis  
Editing: Dinos Tsiropoulos  
Assistant Editor-in-Chief: Kleio Arvanitidou  
Guest Coordinator: Dimitra Darda  
Archive Research - Visual Material: Kostas Lygdas  
Communication Manager: Sofia Kalantzi  
Journalistic Support: Jenny Ioannidou  
Assistant Director: Soretta Kapsomenou  
Assistant Production Manager: Nikos Triantafyllou  
Caregiver: George Lagadinopoulos  
Title Song: "Mia Yorti"  
Performed by: Giannis Kotsiras  
Music: Christos Nikolopoulos  
Lyrics: Kostas Balahoutis  
Set Design: Eleni Nanopoulou  
Costume Designer: Nikole Orlof  
Photos: Mahi Papageorgiou

**TV SCHEDULE  SUNDAY  07/09/23**

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| Documentary / Travel | **WEBTV** **ERTflix** |

**06:00**  |  **Sunday at the Village Again  (R)**     
  
SEASON 2   
  
**Production date:** 2022

"Sunday at the Village Again": a brand new take on the traditional show.  
The protagonist is still the “village”, the people who inhabit it, their lives, the way they reproduce their customs and traditions in their everyday life, everything they have achieved in time, and everything they dream of. The glorious moments but also the hard times, the manners and customs, the songs and the celebrations, the relationship with the natural environment, and the way that this affects the economy of the place and the souls of the inhabitants.  
The village is not just a romantic view of life, it is a living cell that adapts to new conditions. With imagination, ingenuity, a sense of humor, high aesthetics, emotion, and contemporary television language, we pin down and record the relationship of the old with the new, from yesterday to tomorrow and from one end of Greece to the other.

**«Agio Pnevma (Holy Spirit) of Serres»**   
**Episode**: 12

Sunday at the village again. In Agio Pnevma, Serres, the village of "now", one of the five “Darnakes” villages of the region. The journey starts from the artificial lake of Canberra , a special habitat high on the Menoikio mountain, where every summer music event, as well as other events take place. How did the village get its name, why are its inhabitants called "Darnakes", how do they live, what do they do and why do they declare themselves "lucky people"?  
What are the most important festivals of the region? All the answers at the Sunday feast, in the central square, amidst music and dances, in Agio Pnevma (Holy Spirit), literally and figuratively. Kostis visits the monastery of Prophet Elias, learns the Darnakika idiom and the history of "Panagi", and listens to the stories of the residents, who share with us memories and optimism. He meets the women of the village at the local Open Care Center for the Elderly, where they gather every Thursday and have a good time. And finally, at Sunday's big feast, we find out what "tsachpinokeftedes" are.

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| Documentary | **WEBTV** |

**07:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Rhodes»**   
**Episode**: 6

The destination of this episode is cosmopolitan Rhodes.  
On the Island of the Knights, Pantelis Sykofylos reveals some of the secrets of the production of sete erbe, a liqueur made from herbs that the Frankish monks used to make on the hill of Philerimos.  
Pharmacist Babis Efthymiadis shows how to make an effective insect repellent using essential oils, while Stamatis Michelarakis and Despina Karagianni share memories from the time when herbs were the only available remedies.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Religious / Church Service | **WEBTV** |

**08:00**  |  **Divine Liturgy**   
  
**Direct broadcast from the Cathedral of Athens**

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| Entertainment / Show | **WEBTV** |

**10:15**  |  **Within Attica  (R)**  

Come and discover - and rediscover - the first prefecture of the country. The most densely populated, yet perhaps the least mapped.  
  
Attica is Greece in miniature. It has mountains, it has sea, beaches, and islands. It has lakes and waterfalls, important archaeological sites, Byzantine monuments, and unusual museums. It has towns, picturesque villages, and settlements, architectural landmarks, forts, castles, and towers. It has vineyards, impressive caves, wetlands, and marshes, a national forest.  
  
It has everything we seek for a getaway - even for a two-day trip - and travel for hours away from the city to enjoy.  
  
The TV show "Within Attica" suggests getaways - where else? - within Attica.  
  
About 30 minutes from the center of Athens, there are places that create the feeling for the viewer-visitor that they are hours away from the city. Places that may be two steps away from their home or within a relatively short distance and they may not have realized they exist.  
  
Easily accessible and with a minimal economic cost, a decisive factor in times of crisis, for a stroll, to satisfy the need for a change of scenery.  
  
The episodes of the series, like puzzle pieces, form a mosaic through which well-known or hidden natural beauties of Attica are revealed.

**«Rafina»**

Most people arrive at its port to board one of the ships that will take them to the embrace of the Aegean Sea.  
Rafina, the northeastern gateway of Attica to the Aegean, may not appear so at first glance, but it holds great potential for visitors, offering compelling reasons to stay, even if only for a short while.

Presentation-Script-|Editor in chielf: Christos N.E. Iereidis.  
Directed by: Giorgos Gkavalos.  
Director of Photography: Konstantinos Mahairas.  
Opening Title Music: Lefteris Samson.  
Sound Recording-Editing: Andreas Kourelas.  
Production Manager: Anna Kourela.  
Production Execution: View Studio.

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| Documentary / Religion | **WEBTV** **ERTflix** |

**10:30**  |  **Lightful Paths  (R)**     
  
SEASON 4   
  
**Production date:** 2022

The documentary series “Lightful Paths” is a journey to the most important religious destinations in Greece and abroad.

**"The monasteries of Arta"**   
**Episode**: 7

In this episode of the "Lightful Paths", Eleni Biliali visits one of the most famous monasteries of Arta, the Holy Monastery of Our Lady Rovelista. It is called the "Lady" of mountainous Arta. It is located in the area of Velentzikos. The most precious relic of the monastery is the icon of Virgin Mary Rovelista. During the Greek struggle for independence, the monastery was used as a refuge and a stronghold for Karaiskakis and other fighters. The historic Monastery of Seltsos is another important destination. It is built on a steep, verdant slope of the mountain range of Tzoumerka. Only the church is preserved from the buildings of the old monastery. It was founded in 1697 and is dedicated to the Assumption of the Blessed Virgin Mary. The Monastery of Seltsos is a religious and historical monument.

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| Documentary / Lifestyle | **WEBTV** **ERTflix** |

**11:30**  |  **Νeighborhoods  (R)**  

A documentary series consisting of 14 episodes.  
  
Three young directors, Giannis Gaitanidis, Thomas Kias, and Persefoni Milios, conceive and present a personal mapping of urban life in Athens, showcasing its diversity and variations across different neighborhoods. Through the lens of spatial structures, anthropological compositions, social identities, and their own directorial perspective, they delve into a 14-episode documentary series.  
  
From the heart of traditional Athens to vibrant, established neighborhoods, the episodes, apart from their standalone nature, collectively capture the complexity of the city's forms, its fluidity, and the constant transformation of its inhabitants.

**«Ekali - The Wall»**   
**Episode**: 14

With the key word, the concept, the structural construction of "wall" Yiannis Gaitanidis infiltrates Ekali. Starting from the fortified enclosures surrounding the mansions of Ekali, the documentary explores the unseen lives of the residents behind their intentional isolation. A series of confessions gradually reveals the connection between these external walls, the outskirts removed from the city center, and the internal walls imposed by the loneliness and isolation of each individual in their own home.  
  
The director chooses individuals as his subjects, men, women, or children, accompanied by their pets, which play a dominant role in their narratives. The protagonists confront their homes, their gardens, and the wide yet deserted streets of their neighborhood. Automatic rolling shutters, garage doors that open and close, references to locking and unlocking bedrooms before bedtime, sow fear within the storytelling. The fear of the "others," the invaders, and even those who lack the right connections to enter the tennis club.  
  
The direct correlation between the height of the Walls and the height of fear constantly resurfaces, illuminated each time by a new perspective.

Directed and written by: Yiannis Gaitanidis  
Artistic and scientific advisor: Stavros Stavridis  
Director of Photography: Dionysis Efthymiopoulos  
Editing: Nikos Vavouris  
Sound: Vasilis Gerodimos  
Mixing: Yiannis Skandamis / DNAlab  
Music and series titles: Konstantinidis Brothers  
Executive Producer: Eleni Kossyfidou

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Music / Traditional | **WEBTV** **ERTflix** |

**13:00**  |  **Salt of the Earth  (R)**  

Series about the Greek music tradition.   
The aim is to record and promote to the audience the richness, variety, and expressiveness of our musical heritage, through the local musical idioms as well as its modern potential in the urban environment of the big city.

**«Panagiotis Plastiras. The art of the Greek clarinet»**   
**Episode**: 14

The show "Salt of the Earth" and Lampros Liavas welcome the great virtuoso of the folk clarinet, Panagiotis Plastiras. With origins from Angelokastro of Agrinio, he began by playing the flute and later switched to the Greek clarinet.

Host: Lambros Liavas

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**

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| Movies | **WEBTV** |

**16:00**  |  **Operation Apollo - Greek Movie**     
  
**Production date:** 1968  
**Duration**: 87'

Romantic musical comedy, produced in 1968.  
  
The German prince, Jan, comes to Greece for a vacation and is hosted on the yacht of a famous prima donna. One morning - despite the firm objections of his entourage - he takes a helicopter ride over Athens. At Mount Lycabettus, he spots a beautiful tour guide, Elena, and captivated by her radiant presence, he decides to meet her in person, pretending to be a simple tourist. While he enjoys the Greek antiquities as a member of Elena's group, his disappearance has mobilized the secret services and the ambassador of his country. However, until he is discovered, Jan and Elena have fallen in love and have experienced wonderful moments together. The prince is discontented when they find him and refuses to return to his duties, but Elena convinces him that it is better for them to part ways as they belong to two completely different and incompatible worlds.

Directed by: Giorgos Scalenakis.  
Screenplay: Yiannis Tziotis, Voldia Semitgio.  
Music: Yiannis Markopoulos, Vangelis Papathanasiou.  
Cinematography: Tony Forsberg.  
Set and Costume Design: Dionysis Fotopoulos.  
Choreography: Giorgos Emirzas.  
Starring: Elena Nathanael, Thomas Frits, Athenodoros Prousalis, Christos Tsaganas, Aris Malliagros, Giorgos Bartis, Yiannis Papadopoulos, Giorgos Messalas, Zannino, Eftychia Partheniadou, Kostas Papachristos, Takis Giokas.

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| Documentary / Culture | **WEBTV** **ERTflix** |

**17:30**  |  **The Great Tomorrow - Portraits of Tomorrow (2023)  (R)**     
  
**Production date:** 2023

After the six successful seasons of the series "The Great Tomorrow", Greek directors once again turn their lens towards the future of Hellenism, filming a different Greece, one of creation and innovation.  
Through the episodes of the series, young scientists, artists, entrepreneurs, and athletes are showcased, who innovate and create with their own abilities. The series highlights the unique characteristics and advantages of the new generation of our compatriots, those who will become tomorrow's champions in Sciences, Arts, Letters, and everywhere in society. All these young people, unknown to many or already known, face difficulties and temporary failures that do not discourage them. They may not have the ideal conditions to achieve their goal yet, but they have faith in themselves and their abilities. They know who they are, where they are going and pursue their vision with all their might. Through the new series of the Public Television, space is given to the expression of the talents and achievements of these young people. Their unique personality, creative ability, and unrelenting willingness to fulfill their dreams are showcased, utilizing their talents to the fullest and gradually gaining recognition from experts and the social community, both in Greece and abroad.

**«The story of a flaming peach»**   
**Episode**: 12

Petros Efstathiadis, photographer/visual artist from Liparo, Pella, guides us through the strange universe of his ephemeral, on-the-spot creations. His canvas, the village and materials, the humble objects of remains and throwaways. An interlude in an imaginary and symbolic world.

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| Documentary | **WEBTV** **ERTflix** |

**18:00**  |  **Years of Innocence  (R)**     
  
**Production date:** 2022

"Years of Innocence," produced by ERT3 in 2022.  
  
The series marks a return to sports memories that have sweetened the souls of our grandparents, fathers, and younger generations who have heard the stories or studied the photos of the great idols of earlier times. The series focuses on the years of football that produced players who emerged from a landscape that was completely different from that of recent years. Today, when the era of "prosperity" has passed, looking at those personalities who excelled in conditions of extreme poverty, hunger, fear, and the weight of history is the most fascinating model for today's young people. If they succeeded during those years, why can't we? The series chooses human stories, with the great idols, mythical teams, and great or obscure successes of Greek football, from the 1920s to 1980, the year that marked the completion of the first professional championship and the first qualification of the Greek National Team in the finals of a major European competition.  
In brief, through football, we focus on a real Greece that inspired us, that was lost, and that we want to find again so that it can inspire us once more, amidst such a bleak situation.

**"Barlos' AEK (1974-1979)"**   
**Episode**: 6

In the club’s entire history, the 1970s composition of the AEK team, presided by Loukas Barlos, was by far the one that stirred up the most powerful emotions, both for its fans and its players.   
We focus on a highly exciting period that is full of spectacle, love, beauty and passion.

Host: Konstantinos Kamaras  
Director-script-texts: Elias Giannakakis  
Narration: Konstantinos Kamaras  
Production organization: Vasilis Kotronaros  
Director of photography: Dimitris Kordelas  
Original title and episode music: Giannis Diskos  
Editing: Dimitris Tsiokos  
Sound engineer: Alexandros Sakellariou

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| Sports / Track and Field | **WEBTV** |

**19:00**  |  **Panhellenic Athletics Championship - Volos 2023**   
  
**Production date:** 2023   
**«Day 2»**

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: Apostolos Mangiriadis

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| Movies | **WEBTV** |

**22:00**  |  **Poor Bums (Greek Movie)**     
  
**Production date:** 1961  
**Duration**: 84'

Adaptation of the theatrical comedy "Glove and Sardine" by Nikos Tsiforos.

Directed and written by: Orestis Laskos  
Cinematography: Aristidis Karydis-Fouks  
Music by: Mimis Plessas  
Song by: Kostas Hatzis  
Starring: Mimis Fotopoulos, Nikos Stavridis, Beata Asimakopoulou, Smaroula Giouli, Giannis Gkionakis, Erricos Briolas, Eleni Chalkousi, Christos Tsaganias, Nitsa Tsaganias, Zoe Fytousi, Thanasis Tzeneralis  
Duration: 85'

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| Documentary / Traditions | **WEBTV** **ERTflix** |

**23:30**  |  **Meet the Craftsmen  (R)**     
  
**Production date:** 2022

A series of 12 original half-hour documentaries, presenting traditional arts and techniques in the 21st century, filmed in various parts of Greece. The young protagonist Christos Zacharof travels from Corfu and Paramythia to Lesvos and Patmos, Geraki, Laconia and Lagkadia, Arcadia, to Alexandroupoli and the villages in the Rhodope mountains, places where economically viable traditional professions are still practiced, most of which are included in the UNESCO list of intangible cultural heritage.  
Christos attempts to learn the secrets of marble craftsmanship, wooden shipbuilding, silversmithing, or knitting in the places where they are practiced, working alongside the craftsmen. Along with Christos, the viewer of the documentary also experiences the struggle, difficulties, and peculiarities of each art!

**«Traditional Blacksmithing in Thrace»**   
**Episode**: 9

Until very recent years, blacksmithing was a particularly flourishing art in Thrace, as it was oriented toward farmers and land workers. In Sapes of Rhodope, for example, there were around 30 smithies until the beginning of the 21st century. In the new episode of Meet the Craftsmen, Christos meets a family of Muslim blacksmiths in Sapes, who continue to work in the traditional way, offering a precious panorama of their art. At the same time, he meets in Alexandroupoli a modern blacksmith, a fan of inventiveness, recycling and patent, who impresses with his works. Together with Christos, the viewer will see the potential of a long tradition that many consider obsolete due to machines, but also the new economic prospects that the art of iron can offer to those who love and work with it.

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| Documentary | **WEBTV** **ERTflix** |

**00:00**  |  **Routes of the Greek Diaspora (New Episode)**  

An ERT documentary series about the Greek expats community in the United States.  
The "Traveling" doc series team - journalist Maya Tsoclis and director Chronis Pechlivanidis - go on the road around the world, following the routes of the Greek Diaspora.   
With a tender and objective gaze, they register contemporary Hellenism and meet representatives of the Greek community who recount essential chapters of contemporary Greek history through their personal, family narratives.  
The series "Routes of the Greek Diaspora" and its creators aspire to give viewers a clear picture of both the history and the great currents of mass immigration that led hundreds of thousands of Greeks to America, highlighting the great significance of the Greek Diaspora communities for Hellenism. Several uniquely different people gift their precious stories to the series. Some represent the old world, moving us and making us smile, while others open windows to the future, breaking down timeless stereotypes.  
The historical advisor of the series is the prolific Alexander Kitroeff, a specialist in Greek Diaspora issues.

**«New York» Part 3 (final) [With English subtitles]**   
**Episode**: 10

New York City has a long history closely intertwined with immigration. It is often referred to as the "gateway to America" since millions of immigrants arrived in the United States through its ports.

Host: Maya Tsoclis  
Screenplay, presentation: Maya Tsoclis  
Historical Consultant: Alexandrer Kitroeff  
Head Writing/Research: Ioanna Fotiadou, Maya Tsoclis  
Original Music: Nikos Portokaloglou  
Direction/Cinematography: Chronis Pechlivanidis  
Editing: Stavros Symeonidis, Nathanael Nathanaeloglou, Giannis Daridis, Argyris Konstantinidis  
Production Company: Onos Productions

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| Movies | **WEBTV** **ERTflix** |

**01:00**  |  **The Lost Treasure of Hurshid Pasha - Greek Cinema**     
  
**Production date:** 1995  
**Duration**: 79'

Greek Fiction Film | Comedy  
  
On January 29, 1993, eighty convicts escaped from Korydallos prisons. It all begins when Vassilis, escaping to meet his beloved in Amaliada, forgets the prison door open.

Directed by: Stavros Tsiolis  
Starring "The Fugitives": Makis Kontizas, Mitsos Karamitzos, Argyris Bakirtzis, Haris Michalogiannakis, Petros Kalogeropoulos, Dimos Kampotiatis, Yiorgis Panagiotarakos, Alekos Varanakis, Panagiotis Marmatzakos, Takis Moschos, Takis Pantavos  
Alongside them, the women: Lina Kossifidou, Valentina Papadimitrakaki, Anna Tsoukala, Maria Pampouki, Vasa Stagopoulou, Katerina Tsioli, Lula Mavroidi  
The Generals: Michalis Giannatos, Yiannis Kaltzidis  
The folk musicians: Kostas Bekos, Dimitris Bekos, Thanasis Halilopoulos, Elias Saleas, Nikos Bekos, Panagiotis Marmatzakos  
Screenplay: Stavros Tsiolis, Christos Vakalopoulos  
Collaboration with: Giorgos Tziotzios  
Production: Christos Strikos, Yiorgis Panagiotarakos, Haris Michalogiannakis  
Production Manager: Dora Masklavanou  
Sound: Marinos Athanasopoulos  
Sound Composition: Kostas Varybombiotis  
Editing: Kostas Iordanidis  
Cinematography: Vasilis Kapsouris

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| Documentary | **WEBTV** |

**02:30**  |  **Νeighborhoods  (R)**  

Series of half-hour documentaries on various neighborhoods of Athens.  
  
Each neighborhood corresponds to an architectural concept-word that characterizes it both physically and socially. This word serves as a guide in the perspective, the selection of characters, and the elements of each neighborhood's portrait.  
  
Exarcheia of challenge, Kolonaki of aristocracy, Omonia of the marginalized, Kypseli of immigrants, Kaisariani of refugees, Kifissia of decentralization, Aspropyrgos of the industrial zone, Paleo Faliro of memory, Akadimia Platonos of glorious past, Ekali of the elite, Ilion of denial, Perama of shipyards, Olympic Village of youthful dominance, Gerakas of anarchic development.  
  
Historical and new neighborhoods of Athens reveal their true nature through a conceptual game with the words that architecturally and sociologically characterize them, the people who inhabit them, and the position they claim in the new cultural map of a city that stubbornly refuses to acquire a specific identity, constantly balancing between its heavy past, transient present, and uncertain future.  
  
Three young directors - each with their own perspective - discover the keyword of each neighborhood, overturn their apparent dynamics, renegotiate the image bestowed upon them by "urban myths," and unlock what lies behind the captivating everyday life of its inhabitants, thus completing the re-mapping of a familiar "unknown" city in the most transparent manner.

**«Omonia - The Passages»**   
**Episode**: 1

"Νeighborhoods", a series of half-hour documentaries dedicated to the personal decodings of Athens' metropolis, make a stop at Omonia. With the keyword, the concept, the space of 'Passages', director Giannis Gaitanidis maps the decades-long 'El Dorado' of once internal migrants and now the multicultural population.  
Structured upon a labyrinthine network of covered passages, the architectural structure of Omonia imposes a trajectory where plunges into darkness alternate with resurfacing into the city and light. The narration follows this natural path carved by space. In commercial passages, in the underground of the electric railway and the Metro, in permeable passages or dead-ends, in the shelters of the marginalized or bustling oriental bazaars, the heroes of the documentary are sought and located.  
The elderly lottery ticket seller of the underground station, the Albanian guardian of a ghostly building, the pawnbroker, a café, a monument of past grandeur, the blind pianist guide us through the visible or invisible passages of this emblematic place.

Director: Giannis Gaitanidis  
Screenplay: Natassa Segkou

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Music / Traditional | **WEBTV** **ERTflix** |

**04:00**  |  **Salt of the Earth  (R)**  

Series about the Greek music tradition.   
The aim is to record and promote to the audience the richness, variety, and expressiveness of our musical heritage, through the local musical idioms as well as its modern potential in the urban environment of the big city.

**«Panagiotis Plastiras. The art of the Greek clarinet»**   
**Episode**: 14

The show "Salt of the Earth" and Lampros Liavas welcome the great virtuoso of the folk clarinet, Panagiotis Plastiras. With origins from Angelokastro of Agrinio, he began by playing the flute and later switched to the Greek clarinet.

Host: Lambros Liavas

**TV SCHEDULE  MONDAY  07/10/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Stavroula Christofilea  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Christos Vergados, Santorini cherry tomatoes, singlino from Mani, Peaches from Naoussa»**   
**Episode**: 6

Greek PDO and PGI products are unique; they are the best ingredients in the hands of a talented chef such as Andreas Lagos. With great enthusiasm and his original recipes at hand, he storms the kitchen and tantalizes our appetites! A “sweet” help will assist him with the menu of the day. Invited at the set of “Cooking with PDO Products” is the talented pastry chef, Christos Vergados, who will take on the role of sous-chef not only in pastry making, but also in cooking, with great pleasure! The kitchen heats up and the pots are on fire! The menu includes: Skioufichta pasta with tomatoes from Santorini and dry anthotyros cheese, Greek carbonara with singlino from Mani and baked rice pudding with roasted peaches from Naoussa. Delicious recipes with the best ingredients!

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 6

Dimitris can’t come to terms with the fact that Katerina only has six months left to live. Katerina suggests they get married and Loukia urges him to accept so that he can become the beneficiary of her life insurance and they can get rich. Katerina fantasizes about Alexandros, but she is embarrassed to tell him and he is afraid that her condition is getting worse. Katerina convinces Rosalia to tell her family about Iakovos and to arrange the wedding since she will cover all the expenses. She also offers to cover the expenses for Vlassis' studies, who has convinced her that he wants to go back to university and graduate - he is lying, of course. Finally, Alexandros decides to leave for Switzerland.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Andriana Paraskevopoulou

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| Entertainment / Game Show | **WEBTV** **ERTflix** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Papingo»**   
**Episode**: 1

SELFIE visits Papingo in the picturesque Zagori villages!

Presentation-Direction: Panagiotis Kountouras

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| Entertainment / Show | **WEBTV** **ERTflix** |

**17:00**  |  **Moms (New Episode)**     
  
SEASON 5   
  
**Production date:** 2023

"Moms" with host Jenny Theona, continue to convey stories through the journey of motherhood that captivate, move, and inspire us..

**«Andriana Paraskevopoulou, Nikoletta Ralli, Dimitris Gerodimos»**   
**Episode**: 12

Jenny Theona is joined by Andrianna Paraskevopoulou. ERT journalist talks about her two sons and reveals how much she misses them now that they have left home for their studies. Psychiatrist Dimitris Papadimitriadis talks about the great difficulty faced by parents who decide to get a divorce and about the most appropriate age for children to be able to accept this big change. Nikoletta Ralli talks about her daughter and the difficulties she had to face after her birth. Actor Dimitris Gerodimos also talks about the greatest gift he has been given in life, which is none other than his beloved daughter.

Host: Jenny Theona

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| Movies | **WEBTV** |

**18:00**  |  **One Street Organ, One Life (Greek Cinema)**     
  
**Production date:** 1958  
**Duration**: 73'

Social-drama film, produced in 1958.  
  
A laterna (Greek barrel piano) player loses his wife due to complications during childbirth. Devastated by the event, he refuses to raise their child and gives it to another family to raise. The girl grows up in comfort, and her true father feels ashamed to meet her, until she falls in love with a poor musician and her adoptive parents refuse to accept their bond. Only her biological father will help her, sacrificing his lantern and his health, so that the two young lovers can live their love.

Director: Sokrates Kapsaskis  
Writer: Yorgos Tzavellas  
Cinematography: Grigoris Danalis  
Music: Manos Hatzidakis  
Cast: Orestis Makris, Jenny Karezi, Petros Fyssoun, Dinos Iliopoulos, Nikos Fermas,Thanos Tzeneralis, Lavrentis Dianellos, Rallis Angelidis, Nitsa Tsaganea, Kostas Fyssoun, Antigoni Koukouli, Lakis Skellas, Nitsa Pappa, Nia Leivada.

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Makrynitsa- Hypericum perforatum»**   
**Episode**: 8

This time, the destination of the show is Makrynitsa, the gateway to Mount Pelion. Spiros Manos guides us through the nature surrounding the village and talks about the best healing remedy of folk medicine, balsam or hypericum.  
  
At the Environmental Information Center of Makrynitsa, the director, Evripidis Koltsidopoulos, describes the educational activities carried out by the Center, targeting students from all over Greece, while Angelos Papaioannou, explains poetically the role that herbs play in our lives.  
  
Furthermore, an elderly couple shares their memories with us from a time when recycling was a survival necessity for people due to limited resources.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Arts - Literature | **WEBTV** **ERTflix** |

**20:00**  |  **Dance Time  (R)**     
  
**Production date:** 2022

What does it feel like to dance?   
In what way does dancing set you free?   
And what is it that makes someone dedicate one’s life to the Art of Dance?   
  
From street dance and tango to classical and contemporary dance, the documentary series "Dance Time" seeks to portray dancers, teachers and choreographers from different dance genres and to illustrate the passion, teamwork, pain, hard work, discipline and joy that each of them experiences.   
  
The documentary series "Dance Time" is the first documentary series on ERT dedicated exclusively to dance.   
  
A series brimful of music, movement and rhythm.   
  
An idea put forth by Nicole Alexandropoulou, who also writes the script and directs the documentary, which will spur us to get on our feet and dance.

**«Lindy Hop - 2nd part: Jessica Miltenberger, Bobby White» [With English subtitles]**   
**Episode**: 11

Jessica Miltenberger and Bobby White dance against the backdrop of New York and through the story of Lindy Hop they talk about their own encounter, which resulted in a lifelong relationship.   
  
Along with Brandon Barker and Rafał Pustelny, they explain what makes the feeling of community among swing dancers so strong, while welcoming us to one of the famous parties that New Yorkers flock to, to have fun and get to know each other.   
  
Meanwhile, the dancers reveal their deep thoughts to Nicole Alexandropoulou, who is behind the lens.

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: George Kouvaras

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«Odd or even, we win»**   
**Episode**: 11

The big moment has come! Angelos is fired and a business proposal gets him thinking... The change in traffic regulations, with odd and even days for car plates, worries all the protagonists and Antonis decides to conduct a survey about the issue. The professional pressures, the smog and the constant changes bring nightmares to Stelios, as well as Angelos, who decides to exorcise it all with a party...

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«The House in Petralona»**   
**Episode**: 1

The visits of Tasos’ mother, the exuberant and benevolent, save meddler, Alexandra from Serres, were never characterized by simplicity and etiquette. And this time will be no exception. Her ingenious plans range from important medical exams, a check-up of the course of her son’s marriage, supplying the family with bountiful local PDO delicacies from her hometown, to matchmaking restless Paris with the inexperienced and shy Christina. Her plans get complicated and are partially suspended by the arrival of the maître Chef Andreas Lagos, who does not simply come to taste Evanthia’s specialties, but, also, carrying a “bombshell” proposal that will shake the foundations of a marriage!

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:10**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«You ask of me to say» [With English subtitles]**   
**Episode**: 1

Foivos Delivorias is a 45-year-old songwriter who has not been doing too well lately. He hasn't had a hit for several years, and when his children's song “To Krokodilaki” (The Little Crocodile) becomes an unexpected sensation, it rather makes for an embarrassment rather than a joy. He's the divorced father of a 10-year-old girl and his ex-wife is living with a very successful lawyer, who is his opposite in everything. For all these years, Foivos’ dream has been the revival of the “Mantra”, the legendary variety show by songwriter Attik. And while he is certain he is never going to succeed, his luck turns with the appearance of Sakkaris (Giannis Bezos), the legendary folk theater entrepreneur, who shares his vision of a production with alternating performances. They scout for new talent, and as a result find themselves with a group that consists of real “class acts”: the multi-talented but crazy Thanasis Alevras, the misanthropic stand-up comedian Charis Gammatos, the fierce burlesque dancer Kirby, the waiter-singer Danai and the mute magician Alex. Together, along with the staff of “Nea Mantra”, as well as two crazy barbers who run a barber shop next door (Spyros Grammenos - Jerome Kaluta) they all set out on an adventure of live performances with famous guests every week. Will they make it?

Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Documentary | **WEBTV** |

**01:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Kos»**   
**Episode**: 7

In this episode, we visit the island of Kos, the birthplace of Hippocrates.  
Professor Stefanos Geroulanos, the President of the International Hippocrates Foundation, talks about the advanced medical knowledge of the ancient Greeks and their ability to perform successful cranial trepanation surgeries.  
Theodore Diakogiannis, a researcher of Hippocrates texts, guides us through the Asklepion of Kos, while Argyro Katsili shows us how anyone can have all the necessary herbs for everyday use on their balcony.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Arts - Literature | **WEBTV** **ERTflix** |

**02:00**  |  **Dance Time  (R)**     
  
**Production date:** 2022

What does it feel like to dance?   
In what way does dancing set you free?   
And what is it that makes someone dedicate one’s life to the Art of Dance?   
  
From street dance and tango to classical and contemporary dance, the documentary series "Dance Time" seeks to portray dancers, teachers and choreographers from different dance genres and to illustrate the passion, teamwork, pain, hard work, discipline and joy that each of them experiences.   
  
The documentary series "Dance Time" is the first documentary series on ERT dedicated exclusively to dance.   
  
A series brimful of music, movement and rhythm.   
  
An idea put forth by Nicole Alexandropoulou, who also writes the script and directs the documentary, which will spur us to get on our feet and dance.

**«Lindy Hop - 2nd part: Jessica Miltenberger, Bobby White» [With English subtitles]**   
**Episode**: 11

Jessica Miltenberger and Bobby White dance against the backdrop of New York and through the story of Lindy Hop they talk about their own encounter, which resulted in a lifelong relationship.   
  
Along with Brandon Barker and Rafał Pustelny, they explain what makes the feeling of community among swing dancers so strong, while welcoming us to one of the famous parties that New Yorkers flock to, to have fun and get to know each other.   
  
Meanwhile, the dancers reveal their deep thoughts to Nicole Alexandropoulou, who is behind the lens.

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**[With English subtitles]**   
**Episode**: 1

Nikolas is the beloved philologist in a backwater high school. A violent robbery in a neighboring house creates tension in his already strenuous relationship with his wife and daughter. The officer in charge of investigating this series of robberies insists on this case. At school, the parents of two delinquent teenagers ask for his removal, trying to alleviate the pressure on their sons due to their abuse of one of their classmates. Nikolas seems ready to face any of these situations. But what will be the big mistake he will make?

The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«The House in Petralona»**   
**Episode**: 1

The visits of Tasos’ mother, the exuberant and benevolent, save meddler, Alexandra from Serres, were never characterized by simplicity and etiquette. And this time will be no exception. Her ingenious plans range from important medical exams, a check-up of the course of her son’s marriage, supplying the family with bountiful local PDO delicacies from her hometown, to matchmaking restless Paris with the inexperienced and shy Christina. Her plans get complicated and are partially suspended by the arrival of the maître Chef Andreas Lagos, who does not simply come to taste Evanthia’s specialties, but, also, carrying a “bombshell” proposal that will shake the foundations of a marriage!

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**TV SCHEDULE  TUESDAY  07/11/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Stavroula Christofilea  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Makis Pounentis, Lountza from Pitsilia, Greek mussels, Tragana cherries from Rodochori»**   
**Episode**: 7

Equipped with excellent PDO and PGI products, our talented Chef, Andreas Lagos, prepares a new, exciting journey to the world of taste! He welcomes popular presenter and radio producer, Makis Pounentis, and together they start cooking with a lot of gusto and pleasant surprises! The cooking utensils are in place and creation begins!!! The menu includes: lountza from Pitsilia with scrambled eggs (strapatsada), Greek mussels with sweet trachana, and chocolate trunk with Tragana cherries from Rodochori. Original and delicious recipes with the best products of our land!

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 7

The two grooms, Dimitris and Iakovos, are welcomed at the house and the preparations begin. One of Katerina’s old clients asks for her help in filing a report against her doctor, who had given her only three months to live due to a misdiagnosis. Katerina asks Alexandros to sign the report but he refuses. Katerina feels betrayed and in return, she gives him the silent treatment. She decides to go on a TV show and report the doctor herself. Alexandros finds out that the prospective buyer of the clinic’s two floors is an old fellow student of his, with whom he always had a rivalry, and that Natasha gave money to his father for the clinic behind his back, thus gaining a shareholder position.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Andriana Paraskevopoulou

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| Entertainment / Game Show | **WEBTV** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Konitsa»**   
**Episode**: 2

In the second episode of the fourth season, SELFIE visits Konitsa!

Presentation-Direction: Panagiotis Kountouras

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| Documentary / Travel | **WEBTV** **ERTflix** |

**17:00**  |  **Street Art  (R)**     
  
SEASON 2   
  
**Production date:** 2022

The travel documentary series, "Street Art" is preparing this year for even more exciting journeys, giving a liberating boost to the philosophy of Art that is created in the street and which belongs there. In the new episodes, Stathis Tsavalias, also known as, Insane51, one of the most famous and influential mural artists in the world, invites us to get to know his special art and to follow him to the most beautiful parts of Greece. Insane51 has stood out for its unique, photorealistic technique, which mixes the third dimension with street art, creating unique visual effects, which are revealed through the use of 3D glasses or special lighting. New murals are unveiled in the most urban areas of each city that "Street Art" will visit. The journey of Insane51 will become our journey throughout Greece with the camera recording, in addition to the places and people he gets to know, the creation of a unique mural from beginning to end.

**«Prespes»**   
**Episode**: 7

"STREET ART" arrives at the magical Prespes with its motorbike and spray cans. The street artist, Insane51 (Stathis Tsavalias), prepares for the first time in the region a graffiti on the wall of a sports center of the villages around the lake. Along with Insane51, winter arrives and spray cans and snow set up the ultimate backdrop to each story, always with a view of the Prespes. There, Stathis meets up with old friends, tastes local recipes and parks his motorbike to get on the boats that take him to all the sites of the lake. He goes for a walk to the hermitages to see the rock paintings, to the tripoint and to Agios Achillios with the dwarf cows. This and much more are in store for you in the episode of "STREET ART" in Prespes. Of course, at the end of it, we will see the completed 3D mural by Insane51, inspired by the Prespes. Join us and discover the magic that the lakes hide beneath the white layer of the snow.

Host: Stathis Tsavalias  
Direction: Alexandros Skouras  
Production coordinator - Manager: Dionisis Zizilas  
Editor-in-chief: Katina Zanni  
Script: George Tsokanos  
Direction of Photography: Mihalis Dimitriou   
Sound Recording: Simos Manos Lazaridis  
Editing: Alexandros Skouras  
Art Direction: George Tsokanos  
Graphics: Christos Ellinas

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| Movies | **WEBTV** |

**18:00**  |  **The Boy of the Market (Greek Movie)**     
  
**Production date:** 1961  
**Duration**: 84'

An unemployed man, who leans towards endless amusement, mooches off his uncle financially in order to satisfy his desires.

Cast: Kostas Hatzihristos, Takis Christoforidis, Nikos Fermas, Stefanos Stratigos, Periklis Christoforidis, Stella Stratigou, Dolly Flisko, Popi Meggoula, Nota Parousi, Katerina Gogou, Liana Orfanou, Athena Tzimouli, Stavros Paravas, Giorgos Loukakis, Kostas Mentis, Kostas Bozonis, Yiannis Gkionakis.  
Screenplay: Lakis Michailidis  
Cinematography: Dimitris Karambelas  
Music: Lykourgos Markeas  
Direction: Apostolos Tegopoulos, Kostas Hatzihristos

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Pelion»**   
**Episode**: 9

In this episode, we visit Pelion, where we meet Mr. Apostolis Simos, who learned the art from his father and collects herbs from the mountain slopes to trade them.  
In Argalasti, a pioneering couple of ecologists, Philippos Fountis and Paola Mayer, talk to us about their initiative to create organic cultivation of aromatic herbs.  
Finally, in Zagori, we meet Kostas Roussis, who managed to capture an entire era with his photographic lens.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Entertainment / Show | **WEBTV** **ERTflix** |

**20:00**  |  **Tales for Tails (New Episode)**     
  
SEASON 4   
  
**Production date:** 2023

This is the fourth season of episodes of the TV show on (ERT) that highlights the meaningful connection between animal welfare and compassion.   
"Tales for Tails" is a weekly one-hour program curated and presented by journalist Tasoula Eptakoili. The show narrates stories of animals and people, revealing unknown information about the fascinating world of animals through specials, reports, and interviews.  
Cats and dogs, horses and parrots, bears and foxes, donkeys and turtles, migratory birds, and marine mammals pass in front of the camera of director Panagiotis Kountouras and become the protagonists of the show.  
In each episode, people who offer protection and care to animals, from the unknown volunteers of animal welfare organizations to very famous people from various fields (arts, letters, politics, science), talk about their special relationship with the quadrupeds and unfold the emotions that this coexistence provokes.  
Every story is different, but they all have something in common: the search for the essence of animal welfare and compassion.  
In addition, the show's special collaborators provide us with simple but practical and useful tips on how to take care of our animal friends.

**«Samos, Manolis Pyrgiotis, Samos Animal Welfare Association»**   
**Episode**: 12

We travel to the eastern Aegean. We go to Samos, honoring the memory of Alki Zei, since the year 2023 has been declared the Literary Year of Alki Zei, on the occasion of the 100th anniversary of her birth. Manolis Pyrgiotis, director of the Public Central Historic Library of Samos, speaks on the show about the invaluable legacy of Alki Zei, who has made many generations get to know and maybe even come to love Samos, through the "Kaplani of the Showcase". We visit the primary school of Kokkari, together with the volunteers of the Samos Animal Welfare Association and learn a valuable lesson of love for animals. We talk to children about animals, we get to hear their own stories and their own questions. We talk with teachers about how important it is for animal welfare to finally become part of educational practice. Lastly, Argyro Sarantou and Natalia Kalomiri talk about everything concerning the busy association that, since 2017, has offered a second chance and a happy life to hundreds of strays.

Presentation - Editor-in-chief: Tasoula Eptakoili  
Director: Panagiotis Kountouras  
Journalistic Research: Tasoula Eptakoili, Sakis Ioannidis, Eleftheria Kyrimi  
Screenplay: Nikos Aktypis  
Cinematography: Sakis Youbasis  
Music: Dimitris Maramis  
Title Design: designpark  
Production Organization: Vaso Patroumba  
Production Design: Eleni Afentaki  
Production Execution: Konstantinos G. Ganotis / Rhodium Productions  
Special Collaborators: Elena Dede, lawyer, founder of Dogs' Voice  
Christos Karagiannis, veterinarian specializing in animal behavior  
Stefanos Batsas, veterinarian

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: George Kouvaras

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«The first test-tube baby»**   
**Episode**: 12

Anna's appearance at the party leaves Angelos stunned and confused! The first IVF “test-tube” baby is born in Greece and more and more people will encourage Giannis and Toula to consider this option! Nana and Dimitris can't ignore Noni's strange habits, while Elpida begins to suspect that she may be the object of an unexpected courtship!

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Rena»**   
**Episode**: 2

Tonight, two favourite “dishes” are served: the special flavours of Italian cuisine and the favoured duet of the best man and woman, who have been best friends since their distant college days. The mushrooms barely had the time to brown and the pasta wasn’t even al dente, when everything went south after the best woman barged in, off the rails, saying the same old line “that’s it-I’m getting a divorce”. The initial shock and awe in the family will naturally be followed –due to contradictions– by well-founded doubts and serious reservations, as everyone is aware that quirky Rena is kind of a fruitcake. Is she for real? And if so, what was the thing that turned a mellow, lovesick little man into a bloodthirsty cannibal overnight?

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«Carte blanche» [With English subtitles]**   
**Episode**: 2

Natassa Bofiliou is Fivos' first guest at the “New Mantra”. Jonathan, however, has serious objections, which are withdrawn when Fivos promises to write “To Krokodilaki No 2” (The Little Crocodile No 2). But everything up to the premiere they long for goes wrong: Fivos cannot find anything in common with Danai, as far as music is concerned, Thanasis becomes obsessed with internet gambling and believes that Bofiliou is bringing him... bad luck and Nontas - an ex of Kirby - arranges a fight with Jerome for her on the night of the premiere. But things get really worrying when Natassa, due to a tweet of hers, finds herself in... prison. Is the premiere going to happen? And how will Panos Mouzourakis, Fay Skorda, Panos Sourounis, Disney and... Karl Marx contribute to it?

Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Documentary | **WEBTV** |

**01:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Makrynitsa- Hypericum perforatum»**   
**Episode**: 8

This time, the destination of the show is Makrynitsa, the gateway to Mount Pelion. Spiros Manos guides us through the nature surrounding the village and talks about the best healing remedy of folk medicine, balsam or hypericum.  
  
At the Environmental Information Center of Makrynitsa, the director, Evripidis Koltsidopoulos, describes the educational activities carried out by the Center, targeting students from all over Greece, while Angelos Papaioannou, explains poetically the role that herbs play in our lives.  
  
Furthermore, an elderly couple shares their memories with us from a time when recycling was a survival necessity for people due to limited resources.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Travel | **WEBTV** **ERTflix** |

**02:00**  |  **Street Art  (R)**     
  
SEASON 2   
  
**Production date:** 2022

The travel documentary series, "Street Art" is preparing this year for even more exciting journeys, giving a liberating boost to the philosophy of Art that is created in the street and which belongs there. In the new episodes, Stathis Tsavalias, also known as, Insane51, one of the most famous and influential mural artists in the world, invites us to get to know his special art and to follow him to the most beautiful parts of Greece. Insane51 has stood out for its unique, photorealistic technique, which mixes the third dimension with street art, creating unique visual effects, which are revealed through the use of 3D glasses or special lighting. New murals are unveiled in the most urban areas of each city that "Street Art" will visit. The journey of Insane51 will become our journey throughout Greece with the camera recording, in addition to the places and people he gets to know, the creation of a unique mural from beginning to end.

**«Prespes»**   
**Episode**: 7

"STREET ART" arrives at the magical Prespes with its motorbike and spray cans. The street artist, Insane51 (Stathis Tsavalias), prepares for the first time in the region a graffiti on the wall of a sports center of the villages around the lake. Along with Insane51, winter arrives and spray cans and snow set up the ultimate backdrop to each story, always with a view of the Prespes. There, Stathis meets up with old friends, tastes local recipes and parks his motorbike to get on the boats that take him to all the sites of the lake. He goes for a walk to the hermitages to see the rock paintings, to the tripoint and to Agios Achillios with the dwarf cows. This and much more are in store for you in the episode of "STREET ART" in Prespes. Of course, at the end of it, we will see the completed 3D mural by Insane51, inspired by the Prespes. Join us and discover the magic that the lakes hide beneath the white layer of the snow.

Host: Stathis Tsavalias  
Direction: Alexandros Skouras  
Production coordinator - Manager: Dionisis Zizilas  
Editor-in-chief: Katina Zanni  
Script: George Tsokanos  
Direction of Photography: Mihalis Dimitriou   
Sound Recording: Simos Manos Lazaridis  
Editing: Alexandros Skouras  
Art Direction: George Tsokanos  
Graphics: Christos Ellinas

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**[With English subtitles]**   
**Episode**: 2

Nikolas has slept with the mother of a beloved student of his. Or at least he thinks so before he learns that this student's parents have been killed long ago in a car accident. Full of guilt, and confusion about the identity of the woman with whom he cheated on his wife for the first time, Nikolas decides to keep it quiet and hide the truth from everyone. But there won’t be time for the secret to torment him for long, because evil already lurks and has targeted his wife and daughter.

The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Rena»**   
**Episode**: 2

Tonight, two favourite “dishes” are served: the special flavours of Italian cuisine and the favoured duet of the best man and woman, who have been best friends since their distant college days. The mushrooms barely had the time to brown and the pasta wasn’t even al dente, when everything went south after the best woman barged in, off the rails, saying the same old line “that’s it-I’m getting a divorce”. The initial shock and awe in the family will naturally be followed –due to contradictions– by well-founded doubts and serious reservations, as everyone is aware that quirky Rena is kind of a fruitcake. Is she for real? And if so, what was the thing that turned a mellow, lovesick little man into a bloodthirsty cannibal overnight?

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**TV SCHEDULE  WEDNESDAY  07/12/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Stavroula Christofilea  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Apostolia Zoi, Vanilies (white beans) from Feneos, pecorino from Amfilochia, Menalo vanilla fir honey»**   
**Episode**: 8

All set and equipped with excellent PDO and PGI products, our amazing Chef Andreas Lagos is ready to perform his kitchen magic in “POP cooking”!   
  
He welcomes famous singer Apostolia Zoi and they get down to cooking with music! Proving to be a capable “assistant”, Apostolia will do her chef justice!   
  
The menu includes: Vanilla Beans from Feneos with smoked paprika and grilled sea bass, bread with pesto, Pecorino from Amfilochia and basil, and honey bread with Menalo Vanilla fir tree honey. The best products of Greece on our plate!

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 8

Katerina and her patient go to the Medical Association to file a report and Antonis undertakes the case. Louisa, the secretary of the Health Centre, can’t find the file of Aimilia Chatzi anywhere, and therefore goes to the clinic to ask Alexandros. Incidentally, she gives him Katerina’s file, which had remained at the Health Centre. Alexandros realizes that he mixed up the files and searches for Aimilia Chatzi in order to inform her. Meanwhile, the evaluation committee for Alexandros’ grant requires him to provide a clean medical record and Alexandros pledges that he never had any problem with a patient. Markella changes the course of her relationship with Petros. From now on, no more jealousy. Finally, Katerina tells Antonis the truth about her illness.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Andriana Paraskevopoulou

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| Entertainment / Game Show | **WEBTV** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Metsovo»**   
**Episode**: 3

In the third episode of the fourth season, "Selfie" visits Metsovo!

Presentation-Direction: Panagiotis Kountouras

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| News / Show | **WEBTV** **ERTflix** |

**17:00**  |  **Agroweek (New Episode)**     
  
SEASON 3   
  
**Production date:** 2018

Weekly daily broadcast, produced by ERT3. Topics of agriculture and rural economy. The show offers comprehensive and complete updates of interest to the region. It features interviews on outdoor issues and informs on innovative ideas as well as issues related to the development of agricultural economics.

**«Tsipouro - Distillery»**

The production, distribution, and sale of bulk tsipouro is the subject of the show in a distillery in Tyrnavos, Larissa. "If bulk tsipouro is abolished, viticulture in Greece is automatically abolished," say the tsipouro producers of Tyrnavos. Additionally, professors from the TEI of Larissa have created vegetables enriched with substances against sugar. Finally, organic farmer Kostas Gkoutsabasoulis speaks to us about his own experience in organic farming.

Editor-in-chief / Host: Tasos Kotsopoulos   
Direction: Voula Kostaki

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| Movies | **WEBTV** |

**18:00**  |  **Vacation in Aegina (Greek Movie)**     
  
**Production date:** 1958  
**Duration**: 85'

A widowed journalist and skilled womanizer, Gionis, and his daughter, Aliki, go on vacation to Aegina. At the harbor, Aliki mistakenly believes that Jean - a charming young man, scion of an aristocratic family on the island - is a luggage carrier, and this mistake becomes the occasion for an unexpected round of romantic games to unfold.

Cast: Aliki Vougiouklaki, Andreas Barkoulis, Lambros Konstantaras, Eleni Halkousi, Michalis Kakogiannis, Stavros Iatridis, Tasso Kavadia, Aleka Stratigou, Thanasis Veggos, Georgos Vrachimis.  
Screenplay: Andreas Lambrinos  
Director: Andreas Lambrinos

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Arcadia - Mount Menalo»**   
**Episode**: 10

Our destination in this episode is Arcadia and the villages around Mount Menalo.  
In Stemnitsa, Koula Gritzia talks to us about how people who live close to nature, like shepherds, learn many therapeutic uses of herbs by observing animals.  
We visit a shepherd in his sheepfold and discover that the world of animals is indeed a great school for the healing properties of herbs.  
Leonidas Zafeiropoulos shares with us the knowledge he inherited from his mother, who was a practical doctor, and Nikos Smyrnis tells us about the Ecological Path, a family business that produces natural products in Arcadia, which serves as an example of sustainable development in the Greek countryside.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Culture | **WEBTV** **ERTflix** |

**20:00**  |  **Art Week (2022 - 2023) (New Episode)**     
  
**Production date:** 2022

Art Week is the show that presents some of the most successful Greek artists, every week.  
Lena Aroni talks to musicians, directors, writers, actors, performers, visual artists, and people who, through their careers and dedication to their work, have earned the recognition and love of the public. They talk to Art Week about the way they approach their field and describe the joys and difficulties they encounter along the way. The show hopes to highlight the personal mark of Greek artists, who have enriched the thought and everyday life of the audience that follows them.

**«Giasemi and Maria Kilaidoni for Loukianos Kilaidonis»**   
**Episode**: 29

On the occasion of the album release of song covers of "lonely cowboy" Loukianos Kilaidonis, by many younger performers, Lena Aroni meets his daughters at their "second" home, the Theater Metaxourgio, singer Maria Kilaidoni and actress Giasemi Kilaidoni. Loukianos as an artist, Loukianos as a dad, Loukianos as a character, his relationship with singing and his time, Loukianos and his journey. The show remembers, learns and says "S' efcharisto Loukiane" (Thank you, Loukianos), as the new album is called.

Host: Lena Aroni  
Presentation - Editor-in-chief - Program Editing: Lena Aroni  
Direction: Manolis Papanikitas

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: George Kouvaras

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«No apron»**   
**Episode**: 13

The ever-self-assertive Mary is getting sick of the life of a housewife and wants to do something else, while she is also annoyed to see Stelios not helping her with the housework. Angelos musters up the courage to talk to Katherine about how he sees her, however, Louis makes his mind about something much bigger, about the future of his relationship with Zampeta. Meanwhile, another unexpected arrival is about to shake up the Antonopoulos family!

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Rena’s adventures continue»**   
**Episode**: 3

Okay, even lying has limits. Limits like Rena’s craziness? These two constants lead the “witnesses” to the best woman’s personal drama to the first negative conclusions about the character, but, also, about the transformation of the erstwhile peaceful best man, Vasilis. There are so many things that his wife is accusing him of, that, even if half of it were true... The arrival of the “culprit” at the house of the Vasilaina family deranges Rena even more, while her worried husband has to face, in addition to his wife’s accusations, an unbroken front of critics and late defenders of family law!

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«A miracle» [With English subtitles]**   
**Episode**: 3

Jonathan invites Giorgos Mazonakis to the "New Mantra", without warning Foivos. When the latter finds out, he worries about how to combine the two different kinds of audiences they are targeting. Danai shows him in a very touching way that he has much more in common with Mazonakis than he thinks. Foivos, excited, goes to find him but he is in a strange situation: he wants to change musical genre and become a... jazz player, under the name of Jojy Mazzio. Meanwhile, Thanasis is obsessed with oriental philosophy and with the help of a yogi wants to... levitate. And Charis keeps getting mysterious fines for a car that doesn't belong to him. All this brings us a delightful live at Mantra, where folk meets jazz, Thanasis meets the authentic... Gucci dress, and Foivos, involuntarily, becomes an influencer.

Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Documentary | **WEBTV** |

**01:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Pelion»**   
**Episode**: 9

In this episode, we visit Pelion, where we meet Mr. Apostolis Simos, who learned the art from his father and collects herbs from the mountain slopes to trade them.  
In Argalasti, a pioneering couple of ecologists, Philippos Fountis and Paola Mayer, talk to us about their initiative to create organic cultivation of aromatic herbs.  
Finally, in Zagori, we meet Kostas Roussis, who managed to capture an entire era with his photographic lens.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Culture | **WEBTV** **ERTflix** |

**02:00**  |  **Art Week (2022 - 2023)  (R)**     
  
**Production date:** 2022

Art Week is the show that presents some of the most successful Greek artists, every week.  
Lena Aroni talks to musicians, directors, writers, actors, performers, visual artists, and people who, through their careers and dedication to their work, have earned the recognition and love of the public. They talk to Art Week about the way they approach their field and describe the joys and difficulties they encounter along the way. The show hopes to highlight the personal mark of Greek artists, who have enriched the thought and everyday life of the audience that follows them.

**«Giasemi and Maria Kilaidoni for Loukianos Kilaidonis»**   
**Episode**: 29

On the occasion of the album release of song covers of "lonely cowboy" Loukianos Kilaidonis, by many younger performers, Lena Aroni meets his daughters at their "second" home, the Theater Metaxourgio, singer Maria Kilaidoni and actress Giasemi Kilaidoni. Loukianos as an artist, Loukianos as a dad, Loukianos as a character, his relationship with singing and his time, Loukianos and his journey. The show remembers, learns and says "S' efcharisto Loukiane" (Thank you, Loukianos), as the new album is called.

Host: Lena Aroni  
Presentation - Editor-in-chief - Program Editing: Lena Aroni  
Direction: Manolis Papanikitas

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**[With English subtitles]**   
**Episode**: 3

Nikolas collapses due to his family tragedy, and is hospitalized. His only support, his friends and beloved students. His daughter is fighting her own battle in the ICU. Anna tries to direct the Police investigation to the CCTV video, which shows in detail Evangelia being murdered by the ruthless robbers. But who saw the robbers entering the house? What exactly happened in those crucial minutes?

The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Rena’s adventures continue»**   
**Episode**: 3

Okay, even lying has limits. Limits like Rena’s craziness? These two constants lead the “witnesses” to the best woman’s personal drama to the first negative conclusions about the character, but, also, about the transformation of the erstwhile peaceful best man, Vasilis. There are so many things that his wife is accusing him of, that, even if half of it were true... The arrival of the “culprit” at the house of the Vasilaina family deranges Rena even more, while her worried husband has to face, in addition to his wife’s accusations, an unbroken front of critics and late defenders of family law!

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**TV SCHEDULE  THURSDAY  07/13/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Stavroula Hristofilea  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Ioanna Papadimitriou, caciocavallo from Pindos, tuna from Alonnisos, crispy cherries from Rhodochori»**   
**Episode**: 9

A brand new episode of "Cooking with PDO products" begins and our amazing Chef Andreas Lagos, equipped with outstanding PDO and PGI products, springs into action! He welcomes Ioanna Papadimitriou on set, who is ready to assist him with all her might! Cooking starts under the chef's orders, and the results are unique! The menu includes: Gozleme with Kashkaval cheese from Pindos, egg and spinach, tuna from Alonissos stew and caramelized mille-feuille with yogurt cream and crunchy cherries from Rodochori. Greece on a plate!

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 9

Alexandros is remorseful both for Katerina and his father. Katerina buys a big jeep and changes the ring Dimitris bought her. At the jewelry shop, Kelly learns from the salesman that the ring was chosen by a woman who was with Dimitris. Manos, Katerina’s former director, wanting to stay out of prison, claims that Katerina has been diagnosed with paranoia and is lying about having six months left to live. Katerina asks for Antonis’ help to confirm that she is actually dying, while Alexandros decides to break his silence, despite Petros' opposite advice, who believes that he will destroy his career if he admits to it publicly.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Andriana Paraskevopoulou

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| Entertainment / Game Show | **WEBTV** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Nafpaktos»**   
**Episode**: 4

In the 4th episode of the 4th season, SELFIE visits Nafpaktos!

Presentation-Direction: Panagiotis Kountouras

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| Documentary / Biography | **WEBTV** **ERTflix** |

**17:00**  |  **Monogramma (2021)**     
  
**Production date:** 2021

For another year, the "Monogramma" records, for the 39th year in its own unique way, the individuals who have marked with their presence and work the intellectual, cultural, and artistic journey of our land.

**«Dimos Avdeliodis - director»**   
**Episode**: 4

Dimos Avdeliodis, a director, screenwriter, actor, and producer, was born in 1952 in Chios and is introduced to us in the Monogramma.  
His birthplace played a significant role in his subsequent artistic career. His films, starting from the very first one and his theatrical works, revealed a director with a unique perspective.

Producer: Giorgos Sgourakis  
Directors: Periklis K. Asproulias, Christos Akridas, Giannis Karabinis, Babis Plaitakis, Kim Dimon, Stelios Sgourakis  
Journalistic editing: Antonis Emirzas, Ioanna Kolovou  
Show advisor: Nelli Katsama  
Photography: Mary Govas  
Sound recording: Lambros Govatzis, Nikos Panagouliopoulos  
Editing-Sound mixing: Vangelis Vasilakis, Giannis Karabinis, Thanasis Papathanasiou, Dimitris Bletas, Giannetos Komineas  
Production management: Stelios Sgourakis

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| Documentary / Culture | **WEBTV** **ERTflix** |

**17:30**  |  **The Great Tomorrow - Portraits of Tomorrow (2023) (New Episode)**     
  
**Production date:** 2023

After the six successful seasons of the series "The Great Tomorrow", Greek directors once again turn their lens towards the future of Hellenism, filming a different Greece, one of creation and innovation.  
Through the episodes of the series, young scientists, artists, entrepreneurs, and athletes are showcased, who innovate and create with their own abilities. The series highlights the unique characteristics and advantages of the new generation of our compatriots, those who will become tomorrow's champions in Sciences, Arts, Letters, and everywhere in society. All these young people, unknown to many or already known, face difficulties and temporary failures that do not discourage them. They may not have the ideal conditions to achieve their goal yet, but they have faith in themselves and their abilities. They know who they are, where they are going and pursue their vision with all their might. Through the new series of the Public Television, space is given to the expression of the talents and achievements of these young people. Their unique personality, creative ability, and unrelenting willingness to fulfill their dreams are showcased, utilizing their talents to the fullest and gradually gaining recognition from experts and the social community, both in Greece and abroad.

**«Listening to the language...»**   
**Episode**: 13

A reflection on the way our language is transmitted to the new generation, through a conversation and observation of the educator Eleni Oreithyia KouliZaki. Speakers include Konstantinos Niarchos, Margarita Verdou, Giorgos Lathyris, and others.

Screenplay-Directing: Andreas Marianos  
Director of Photography: Sideris Nanoudis  
Sound Engineer: Panagiotis Kyriakopoulos  
Editing: Nikos Dalezios

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| Movies | **WEBTV** |

**18:00**  |  **An Earnest Man (Greek Movie)**     
  
**Production date:** 1960  
**Duration**: 84'

George Xenidis is a wealthy young man from an aristocratic family who is under the guardianship of his uncle Nikiforos and his aunt Elpida. His prospects for the future are bright.

Social drama, produced in 1960.  
  
Directed by: Odyseas Kosteletos.  
Screenplay by: Odyseas Kosteletos (based on the play "To Hamini" by Christos Hairopoulos).  
Cinematography: Andreas Anastasatos, Yiannis Aspiotis.  
Music composition: Kostas Kapnisis.  
Starring: Nikos Kourkoulos, Kaki Analiti, Christos Tsaganias, Nitsa Tsagania, Yiorgos Velentzas, Artemis Matsas, Pamfili Santorinaiou, Despina Panagiotidou, Javalas Karousos, Bemba Blans, Yiorgos Amoris, Yiannis Manos.

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Eastern Arcadia» (Part 1)**   
**Episode**: 11

In Astros, Kynouria, this time we meet Professor Nikos Polymenakos, who talks to us about the rich flora of Mount Parnon. The pioneering organic farmer Nikos Karras explains how biodynamic agriculture is the latest trend among organic farmers, while in the mountainous village of Sitaina, the residents remember old and forgotten herbal remedies.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**20:00**  |  **POP Cooking (New Episode)**     
  
SEASON 6   
  
**Production date:** 2023

The beloved show "POP Cooking" is coming back renewed and enjoyable for its 6th season! New, but also familiar top-quality products are coming to take their place and transform into delicious recipes!

**«Dimitris Gerodimos, vanilla beans from Feneos, xygalo cheese from Siteia, chondrolia olives from Agrinio»**   
**Episode**: 30

Our beloved chef Andreas Lagos cooks with special raw ingredients and he is bound to create a unique result once more. Equipped with fresh PDO and PGI products and many original recipes, he is preparing to welcome today's guest. Joining him in the kitchen of "POP COOKING" is actor Dimitris Gerodimos, ready to discover new flavors! The two of them roll up their sleeves and embark on a unique culinary journey with the aroma of Greece! The menu includes: Sauteed pork with mushrooms, eggs, vanilla beans from Feneos and xygalo cheese from Siteia, giouvarlakia with two kinds of minced meat and groat, and finally, wrapped sardines with chondrolia olives from Agrinio.

Recipe presentation and curation: Andreas Lagos  
Direction: Giannis Galanoulis  
Production organization: Thodoris S. Kavadas  
Chief Editor: Maria Polychroni  
Cinematography: Themis Mertyris  
Production Manager: Vasilis Papadakis  
Guest Coordinator - Journalism: Dimitra Vourdouka  
Production: GV Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: George Kouvaras

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«Revival »**   
**Episode**: 14

The carnival is fast approaching and the neighborhood has to prepare for its revival. Nana announces to Mary and Stelios that she has met someone, while Toula and Giannis pay their first visit to the doctor. At the same time, Louis makes plans to pop the question to Zampeta, not knowing what’s in store for him! The carnival is about to give rise to revelations and all kinds of shenanigans in the neighborhood of Gkyzi...

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Derby»**   
**Episode**: 4

The derbies of the “eternal enemies” over at the Vasilaina family’s home could hardly be described as a festival of football and a Sunday of joy among peaceful fans. On the contrary, it was always the cause of heated arguments among the family members, who almost always turned the backyard of the house into stands of hot-blooded, derailed fanatics. The neighborhood, along with Evanthia, has stopped counting the times when the males of the family didn’t end up either in the hospital or at the police station. Up until the 93rd minute, when the controversial penalty was whistled, everything suggested that the fans would keep their composure.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«Mad with joy» [With English subtitles]**   
**Episode**: 4

Jonathan accuses Foivos of indulging in too much melancholic music and junk food. So he imposes a strict diet, exercise, and a meeting with the most consistently optimistic of his colleagues: Kostis Maraveyas. But what Foivos finds when he goes to meet Kostis is absolutely shocking. Meanwhile, a mysterious suitcase suddenly found in Spyros and Jerome's barbershop brings conspiracy theorist Thanasis to the brink of madness. The live show is in peril once again. Will Foivos be saved from his new dead end? And what role will Tonia Sotiropoulou, Antonis Karpetopoulos, an 11-a-side football team, Kostas Karyotakis, a smartwatch and little Chloe have in this?

Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Movies | **WEBTV** |

**01:15**  |  **Smiling Afternoon - Greek Movie**     
  
**Production date:** 1979  
**Duration**: 94'

Greek fiction film | Drama, Romance  
  
Plot: Dimitris Venieris, a popular and rising politician, is blackmailed by his opponents because his father was a Nazi collaborator.  
While accompanying his ex-wife to the airport, a flight delay to London gives them the opportunity to reminisce about moments from the past.  
At the same time, a second story unfolds at the airport, around a bomb that has been placed on the runway...

Director: Andreas Thomopoulos  
Screenplay: Freddy Germanos, Andreas Thomopoulos  
Cast: Nikos Kourkoulos, Betty Livanou, Christos Tsagas, Orfeas Zachos, Chrysoula Diavati, Vasilis Andreopoulos, Vasilis Kolovos, Eleni Filini, Giorgos Michalakopoulos, Dimitra Nomikou, Dimitris Zakynthinos, Panos Touliatos, Eleni Saniou, Pavlos Chatzidakis, Loukas Metaxas, Giorgos Ntais, Lakis Gekas, Sofoklis Peppas, Giorgos Kousouris, Michalis Desyllas, Christos Savvas, Giorgos Papadopoulos, Elias Plakidis, Giannis Thomas, Giorgos Tzavaras, Tasos Polychronopoulos  
Writer: Freddy Germanos  
Cinematography: Aris Stavrou  
Music Composition: Giorgos Hatzinassios  
Song: Dimitra Galani  
Producer: Michalis Lefakis  
Production Company: Greka Film

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Movies | **WEBTV** **ERTflix** |

**03:35**  |  **Tzitzipongo - Short Stories (Premiere)**     
  
**Duration**: 14'

Greek Fiction Film | Comedy  
  
Plot: On the last day of his vacation in Greece, a young father who works abroad strives to acquire a precious ice cream, hoping to appease his angry son.

Screenplay - Direction: Pavlos Sifakis  
Cast: Nasos Dimitropoulos, Eva Angelopoulou, Lefteris Chatzimichail, Tzeo Pakitsas, Angelos Koukos, Giorgos Hiotes, Natasa Sfendylaki  
Producer: Ioanna Sultani  
Director of Photography: Alexandros Kapidakis  
Costume Designer: Danae Anezaki  
Sound: Christos Sakellariou  
Editing: Theodora Malliarou  
Sound Design - Mixing: Stelios Koupetoris  
Music: Gregory Eleftheriou

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**[With English subtitles]**   
**Episode**: 4

Police suspect an entire gang is involved in the tragic robbery and murder case of Nikolas' family. Anna asks him to remember details from their daily lives in the last few weeks before the robbery. She suspects that Nikolas' wife had certain secrets that her family was unaware of. But which people know about these well-kept secrets? What is Evangelia's relationship with the loan shark who threatened Nikolas with the expulsion of his son? Who is his daughter's classmate, who is watching him?

The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Derby»**   
**Episode**: 4

The derbies of the “eternal enemies” over at the Vasilaina family’s home could hardly be described as a festival of football and a Sunday of joy among peaceful fans. On the contrary, it was always the cause of heated arguments among the family members, who almost always turned the backyard of the house into stands of hot-blooded, derailed fanatics. The neighborhood, along with Evanthia, has stopped counting the times when the males of the family didn’t end up either in the hospital or at the police station. Up until the 93rd minute, when the controversial penalty was whistled, everything suggested that the fans would keep their composure.

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**TV SCHEDULE  FRIDAY  07/14/23**

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| News / News Bulletin | **WEBTV** |

**06:00**  |  **News Report**

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| News / Show | **WEBTV** **ERTflix** |

**06:05**  |  **Connections**  

Kostas Papachlimintzos and Christina Vidou connect us daily with what is happening in Greece and around the world.

Host: Kostas Papachlimintzos, Christina Vidou

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| News / News Bulletin | **WEBTV** |

**10:00**  |  **News - Sport - Weather**

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| News / Show | **WEBTV** **ERTflix** |

**10:30**  |  **News Room**  

Up-to-date coverage of all the events happening in Greece and around the world, with the dynamic presence of reporters and correspondents of ERT.

Host: Voula Malla  
Head Editor: Maria Farmakioti  
Journalistic Production: Giorgos Panagos

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| News / News Bulletin | **WEBTV** |

**12:00**  |  **News - Sport - Weather**

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| Entertainment / Gastronomy | **WEBTV** **ERTflix** |

**13:00**  |  **Pop Cooking  (R)**     
  
SEASON 4   
  
**Production date:** 2021

The new television season is starting and our appointment for the 4th season of the beloved show "POP Cooking" is renewed with brand new, well-cooked episodes!

**«Katerina Tsavalou - Anevato cheese, watermelon from Amaliada, figs of Vravrona, Markopoulo in Mesogeia»**   
**Episode**: 10

Chef Andreas Lagos welcomes talented actress Katerina Tsavalou in the kitchen of “Cooking with PDO Products” and pleasantly surprises us once again with his original recipes. With the amazing PDO and PGI products at his disposal and with an amazing sous-chef by his side, a unique journey begins in the world of flavors! The menu includes: Pan-grilled zucchinis with pine nuts and Anevato cheese, a salad with watermelon from Amaliada, roasted halloumi and rosewater sauce and for dessert, cake with caramelized figs from Vravrona Markopoulou Mesogeion. Exquisite Greek flavors on our table!

Recipe presentation-curation: Andreas Lagos  
Director: Giannis Galanoulis  
Production coordination: Thodoris S. Kavadas  
Chief editor: Maria Polychroni  
Director of photography: Themis Mertyris  
Production manager: Vasilis Papadakis  
Guest Relations-Press management: Dimitra Vourdouka  
Production: GV Productions

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**14:00**  |  **I'm Still Here  (R)**  

"I'm Still Here" is the title of the romantic comedy, written by Konstantina Giachali and Panagiotis Mantziafos and directed by Spyros Rasidakis, starring Katerina Geronikolou and Giannis Tsimitselis.  
  
The story...  
  
Katerina (Katerina Geronikolou) grew up with the idea that she would die young from a rare illness, just like her mother. This idea made her hypochondriac, fearful of life, and obsessed with death. Now, at the age of 33, she learns from Alexandros (Giannis Tsimitselis), a distinguished neurologist, that she only has six months to live, and her fear is confirmed. However, instead of collapsing, she becomes liberated. What she had been preparing for her whole life is suddenly in front of her, and she intends to face it, not just bravely, but with unparalleled lightness. Katerina, who had always feared death, now surpasses her inhibitions and self-imposed limitations and finally begins to enjoy life. She creates a list of all the possible and improbable experiences she wants to have before she dies and one by one, she makes them come true. She bursts into life like a forceful river that sweeps everyone around her: from her family and her best friend Kelli (Elpida Nikolaou) to her unfaithful partner Dimitris (Stavros Vrachnis) and the charming doctor Alexandros, the one who, it seems, made the wrong diagnosis and now tries to gather the pieces as best he can. A wild journey begins with the brakes off, heading towards the joy of life and ultimate love. Will she succeed?  
The story continues on screen!

**Episode**: 10

Katerina wants to cross off her list as many items as possible. Despite Pantelis' objections, she bequeaths her house to him and makes arrangements for her funeral. Alexandros is so kind and friendly to Katerina that he makes her suspect that she will die soon. Eventually, he tells her that her exams came out the same and he asks if he could check up on her regularly for research purposes, all expenses covered. Katerina accepts and asks him to hire Kelly as a secretary in return. Alexandros accepts and as Katerina hugs him with excitement, Natasha enters the office and sees them hugging.

Starring: Katerina Geronikolou (Katerina), Giannis Tsimitselis (Alexandros), Stavros Svingos (Dimitris), Laertis Malkotsis (Petros), Vivian Kontomari (Markella), Sara Ganoti (Eleni), Nikos Kasapis (Pantelis), Efi Gousi (Rozalia), Zerom Kalouta (Angelos), Maro Papadopoulou (Maria), Irida Mara (Natasa), Elpida Nikolaou (Kelly), Dionysis Pifeas (Vlasis), Nadia Margariti (Loukia), and Alexandros Antonopoulos (Antonis).  
  
Screenplay: Konstantina Giachali, Panagiotis Mantziafos  
Director: Spyros Rasidakis  
Cinematography: Panagiotis Vasilakis  
Scene Design: Kostas Papageorgiou  
Costume Design: Katerina Papanikolaou  
Casting: Sofia Dimopoulou-Fragkiskos Xydiannos  
Producers: Dionysis Samiotis, Nataly Douka  
Production: Tanweer Productions

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| News / News Bulletin | **WEBTV** **ERTflix** |

**15:00**  |  **News - Sport - Weather**   
  
Host: Chryssa Papastavrou

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| Entertainment / Game Show | **WEBTV** **ERTflix** |

**16:00**  |  **Selfie Reloaded  (R)**     
  
**Production date:** 2020

The beloved travel game show that travels and plays throughout Greece is being renewed and enriched in its 4th season to offer us more travel experiences and games!  
The new season of 20 episodes of "SELFIE Reloaded" is hosted by Panagiotis Kountouras, who is also the director of the show.  
  
How is SELFIE played?  
  
The game consists of 4 rounds (Town Selfie, Memory Selfie, Quiz Selfie, and Action Selfie) and is played in different locations in the city that we visit each time.  
Thus, the cities and regions we travel to, become the natural backdrop of the show.  
In each episode, two players compete in a series of challenges, vying for a travel prize!  
Through the challenges and the progression of the game, viewers get to know the city's landmarks as well as those of the wider area, the sports and cultural activities, and the people.  
  
SELFIE is an original travel game show of Greek inspiration and production that showcases the beauties of our homeland in a modern way!

**«Messolonghi»**   
**Episode**: 5

In the 5th episode of the 4th season, SELFIE visits Messolonghi!

Presentation-Direction: Panagiotis Kountouras

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| Documentary / Traditions | **WEBTV** **ERTflix** |

**17:00**  |  **Meet the Craftsmen  (R)**     
  
**Production date:** 2022

A series of 12 original half-hour documentaries, presenting traditional arts and techniques in the 21st century, filmed in various parts of Greece. The young protagonist Christos Zacharof travels from Corfu and Paramythia to Lesvos and Patmos, Geraki, Laconia and Lagkadia, Arcadia, to Alexandroupoli and the villages in the Rhodope mountains, places where economically viable traditional professions are still practiced, most of which are included in the UNESCO list of intangible cultural heritage.  
Christos attempts to learn the secrets of marble craftsmanship, wooden shipbuilding, silversmithing, or knitting in the places where they are practiced, working alongside the craftsmen. Along with Christos, the viewer of the documentary also experiences the struggle, difficulties, and peculiarities of each art!

**«Traditional Blacksmithing in Thrace»**   
**Episode**: 9

Until very recent years, blacksmithing was a particularly flourishing art in Thrace, as it was oriented toward farmers and land workers. In Sapes of Rhodope, for example, there were around 30 smithies until the beginning of the 21st century. In the new episode of Meet the Craftsmen, Christos meets a family of Muslim blacksmiths in Sapes, who continue to work in the traditional way, offering a precious panorama of their art. At the same time, he meets in Alexandroupoli a modern blacksmith, a fan of inventiveness, recycling and patent, who impresses with his works. Together with Christos, the viewer will see the potential of a long tradition that many consider obsolete due to machines, but also the new economic prospects that the art of iron can offer to those who love and work with it.

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| News / Investigative | **WEBTV** **ERTflix** |

**17:30**  |  **In Frame  (R)**     
  
**Production date:** 2023

Personal testimonies, expert opinions, statistical data and historical information.  
Journalistic research goes into depth, analyses and illuminates important aspects of social issues, placing them "IN FRAME".  
ERT's new weekly program comes to elaborate on and dedicate time and attention to issues that concern Greek society but do not have the visibility they deserve. Through the stories of people who unfold their personal experiences in front of the TV camera, the questions that the experts are then asked to answer are raised. Data mining and analysis, the presentation of information and comparisons with international reality enhance the journalistic research aimed at providing well-founded information.

**«Bone Marrow Transplantation»**   
**Episode**: 7

A large number of our fellow human beings, including many children, suffer from severe hematologic diseases. The evolution of science enables us to save these people by offering them something of ourselves. A harmless and painless gift of life.   
Bone marrow transplantation IN FRAME

Host: Christina Kalimeri  
Chief editor: Vasilis Katsaras  
Research - Editing: Ch. Kalmeri - V. Katsaras  
Production director: Aris Panagiotidis  
Editing: Anastasia Daskalaki  
Direction: Nikos Goulios

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| Movies | **WEBTV** |

**18:00**  |  **The Big Trick - Greek Movie**     
  
**Production date:** 1960  
**Duration**: 78'

Greek dramatic, social fiction film.  
  
A financially ruined businessman and an unemployed young newlywed who lives on his wife's salary and the bitter comments of his father-in-law, steal a valuable necklace. In their attempt to sell it, the two men become victims of blackmail and find themselves facing their worst instincts...

Actors: Xenia Kalogeropoulou, Mimis Fotopoulos, Stavros Tornes, Dionysis Papagiannopoulos, Tasso Kavadia, Periklis Christoforidis, I. Vasilopoulos, Jimis Lygouras, V. Liberopoulos, I. Kalelakis, Agapios Tompoulis, D. Anninos, I. Pangeas, K. Dionysopoulos, O. Kominiotis, Gerasimos Vokos, Sylvios Lachanas, Pantelis Palierakis, E. Lygouras  
Director: Christos Theodoropoulos  
Screenplay: Andreas Fragias, Nikos Vokos  
Cinematography: Giovanni Varriano  
Producer: Vasilis Dimitrakas

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| Documentary | **WEBTV** |

**19:30**  |  **Herbs, Secrets, and Remedies  (R)**  

A documentary series consisting of 24 half-hour episodes.  
  
The series "Herbs, Secrets, and Remedies" explores the therapeutic properties of herbs and plants and the documentation of knowledge from folk traditions that have survived to this day. It is not an attempt to revive ancient healing methods, replace modern medicine, or propose a comprehensive "alternative" approach to medication. It is a contemplative "pause", an effort to bring the viewer back to the healing experience of nature as it has been preserved in simple recipes passed down from older to younger generations. The series collaborates with distinguished scientists such as medical doctors, botanists, pharmacists, foresters, historians, ethnographers, sociologists, and others, ensuring a scientific perspective and documentation for each topic.

**«Eastern Arcadia» (Part 2)**   
**Episode**: 12

Our destination in this episode is Astros, Kynouria in Eastern Arcadia. We meet Professor Nikos Polymenakos, who talks to us about the history of the region and the Tsakonian dialect.

Script: Theodoros Kalesis  
Texts-Scientific Advisor: Epameinondas Eυergétis  
Narration: Asterios Peltekis  
Editing: Leonidas Papafotiou  
Cinematography - Sound recording: Alexis Iosifidis  
Production Manager: Simos Zervas  
Direction: Theodoros Kalesis

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| Documentary / Nature | **WEBTV** **ERTflix** |

**20:00**  |  **Wild Greece  (R)**     
  
SEASON 3   
  
**Production date:** 2022

A series of hourly broadcasts produced by ERT3 for 2021-22. "There is a Greece, high and far from the gray of the city. A Greece where every step leads you to a new, captivating scenery. This is Wild Greece. And this year, for the third season, the ERT audience will take (also) to the mountains. Elias and Gregoris, combining science, passion for exploration and adventure, and a thirst for the unknown, load their backpacks and set off. From the peaks of Pindos to the islands of the Aegean, a journey of kilometers in length and height, with one purpose: to become the untamed side of our homeland, a part of everyone's images..

**«Heraklion»**   
**Episode**: 8

In this episode, Ilias and Grigoris visit the region of Heraklion, Crete. Searching for the Golden Eagle in the peaks of the mountains in the south of the prefecture, they find dozens of birds at the feeding station of the protection program, despite the heavy fog. Exploring traditional olive groves for "misunderstood" creatures of Crete, they encounter an Agiofido (Cretan snake), a Tranosavra (Cretan lizard), and a Liakoni (Cretan skink), while enjoying a captivating sunset during their hike to the Azilakon forest. Because this year, you are watching... Wild Greece!

Host: Ilias Strachinis, Grigoris Toulias  
Director/Production Manager/Director of Photography/Photographer/Camera Operator/Drone Operator: Georgios Skandalaris  
Host A/Scientific Collaborator: Ilias Strachinis  
Host B: Gregorios Toulias  
Screenwriter: ScreenwriterGeorgios Mantzouranidis  
Composers of Original Music: Anna Trimis & Dimitrios Serafidis - Unknown Echoes  
Editor: Charalampos Papadakis   
Camera Operator: Ilias Koutrotsios  
Sound Recordist: Eleftherios Paraskevas  
Assistant Sound Recordist: Evangelia Koutsoukou  
Assistant Production Manager: Anastasia Papadopoulou

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| News / News Bulletin | **WEBTV** **ERTflix** |

**21:00**  |  **Central News Report - Sports - Weather**

The main news bulletin of ERT1 provides accurate, timely, calm, and objective reporting in the battle for information. In a period with many significant events, the journalistic and technical team of ERT presents the latest developments from Greece and around the world every night at 9:00 pm, with detailed reports, live connections, investigations, interviews, and guests from the fields of politics, economics, and culture.

Host: Apostolos Mangiriadis

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**22:00**  |  **Remember When  (R)**   
  
SEASON 3

"Remember When" returns with the third season of episodes that takes us back to the 80s, the decade of great changes! In the new episodes of the series, a new era dawns for all the heroes.

**«Fast Food Wedding»**   
**Episode**: 15

While the ideology of fast food enters the lives of Greeks, Louis is in shock, after the revelations of Zampeta. He does not know how to deal with the new information, while there is chaos in his family! However, neither Dimitris knows how to deal with Nana's new choices, which hurt him every day more and more and, ultimately, lead him to extremes…

Starring: Katerina Papoutsaki (Mary), Meletis Ilias (Stelios), Dimitris Serfas (Angelos), Erifili Kitzioglou (Elpida), Dimitris Kapouranis (Antonis), Jenny Theona (Nana), Michalis Oikonomou (Dimitris), Erricos Litsis (Nikos), Natasa Asiki (Pelagia), Alexandros Zouridakis (Kyrios Giannis), Zoe Moukouli (Toula), Vangelis Daousis (Louis), Thalia Sykioti (Zampeta), Laertis Malkotsis (Greg Apostolopoulos), Eftychia Meli (Jenny Apostolopoulou), Meggy Souli (Kathryn), Vasilis Charalampopoulos (Angelos - narration).  
Written by: Nikos Apeiranthitis, Katerina Bei  
Directed by: Spyros Rasidakis  
Director of Photography: Dragan Nicolic  
Production Design: Dimitris Katsikis  
Costume Design: Maria Kontodima  
Sound: George Konstantineas  
Editor: Kostas Gkouliaditis  
Producers: Dionysis Samiotis, Nataly Douka  
Production Company: TANWEER PRODUCTIONS

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| Entertainment / Series | **WEBTV** **ERTflix** |

**23:00**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Chat»**   
**Episode**: 5

Never ask a woman her age. And even more so if said woman is the evergreen Marilou. After all, for her, time does not count and time has no reason and no intention of exposing her. Contrarily to the racy mother of Veta’s obnoxious daughter-in-law, who arrived from Patras for another match of poisonous spitefulness with her bitter co-mother-in-law. On that landmark, festive day, one of Marilou’s unknown admirers from Facebook receives an invitation for a first meeting in person, but it will soon become apparent that the noble, mature gentleman hides many dangerous surprises and “presents”. Will Marilou blow her last birthday candle tonight?

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

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| Entertainment | **WEBTV** **ERTflix** |

**00:00**  |  **The Numbers  (R)**  

The new 24-episode musical comedy, based on an original idea by Fοivos Delivorias and Spyros Krimpalis and directed by Grigoris Karantinakis will not be another music program or a TV show hosted by the songwriter. It is an original fiction series, in which reality is defeated by surrealism. It is the story of a songwriter and his bizarre troupe, who will try to revive Attik's performing troupe "Mantra" in modern Athens.  
With an outstanding cast of actors and guests from the entire spectrum of the Greek music world in completely unexpected “cinematic” appearances, and with an excellent creative team in the script, set, costumes, music, and photography, “The numbers” aspire to combine comedy with song, stage spectacle with cinematic parody, musical with satirical documentary and give us laughter, joy, and emotion.

**«Fouma Fouma» [With English subtitles]**   
**Episode**: 5

Foivos invites Christos Nikolopoulos with his group, Pitsa Papadopoulou and Stelios Dionysiou to "Mantra". Jonathan and Danai tell Foivos that he doesn't have the authentic folksiness he needs to welcome them. He does everything to prove them wrong. At the absolute other extreme, Menelaos makes a video clip of a politically correct version of "Fouma-Fouma". Thanasis becomes an avid vegan and fights with the meat supplier of "Mantra" (Apostolos Gletsos) whom Kirby falls in love with, but he is struck by Anna-Maria Papaharalambous who comes to the shop by chance. Charis is convinced that Dionysiou is not what he seems and Papadopoulou reads Danai's coffee and what she finds is not to her liking. Finally, Antigoni, who is a Kazantzidis fanatic, wants to ruin the live performance, thinking that Nikolopoulos did not treat him right. An opportunity for the latter to open his heart. If, of course, the live show happens: someone - at the last minute - steals Nikolopoulos' favorite bouzouki - and he is unable to play without it.

Direction: Grigoris Karantinakis  
Appearing: Foivos Delivorias, Spiros Grammenos, Jerome Kaluta, Vasso Kavalieratou, Michalis Sarantis, Thanasis Dovris, Thanasis Alevras, Eleni Ouzounidou, Charis Chiotis, Anni Theochari, Alexandros Chomatianos, Alkistis Giraud, Alexandra Tavoulari, Giannis Sarakatsanis and Evelyn Lytra.  
Executive Production: ARGONAUTS

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| Documentary / Culture | **WEBTV** **ERTflix** |

**01:30**  |  **The Great Tomorrow - Portraits of Tomorrow (2023)  (R)**     
  
**Production date:** 2023

After the six successful seasons of the series "The Great Tomorrow", Greek directors once again turn their lens towards the future of Hellenism, filming a different Greece, one of creation and innovation.  
Through the episodes of the series, young scientists, artists, entrepreneurs, and athletes are showcased, who innovate and create with their own abilities. The series highlights the unique characteristics and advantages of the new generation of our compatriots, those who will become tomorrow's champions in Sciences, Arts, Letters, and everywhere in society. All these young people, unknown to many or already known, face difficulties and temporary failures that do not discourage them. They may not have the ideal conditions to achieve their goal yet, but they have faith in themselves and their abilities. They know who they are, where they are going and pursue their vision with all their might. Through the new series of the Public Television, space is given to the expression of the talents and achievements of these young people. Their unique personality, creative ability, and unrelenting willingness to fulfill their dreams are showcased, utilizing their talents to the fullest and gradually gaining recognition from experts and the social community, both in Greece and abroad.

**«Listening to the language...»**   
**Episode**: 13

A reflection on the way our language is transmitted to the new generation, through a conversation and observation of the educator Eleni Oreithyia KouliZaki. Speakers include Konstantinos Niarchos, Margarita Verdou, Giorgos Lathyris, and others.

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| Entertainment / Show | **WEBTV** **ERTflix** |

**02:00**  |  **Tales for Tails  (R)**     
  
SEASON 4   
  
**Production date:** 2023

This is the fourth season of episodes of the TV show on (ERT) that highlights the meaningful connection between animal welfare and compassion.   
"Tales for Tails" is a weekly one-hour program curated and presented by journalist Tasoula Eptakoili. The show narrates stories of animals and people, revealing unknown information about the fascinating world of animals through specials, reports, and interviews.  
Cats and dogs, horses and parrots, bears and foxes, donkeys and turtles, migratory birds, and marine mammals pass in front of the camera of director Panagiotis Kountouras and become the protagonists of the show.  
In each episode, people who offer protection and care to animals, from the unknown volunteers of animal welfare organizations to very famous people from various fields (arts, letters, politics, science), talk about their special relationship with the quadrupeds and unfold the emotions that this coexistence provokes.  
Every story is different, but they all have something in common: the search for the essence of animal welfare and compassion.  
In addition, the show's special collaborators provide us with simple but practical and useful tips on how to take care of our animal friends.

**«Loss»**   
**Episode**: 11

This episode is dedicated to the loss of our pets. Those of us, who have lived with pets and loved them deeply and truly, know how much pain their absence causes. Anna Kandaraki, Lina Giannarou, Nikos Dimou and Stefanos Batsas talk about the last act of living together with these life-changing creatures. We discuss with author Nikos Dimou about what we should learn from the way our animals live and die and from their dignity. We examine with veterinarian Stefanos Batsas what exactly euthanasia means, when it is necessary, how it is done and why it is our duty to be next to our animals at that time. Finally, we discuss with clinical psychologist and psychotherapist Anna Kandaraki and journalist Lina Giannarou the aspects and stages of... four-legged mourning, about how we talk to children about the death of our pets and about the need, not to replace a departing pet, but to put a new link in the chain of love, adopting another creature when we feel ready for that.

Presentation - Editor-in-chief: Tasoula Eptakoili  
Director: Panagiotis Kountouras  
Journalistic Research: Tasoula Eptakoili, Sakis Ioannidis, Eleftheria Kyrimi  
Screenplay: Nikos Aktypis  
Cinematography: Sakis Youbasis  
Music: Dimitris Maramis  
Title Design: designpark  
Production Organization: Vaso Patroumba  
Production Design: Eleni Afentaki  
Production Execution: Konstantinos G. Ganotis / Rhodium Productions  
Special Collaborators: Elena Dede, lawyer, founder of Dogs' Voice  
Christos Karagiannis, veterinarian specializing in animal behavior  
Stefanos Batsas, veterinarian

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| News / News Bulletin | **WEBTV** |

**03:00**  |  **News - Sport - Weather  (D)**

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| Entertainment / Greek Series | **WEBTV** **ERTflix** |

**04:00**  |  **Act Like You're Asleep  (R)**  

Nikolas is a dedicated, high-minded literature teacher helping a schoolroom full of sullen, poverty-stricken youths in a tough, unruly Athens school program. His wife, a shrewd businesswoman, would do anything to protect the life she's built in her carefully curated role in a middle-class suburb—including lying to everyone about her financial and extramarital affairs. When Nikolas meets his favorite student's mother, he feels an immediate physical attraction to her, and they decide to spend a night together in a no-tell motel. While Nikolas wrestles with his conscience, he makes a surprising discovery: his student's mother was killed in an automobile accident long ago. But the shock goes even deeper when his wife is gunned down during a bungled break-in at their house and his daughter is taken to a hospital in critical condition. Suddenly his life is thrown into tumult as he tries to see if there's more to his wife's murder than there seems to be. Challenged by deception and treachery on all sides, Nikolas is desperate for justice and to find his family's assailants.

**[With English subtiles]**   
**Episode**: 5

Nikolas tries to find out his wife's secrets and whether they cost her her life. He spends more and more time in the ICU, hoping that his daughter will come out of her coma. The loan shark who lent money to Evangelia testifies as a suspect for possible involvement in her robbery and murder. He can't explain how the victim's cell phone was found in his garden. But the band of robbers can't explain this either, which starts to cause friction in the group's relationships. Makis starts to become aggressive at school, targeting the two students who were harassing him. Who is implicated by the photo the loan shark secretly provides to the Lieutenant? What is his daughter's classmate hiding from Nikolas?

The actors are playing: Spyros Papadopoulos (Nikolas Kaliris), Emily Koliandri (Victoria Lesioti), Fotini Baxevani (Betina Voridi), Marina Aslanoglou (Evangelia Kaliri), Nicoletta Kotsailidou (Anna Grammikou), Dimitris Kapetanakos (Konstantinos Issaris), Vasilis Eutaxopoulos (Stelios Kasdaglis), Tasos Giannopoulos (Ilias Vandoros), Giannis Sintos (Christoforos Stratakis), Georgia Mesariti (Nasia Kaliri), Anastasia Stilianidi (Sofia Madourou), Vasilis Darmas (Makis Velis), Maria Mavrommati (Anthi Velis), Alexandros Piechowiak (Stathis Vandoros), Christos Diamantoudis (Christos Gidas), Vicky Maidanoglou (Zoi Voridi), Christos Zachariadis (Stratos Frisas), Dimitris Gerodimos (Michalis Kulentis), Lefteris Polychronis (Minas Argyris), Zoi Rigopoulou (Lena Michelis), Dimitris Kalantzis (Pavlos, Vandoros' lawyer), Elena Denta (Katerina Stafilidou), Kalliopi Petroplou (Stella Kritikou), Alexandros Varthis (Lefteris), Lefteris Zampetakis (Manos Anastasiou), Giorgos Depastas (Lakis Voridis), Ananias Mitsiopoulos (Giannis Fytrakis), Christos Stefanis (Thodoris Bitsios), Efi Lialiou (Amara), Stergios Antonoulas (Petros).  
  
Guests: Natalia Tsaliki (Judge Valvi), Dora Makrygianni (Polemi, Minas' lawyer), Alexandros Kalpakidis (Vangelis Limnios, Head of Information Service), Vasilis Rivas (Matthaios), Thanasis Dislis (Giorgos, professor), Stergios Nenes (Stamatis), and Daniel Nourka (Takis, model).  
Screenplay: Giannis Skarangas  
Directing: Alexandros Pantazoudis, Alekos Kyrannis  
Cinematography: Claudio Bolivar, Elton Bifsa  
Set Design: Anastasia Charmousi  
Costumes: Elina Mantzakou  
Original Music: Giannis Christodoulou  
Editing: Nikos Stefanou  
Production Managers: Elias Voyatzoglou, Alexandros Drakatos  
Production: Silverline Media Productions S.A.

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| Entertainment / Series | **WEBTV** **ERTflix** |

**04:50**  |  **Mom's Cake  (R)**  

Comedy series  
  
This year ERT treats the viewers with the sweetest "Mom's Cake"! The main focus of the series is mom's family dinners... Dinners that are set up for birthdays, wedding anniversaries, baptisms, funerals, as well as holidays such as Christmas, New Year's, and Easter, where guests of different ages, backgrounds, and beliefs gather to come closer, get to know each other, reminisce, smile, but also argue and disagree...  
  
So when food stops being merely a way of gastronomic pleasure, a survival code, and becomes a sweet occasion for companionship, love, and security, then "Mom's Cake" reaches the table. It confirms the sense of togetherness, the company, the idea of family.  
  
This particular cake, made by a simple, everyday, ordinary mom, Kaiti Konstantinou, who has set out to become internet-famous, holds a magical power. It eases anything that troubles us, makes us anxious, or puts us in difficult situations. It makes us forget everything and smile again, just like when we were children. The cake hides its secret well because it is precious, and only the mothers of this world know it when they make it for their husbands and children!

**«Chat»**   
**Episode**: 5

Never ask a woman her age. And even more so if said woman is the evergreen Marilou. After all, for her, time does not count and time has no reason and no intention of exposing her. Contrarily to the racy mother of Veta’s obnoxious daughter-in-law, who arrived from Patras for another match of poisonous spitefulness with her bitter co-mother-in-law. On that landmark, festive day, one of Marilou’s unknown admirers from Facebook receives an invitation for a first meeting in person, but it will soon become apparent that the noble, mature gentleman hides many dangerous surprises and “presents”. Will Marilou blow her last birthday candle tonight?

Screenplay: Alexandros Rigas, Dimitris Apostolou  
Director: Alexandros Rigas  
Production Designer: Eleni-Bele Karagianni  
Costume Designer: Eleni Bletsas  
Director of Photography: Giorgos Apostolidis  
Production Coordinator: Evangelos Mavrogianis  
Production Executive: Stelios Angelopoulos  
  
Starring: Kostas Koklas (Tasos, the father), Kaiti Konstantinou (Evanthia, the mother), Lydia Fotopoulou (Marilou, the grandmother), Thanos Lekkas (Kyriakos, the eldest son), Paris Thomopoulos (Paris, the middle son), Michalis Papadimitriou (Thomas, the youngest son), Ioanna Pilihou (Veta, the daughter-in-law), Alexandros Rigas (Akylas, the uncle and theater critic).  
  
Chrysa Ropa as Alexandra, Tasos' mother, and Maria Georgiadou as Vaso, Veta's mother, also appear in the series. Additionally, Yakinthi Papadopoulou (Myrto), Haris Chiotis (Zois), Dimitris Tsokos (Yiagos), Triantafyllos Delis (Demi), and Efi Papatheodorou (Taso) participate.

**Mεσογείων 432, Αγ. Παρασκευή, Τηλέφωνο: 210 6066000, www.ert.gr, e-mail: info@ert.gr**